



**MAHATMA EDUCATION SOCIETY'S  
PILLAI COLLEGE OF EDUCATION AND RESEARCH**

**DR.PILLAI TEACHER TRAINING CENTRE, SECTOR 8,  
KHANDA COLONY,NEW PANVEL-410206.**

**ANNUAL MAGAZINE**

**2022-23**

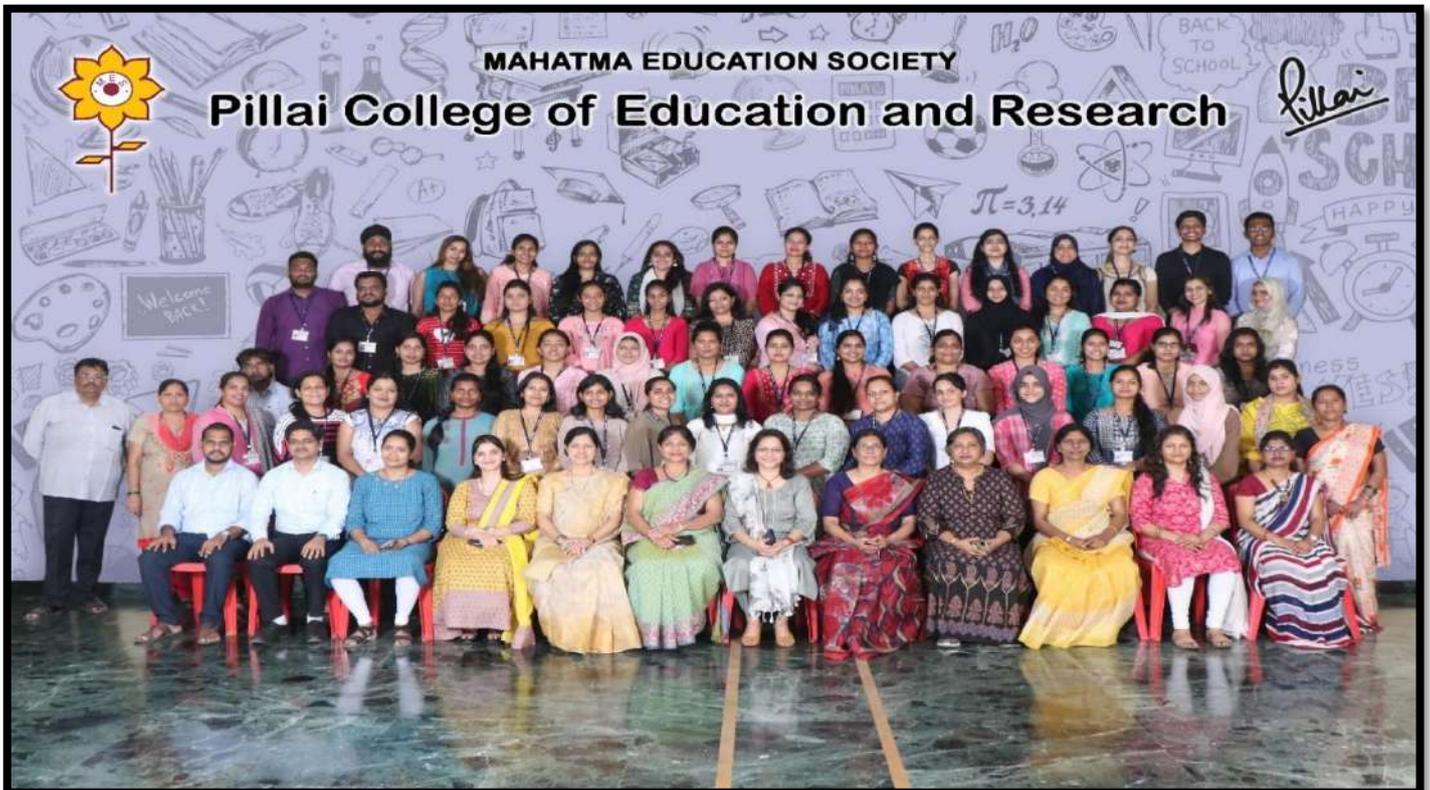
**SPARK**

**Class Photo F.Y & S.Y B.Ed.**

**F.Y.B.Ed. 2022 - 23**



**S.Y.B.Ed. 2022-23**



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Vision & Mission of the Institution

## Vision

*“To foster positive attitudes and ideals to be socially responsible and competent teacher with individual identities in order to enable the student teachers to translate great ideas into good actions”*

## Mission

*“To promote purposive education through globalization of mind and society and using education for value transmission in order to enable the student teacher to perform effectively different roles as a teacher*

### **Objectives of the Institution**

- *To prepare humane professionals by enhancement of the heart and soul.*
- *To prepare the Student teachers to perform effectively different roles expected in changing global Scenario.*
- *To empower Student teachers with competencies required for professional growth.*
- *To develop attitude of Professionalism by inculcating Dedication, Commitment, Accountability and Professional Ethics.*
- *To foster virtues like Sincerity, Sympathy, Gentleness, Modesty, Humility, Compassion, Courtesy, Co-Operation, Fair play, Self Esteem Self-Control and Truthfulness.*
- *To develop Sensitivity towards Society related issues and concerns.*
- *To encourage student teachers to apply the knowledge creatively to relevant situation.*
- *To develop Leadership Competencies to plan, organize and conduct various Educational activities.*
- *To prepare humane professionals by enhancement of the heart and soul.*
- *To develop an appreciation of the role of the teachers in the prevailing socio – cultural and political context in educational system.*
- *To provide avenues to the student teachers for exchanging ideas, raising issues and discussing themes and problems.*
- *To create environmental consciousness and concern among the student teachers.*

**Core Practices of the Institution**

- *Social commitment*
- *Global mindedness*
- *Value transmission*
- *Environmental consciousness*
- *Reflective Approach*
- *Integrating Technology*
- *Professionalism*

**Our Patrons**



**DR. K.M. Vasudevan Pillai**  
*Chairman and CEO*  
*Mahatma Education Society*



**DR. Daphne Pillai**  
*Secretary*  
*Mahatma Education Society*



**DR. Priam Pillai**  
*COO*  
*Mahatma Education Society*



**DR. Franav Pillai**  
*Deputy COO*  
*Mahatma Education Society*



**DR. Sally Enos**  
*Chairperson & Editor*



**Ms. Shruti Nair**  
*Editor*



**Ms. Niyati Takle**



**Ms. Bhumija Das**  
*Student Editors*

## **About Mahatma Education Society**

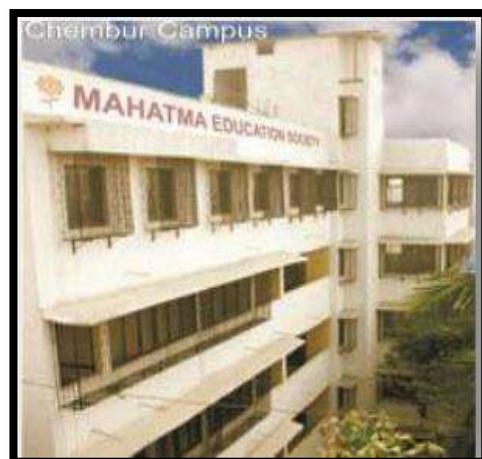
The Mahatma Education Society embarked upon its mission of "Education for all" with the Chembur English High School in the year 1970. The vision, dedication, global outlook, tenacious struggle and undaunted spirit of the Chairman and C.E.O., DR. K. M. Vasudevan Pillai and the forward looking, untiring energy of the Secretary, DR. (Mrs.) Daphne Pillai have now transformed the Mahatma Education Society in to a vast educational organization, spread over six elegant campuses across Mumbai and Navi Mumbai

The Society now manages a total of 50 educational institutions providing quality education from kindergarten to post-graduate professional courses in the faculties of Engineering, Architecture, Management, Teachers Training, Arts, Science and Commerce to more than 35,000 students with 2,000 Teachers and 1,500 members of Non-Teaching Staff. All institutions managed by Mahatma Education Society have excellent Professional Faculty, World Class Infrastructure, State-of-the art laboratories, well stocked libraries, computer centres with internet connectivity, separate hostels for boys and girls, cafeteria, gymkhana and playgrounds. Excellent results, 100% placement, interaction with the corporate world and global exposure are some of the special features of the institutions run by Mahatma Education Society. Popularly known as the Pillai Group of Institutions, this education major has its own teacher training institutes, which allow it to define its own standards and to achieve 100% results unfailingly.

Institutions managed by Mahatma Education Society are affiliated to the University of Mumbai, approved by AICTE/COA/NCTE and recognized by the DTE, Government of Maharashtra and accredited/graded by NAAC/NBA/DTE.

In 1970 at Chembur, with a mere 48 students and 3 classrooms, the society started the Chembur English High School, in a shed like structure.

- Now we have the Chembur English Pre-primary and Primary School
- Chembur English High School,
- Chembur Marathi Madhyamik Shala,
- Chembur Junior college,



- Chembur Night Degree college of Arts and Commerce,
- Mahatma Junior College of Education (D.Ed.),
- Pillai College of Education and Research (B.Ed.) Chembur

In the year 1990, Mahatma School of Academics and Sports was established in Khanda Colony, New Panvel (West).

- The school houses English medium and Marathi Medium from KG to Std. X.
- Mahatma Junior college of Arts, Science & Commerce.
- Mahatma International School from 2009 with the C.B.S.E. programme.



The adjacent building caters to the education colleges:

\*Vidyadhiraja College of Physical Education and Research offers the B. P. Ed. course.

\*Pillai College of Education & Research which provides the B.Ed. & M.Ed. courses. It is also a recognized Ph.D. centre.

\*It is a PCP centre for M. A. (Education) - affiliated to Mumbai University.

The society has taken a giant leap forward with the setting up of DR. K.M Vasudevan Pillai's Campus in 1992 presently housing:

- Pillai centre for Software Technology
- Pillai college of Arts, Commerce and Science
- Pillai college of Engineering
- Pillai college of Architecture



- Pillai Institute Management Studies and Research.



In the serene environment at Rasayani, Mahatma Education Society runs:

- HOC International School, English and Marathi Medium, SSC:
- HOC International School CBSE
- HOC Junior College of Arts, Commerce and Science with vocation
- Pillai HOC College of Engineering and

Technology

- Pillai HOC Polytechnique
- Pillai HOC Institute of Management Studies and Research.
- Pillai HOC College of Education and Research (B. Ed.)

DR. Pillai Global Academy located at Gorai, New Panvel & Rasayani are international schools that deliver: At the pre-primary and primary stage the academy offers CIPP (Cambridge International Primary Program). At the secondary level, the students can choose between ICSE and the IGCSE Program. In the Higher Secondary stage they have three options to choose from, ISC, IGCSE 'A' level and IBDP.

Thus, Mahatma Education Society has been successful in its endeavour to provide holistic and comprehensive education to the new generation. The institution relentlessly strives towards empowering the students to become key contributors to the community and the environment in which they live. The objective is to achieve nation building through character building which is ensured by bringing about a paradigm shift in the role of teachers from teaching to mentoring.



## **Our Founders**



Inspired by the Gandhian precept —strength through knowledge and knowledge to all, DR. K.M. Vasudevan Pillai founded the Mahatma Education Society in 1970. What followed was a journey of trials and tribulations, of old ideas challenged and new ideas explored and implemented. In this venture he was ably and synergistically supported by DR. Daphne Pillai co-founder of the Pillai Group of Institutions.



He is a social entrepreneur, educationalist, has the heart of a crusader and a charismatic leader while she is a vibrant woman who sees herself as both, a custodian of old-world values and an initiator of new-generation change. DR. Daphne Pillai is the recipient of the ASSOCHAM WOMAN ACHIEVER OF THE YEAR AWARD at the Women's Leadership and Empowerment Summit held in New Delhi on 13th November 2019 while DR. Vasudevan Pillai's much acclaimed book 'EduNation: The Dream of an India Empowered' narrates his tumultuous journey in the field of education and inspires thousands around him.

The dynamic duo is responsible for many collaborative programs with reputed universities in the US and other countries. They both complement each other perfectly and work effortlessly towards achievement of one common goal – “to deliver holistic education that makes for responsible citizenship”.

Today, the Mahatma Education Society employs over 2000 teachers and 1500 support staff who impart education to more than 35,000 students every year in various disciplines like Arts, Commerce and Science, Engineering, Architecture, Management Studies, Education, Physical Education, Research and Doctoral programmes. The Mahatma Education Society runs several schools including international schools that boast world class amenities and affiliation to Cambridge and International Baccalaureate Boards spread over four locations (Borivali, Chembur, Panvel, and Rasayani).

DR. Pillai ensures that his teachers function more as mentors and that community development is integrated into the learning curriculum. He firmly believes that education is as much about

character building as it is about career building. And at a deeper level it results in true nation building.

The years gone by have been truly momentous with DR. Pillai having carved a niche for itself amongst the top line institutions affiliated to the University of Mumbai. This bears testimony to the unstinted efforts of the dedicated teachers who have ignited the passion in students to excel. With talented student pool, dedicated teaching staff and world class infrastructure the Pillai Group of Institutions can set its sights high for the coming years.

**“Great leaders don’t set out to be a leader they set out to make a difference. It’s never about the role it’s always about the goal.”**

DR. Daphne Pillai and DR. K.M. Vasudevan Pillai are committed to providing a holistic education based on new generation academics that create not just powerful global career options for the students, but which empowers them to become key contributors to the community and the environment in which they live. In this fiercely competitive world, success has several dimensions far widespread than the vortex of academia, spreading its tentacles into diverse fields on which one has to be adept in and this view is endorsed well by both of them. All round development of the child who transforms into a global citizen, is their vision.

The educational initiatives taken by them from time to time have always borne fruits. The needs of the students and society are always a top priority whenever a new course is designed. Our founders endeavour to take all the efforts to make sure that all those who graduate from Pillai's have become successful professional in corporate world, excellent researcher, dedicated teacher or an entrepreneur with vision of creating a business empire.

DR. K.M Vasudevan Pillai and DR. Daphne Pillai have together ignited the passion to excel among teachers and students alike and in the process carved a niche wherein the Pillai Group of Institutions has become synonymous with excellent education delivered through their institutions that are equipped with infrastructure on par with the best.

## **Our Institution**

MES' Pillai College of Education and Research, New Panvel was established in the year 2007. It is affiliated to the University of Mumbai and is approved by the NCTE (National Council of Teacher Education). Internal Quality Assurance Cell and the other various Cells, Clubs & Committees of MES' Pillai College of Education and Research, New Panvel strive effortlessly to make quality the defining element of the B.Ed. and M.Ed. course run by the institution.

The college has an intake capacity of 100 students for the B.Ed. programme and 50 students for the M. Ed. programme. It is a recognized Ph.D. centre for research studies in the field of education. Pillai College of Education and Research has shown consistent results at the B.Ed. /M.Ed. University examination with 100% results.

The institution is situated amidst tranquil residential housing societies and provides a sound, conducive learning environment to the student teachers. Green environment and proximity of the institution to the nearest road and rail services serves as an added advantage. The institution is designed with a futuristic outlook and boasts of well-equipped state – of - the - art technology. All the classrooms are spacious and have a provision for AV devices i.e. computers having LCD monitors and WIFI connectivity, Over Head Projectors, Tape recorders and Television. The computer laboratory has sixty computers connected through LAN while the library is well equipped to meet the needs of the intellectual minds. Additionally, there is a spacious multipurpose hall, psychology laboratory, teaching aids room, boys' and girls' common room, a conference room, playground and a recreational arena.

A perfect blend of talented teaching and non-teaching staff relentlessly strive towards providing the best to the stakeholders. Our aim is the enhancement of heart and soul which is reflected through the various activities organized in the institution. Responsible, creative, sincere, enthusiastic, energetic and highly motivated human resources harmonize the material resources. Our actions speak larger than words! They resonate to the tunes of global concerns, emphasizing and encouraging sustainable eco-friendly behaviour. We constantly work towards fostering concern towards environmental issues by making all its members environmentally conscious and accountable.

## **Principal's Message**



As we meander through the surge and swell of the 21st century let's not be oblivious to opportunities that our course presents. As teachers, the community and we ourselves expect a lot. Sometimes this leads to a lot of struggle and strain. Most of the time tensions creep into our life because we are not clear about our path. How do we walk through this test of fire and come out with a smile because a stressed-out teacher is not only hazardous to themselves but also to their students. It is important to understand that a teacher is a leader inside the classroom and outside it too and by practicing good principles of leadership we can have a clear path ahead of us. Teachers can apply the principles of SOUL (Service-Oriented Unconditional Leadership) in their profession and enrich their environment. This can be done by serving students, Prioritizing their needs, well-being, and growth. Leadership is always not about power but how we can handle situations with empathy, understanding and support for students' diverse perspectives and challenges. Leadership should signal unconditional positive regard, accept and value each student unconditionally. As teachers we need to commit ourselves to continuous learning, professional development and updated on best practices. By applying SOUL principles, teachers can create a supportive, inclusive, and empowering learning environment, leading to deeper connections, improved student outcomes, and a positive impact on the educational community.

I encourage you all to embrace challenges, pursue your passions, and develop your unique talents. Make the most of the opportunities available to you, and never hesitate to seek guidance and support from our dedicated faculty and staff. I appreciate the tireless efforts of our faculty who inspire and educate our students. Your expertise, mentorship, and commitment to excellence are the foundation of our academic success. Dear alumni, I hope you remain connected to our college community and continue to make a positive impact in the world. Your achievements are a testament to the quality of our education and the potential of our graduates. This magazine showcases remarkable stories, accomplishments, and contributions of our students and faculty. Our college is a vibrant hub of learning, growth, and exploration, and I am proud to be a part of it.

Warm Regards

Dr. Sally Enos

## **Message From the Editor**

"In the midst of every crisis, lies great opportunity." - Albert Einstein

In a world brimming with challenges and opportunities, it is our steadfast belief that every individual has the potential to ignite positive change. Whether it's through groundbreaking discoveries, creative endeavours, or acts of compassion, each of us holds the spark of possibility within. As we handle every aspect of our modern world, we must nurture and intensify this spark. We need innovative ideas, imaginative leadership, and steadfast devotion now more than ever to propel development and create a brighter future for future generations.

In this edition of Spark Magazine, you will find a comprehensive showcase of all the activities and events that have contributed to our collective success. As you flip through the articles and photographs, I encourage you to take a moment to reflect on the transformative journey that we have undertaken together. Each activity, accomplishment, and shared experience has played a crucial role in shaping our understanding of education and preparing us for the challenges and opportunities that lie ahead. It also has articles by our students. Each article in this magazine offers a unique glimpse into the diverse interests, passions, and experiences of our student body. Every contribution serves as a testament to the depth and breadth of student talent at our college.

The editorial team extends its deepest gratitude to the students whose creativity, passion, and dedication have brought this edition of Sparks Magazine to life. Their contributions serve as a testament to the vibrant spirit of the college community, and the team is honoured to showcase their talents on these pages. Special thanks are reserved for the student council for their tireless efforts in curating and refining the content, ensuring that each piece reflects the excellence and diversity of the student body. Additionally, the team expresses immense gratitude to our principal, teachers and faculty members whose guidance, support, and mentorship have nurtured the growth and development of the student contributors.

Let us approach these pages with an open mind, ready to learn from one another and to challenge our own assumptions. Together, let us continue to ignite sparks of inspiration, curiosity, and understanding within our college community and beyond.

Warm Regards

Ms. Shruti Nair

## **Student's Editorial**

*“Every child deserves a champion; an adult who will never give up on them, who understands the power of connection and insists that they become the best they can possibly be.” --- Rita - Pierson*

Life unfolds like a captivating story, filled with twists, turns, and unexpected surprises. Each chapter adds depth to our narrative, weaving a tapestry of experiences that shape who we are. At the heart of this journey lies education, guiding us with its light as we navigate the complexities of existence. True success isn't just about reaching our goals; it is about embracing every moment with authenticity, resilience, and humility.

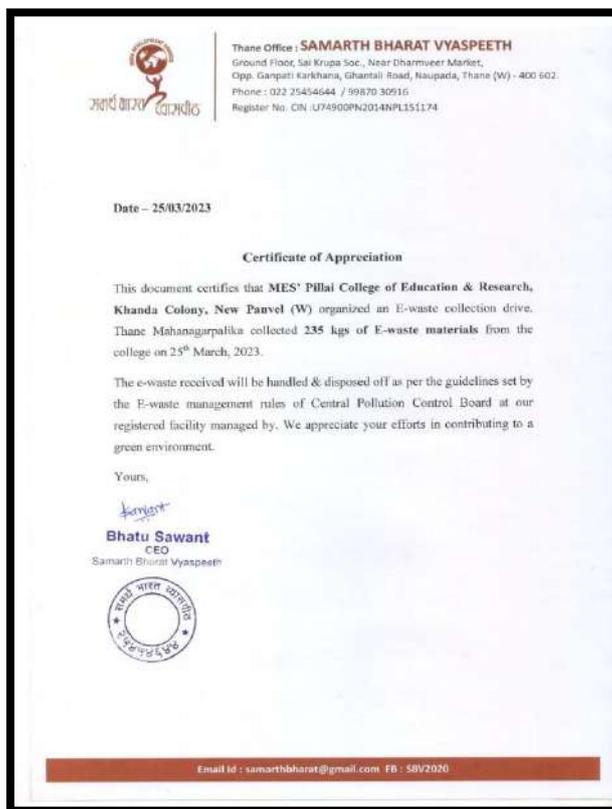
As we unveil the latest edition of the 'SPARK' magazine, we are reminded of the profound significance of education in shaping the future. Each article and feature within these pages serve as a testament to our collective dedication to preparing for tomorrow & challenges and opportunities. The magazine celebrates the vibrant spirit of our institution. In these pages, you will find a diverse range of content that highlights the innovative research, scholarly achievements, and impactful initiatives happening within our college community. From exploring the latest advancements in education theory and practice to spotlighting the remarkable contributions of our faculty and students, this magazine serves as a testament to the excellence that defines PCER. As we reflect on our past accomplishments and look ahead to the future, we are reminded of the unwavering commitment of our faculty, staff, and students to academic excellence and social responsibility. PCER continues to be a beacon of learning and inspiration, shaping the minds of tomorrow's leaders and making a positive impact in the world. It is through our collective dedication to learning, growth, and empowerment that we pave the way for a world where every individual has the opportunity to thrive and succeed. As we navigate the complexities of the modern world, let us draw inspiration from the profound impact of education and continue to prepare ourselves today for the challenges and opportunities of tomorrow.

We extend our heartfelt thanks to all who have contributed to this publication, and we invite you to immerse yourself in the stories and insights shared within these pages. Thank you for joining us on this journey. We hope you find this magazine to be both informative and inspiring.

**Student Editors – Bhumija & Niyati**

## Honoured Moments

### PCER Recognized for Environmental Contribution



Pillai College of Education and Research (PCER), New Panvel, was honoured for its outstanding contribution to environmental conservation. Following a successful E-waste Collection Drive, PCER received an appreciation certificate and letter from the Thane Mahanagar Palika.

The college's proactive efforts in promoting responsible E-waste disposal garnered praise and recognition from the local authorities. This moment of honour not only highlights PCER's commitment to sustainability but also serves as inspiration for others to embrace eco-friendly practices.

PCER remains dedicated to fostering environmental consciousness and making a positive impact on the community and the planet. This recognition underscores PCER's commitment to environmental stewardship and sustainability, aligning with its core values of social responsibility. The college community's active participation in the E-waste Collection Drive reflects a collective dedication to preserving the environment for future generations

### **F.Y.B.Ed. Students Shine at RAINBOW Intercollegiate Cultural Competition**

The students of F.Y.B.Ed. at PCER demonstrated their exceptional talent and unity at the RAINBOW Intercollegiate Cultural Competition hosted by Sarada Kurup College of Education & Research on February 11, 2023. The theme of the competition, 'Ek Bharat Shresht Bharat', inspired our students to showcase the rich cultural diversity and unity of India.

Led by their passion for dance, Priya Menon, Prajakta More, Shrishti Sharma, Bhawana Kumari, Ruchita Kadu, Anjali Thakur, Shilpa Ulvekar, Yukta Singh, and Rutuja Patil participated in the group dance competition with grace and enthusiasm. Their synchronized performance captivated the audience and earned them the prestigious 2nd prize.

This achievement not only highlights the talent and dedication of our students but also reflects PCER's commitment to nurturing holistic development through cultural expression and teamwork. We extend our heartfelt congratulations to the participants for bringing glory to our institution and showcasing the spirit of unity in diversity.



## **Professional Growth of Teachers**

**Dr. Sally Enos**

**University of Mumbai**

- Paper setter, examiner and moderator for M.Ed. program.
- VC nominee as subject expert for Career Advancement Scheme at St Xaviers Institute of Education on 25<sup>th</sup> August 2022.
- VC nominee as subject expert for Career Advancement Scheme on 11<sup>th</sup> January 2023 for one teacher from stage 4 to stage 5, at HJ College of Education, Khar.



**Resource person:**

- Resource person for the sessions on Understanding Learner Dynamics. Faculty induction Program organized by University of Mumbai, UGC HRDC on 4<sup>th</sup> November 2022.
- Resource person for pre-Ph.D. Course at Department of Education, University of Mumbai on 20<sup>th</sup> August 2022.
- Member of the Scientific Advisory committee of MGM New Bombay College of Nursing, Navi Mumbai to review and provide recommendations on the research proposals of faculties, UG and PG students- 20<sup>th</sup> January 2023
- As Subject Expert/Vice-Chancellor's nominee, Goa University for the Screening/Selection under Career Advancement Scheme for promotion of one candidate from level 10 to level 11 on 6<sup>th</sup> March 2023.
- Four students successfully completed their Ph.D. under my guidance in this academic year.

**Professional Development:**

- Participated in the Council for teachers' professional development in Digital training program on Visual understanding Environment on 1<sup>st</sup> January 2023
- Participated in the national level workshop on Governance, Leadership and Management organized by Quality Circle of CTPD India on 8<sup>th</sup> January 2023.
- Participated in the national level workshop on Course Outcome and Program Outcomes Mapping organized by Quality Circle of CTPD India on 5<sup>th</sup> Februarys 2023.

- Published research papers on ‘Impact of System Thinking Instructional Module on the Self-Efficacy of Student Teachers’ in UGC care journal Shodhasamhita, ISSN 2277-7067 Vol. No. IX, Issue- 12 (III) July-December 2022.
- ‘A Correlational Study between Situational Motivation, Professional Ethics, and Program Satisfaction among B.Ed. Students.’ in UGC care journal Anvesak vol 52 No 12(I) ISSN: 0378-4568, July- Dec 2022.
- “Effect of Project Based Learning on Mastery Learning in Science among Preparatory Stage Students” in PJERT- a peer reviewed journal, Volume 11 Number 02 July-December, 2022 ISSN 2249-4367.

**Dr. Saramma Mathew**

- Appointed by University of Mumbai to jointly act as Evaluator, Paper Setter and/or Translator for examinations 4E00732 M. Ed. (Two years Course) (Choice based) (Semester-IV) Subject (Paper Code 54403) Management of Education, (Semester-III) Subject (Paper Code 65602) Secondary and Higher Secondary Education
- Appointed as a peer observer for CAS by PCER Panvel
- Published a paper on ‘Energy Management at Individual Level’ in, - Seminar Proceedings ENVIRONMENTAL RE-ENGINEERING, SERIES 11|ISBN: 978-81-964882-0-8
- Compiled & Co- edited PCERP Seminar Proceedings |ISBN: 978-81-964882-0-8, Case Studies on Environmental Sustainability based on secondary data, - Seminar Proceedings, Book-19, ENVIRONMENTAL RE-ENGINEERING, SERIES 11|.
- Presented the valedictory address at the teachers training refresher course for science and math teachers organized by Indian Women Scientists Association.
- Appointed as an expert reviewer for Ph. D interview.
- Conducted lectures for Pre-Ph.D. course in ‘Research Methodology’ organized by Pillai College of Education and Research, New Panvel



**Dr. Bhavna Dave**

- Published a research paper in the UGC Care peer reviewed & refereed Journal of Education published by Rabindra Bharati University, Vol. XXV, No.: 4(IV), April 2022 with ISSN no. 0972-7175, having an impact factor 5.8, titled “Comparative Study of the Perceived Influence of Dance on Emotional Intelligence among Dancers & Non-dancers.”
- Published a paper on ‘Kitchen Green/Waste Management at the Individual level’ in the PCERP Seminar Proceedings titled Case studies on Environmental Sustainability based on Secondary Data with ISBN: 978-81-964882-0-8 in June 2022.
- Participated in the 15 days online FDP on “Basic Research” by Dr. D. N. Sansanwal and Dr. Pramod Kumar Gupta from 23rd June to 07 th July 2022, organized by the Indian Teacher Education Community, Indore (M.P.)
- Published a paper on ‘Sanitation and Hygiene at the Individual/Household Level’ in the PCERP Seminar Proceedings titled Case studies on Environmental Sustainability based on Secondary Data with ISBN: 978-81-964882-0-8 in June 2022.
- As a resource person conducted a session ‘Train Your Brain’ for the college-going girls of Navjeevan Center, Vashi, on 18th February 2023.
- Appointed as paper-setter, translator & examiner by the Controller of Examinations- University of Mumbai, for CBCS-2 years course for:
  - ✓ Psychology of Learning & Development- M.Ed. (Sem-1)
  - ✓ Communication Skill & Academic Writing- M.Ed. (Sem- 4)
  - ✓ Pedagogy of English- B.Ed. (Sem-2 & 3)
  - ✓ Guidance & Counselling’ B.Ed. (Sem 4)
- Editor of Pillai Journal of Educational Research & Technology with ISSN 2249 4367.



**Dr. Geeta S. Thakur**

- Published a paper titled “Effect of Blended learning on the Academic Achievement in Physics among Standard XII Students” in PILLAI JOURNAL OF EDUCATIONAL RESEARCH & TECHNOLOGY (PJERT), Volume 11, Number 02, July-December, 2022 with ISSN: 2249-4367



- Was appointed as Paper setter/Moderator/Examiner for Second Year B.Ed. Semester 4 course 47616 “Environmental Education”. Programme code 4E00144.
- Was appointed as Paper setter/Moderator/Examiner for Second Year M.Ed. Semester 4 course 55402 “Environmental Education”. Programme code 4E00734.

**Mrs. Namrata Saxena**

- Elected as President for a two-year term 2022-24 for Soroptimist International Bombay Chembur (Soroptimist Welfare Association), an international body with consultative status at the UN, working towards the development of the girl child and women.
- Conducted workshop on ‘Flipped learning’ for B.Ed. students of St. Teresa’s College of Education, Santacruz on 7th January, 2023.
- Presented a paper From Essay Questions to Mapping Learning Journeys –Holistic Assessments with STEAM Education, integrating multidimensional tools and skills at a National Webinar on ‘Aligning Assessments to NEP 2020’ by SMT. KAPILA KHANDVALA COLLEGE OF EDUCATION on 1st and 2nd February, 2023
- Patent titled "MES Spork" (Patent App. No. 351151-001) on 12/10/2021 received registration with a certificate issued on 2.2.2023 by Government of India.
- Authored E-book titled ‘Concept of Communication skills’ published in 2023 (Namya Press), Co-authored by Dr. Baban More. ISBN: 978-93-90124-98-5
- Appointed by University of Mumbai as Paper setter by University of Mumbai for 4E00142 // First Year B.ED. (2 Years Degree Course) (Choice Based) (Semester-II) Subject (Paper Code) 47613 // Educational Management in Second Half (Winter) 2022.
- Appointed by University of Mumbai to jointly act as Paper Setter and/or Translator for examinations held in Second Half (Winter) 2022. Faculty Interdisciplinary Program No. & Name of the Examination 4E00731 // M. Ed. (Two years Course) (Choice based) (Semester-I) Subject (Paper Code) 75402 // Teacher Education (R-2016)
- Appointed by University of Mumbai as Paper Setter and/or Translator for examinations held in Second Half (Winter) 2022. Program No. & Name of the Examination 4E00734 // M. Ed. (Two years Course) (Choice based) (Semester-IV) Subject (Paper Code) 54401 // Communication Skill and Academic Writing
- Appointed by University of Mumbai to jointly act as Paper Setter and/or Translator as mentioned against your name for examinations to be held in First Half (Summer) 2022.



- Faculty Interdisciplinary/Program No. & Name of the Examination 4E00731 // M. Ed. (Two years Course) (Choice based) (Semester-I) Subject (Paper Code) 75402 // Teacher Education (R-2016)
- Appointed by University of Mumbai to jointly act as Paper Setter and/or Translator for examinations to be held in Second Half (Winter) 2022. Faculty Interdisciplinary/Program No. & Name of the Examination 4E00732 // M. Ed. (Two years Course) (Choice based) (Semester-II) Subject (Paper Code) 47904 // Higher Education Studies
- Curriculum consultancy and teacher training of edukidz International chain of preschools for the year 2022-23 continued.

**Dr. Jiji Sahaya**

- Participated in the ‘Five Day International Virtual Faculty Development Program by Dr. M.G.R. Educational and Research Institute jointly organized by the Faculty of Education and Academic Staff College, Dr. M.G.R. Educational and Research Institute, Tamil Nadu, Chennai-95, from 20<sup>th</sup> to 24<sup>th</sup> June, 2022.
- Participated in the 15 days online FDP on “Basic Research” by Dr. D. N. Sansanwal and Dr. Pramod Kumar Gupta from 23<sup>rd</sup> June to 7<sup>th</sup> July 2022, organized by the Indian Teacher Education Community, Indore (M.P.).
- Participated in a four-week online course on “Making Mathematics Enjoyable, Effortless, and Accessible for All” offered as a part of UNESCO International online mentoring programme Open Education for a Better World (OE4BW) from 11<sup>th</sup> July to 7<sup>th</sup> August, 2022.
- Participated in and successfully completed the UGC Approved Short Term Professional Development Programme conducted by INDIRA GANDHI NATIONAL OPEN UNIVERSITY - Staff Training and Research Institute of Distance Education, New Delhi on ‘Implementation of NEP - 2020 for University and College Teachers’ held from 21<sup>st</sup> to 29<sup>th</sup> September, 2022 and obtained ‘A+’ Grade.
- Published a paper on ‘Solid Dry Waste Management at Community Level’ in the PCERP Seminar Proceedings titled CASE STUDIES ON ENVIRONMENTAL SUSTAINABILITY BASED ON SECONDARY DATA with |ISBN: 978-81-964882-0-8 in June 2022.



**Mrs. Pradnya Jadhav**

- Attended Workshop on ‘Inclusive Education for Children with Autism and Intellectual Disability’ conducted by SOPAN’s Suvidya College of Special Education on 24<sup>th</sup> February 2023.
- Handled the responsibility as DLLE Extension work in charge.



**Mr. Gyanendrapratap Singh**

- Attended Workshop on ‘Inclusive Education for Children with Autism and Intellectual Disability’ conducted by SOPAN’s Suvidya College of Special Education on 24<sup>th</sup> February 2023.
- Attended workshop on ‘Low-Cost Teaching Aids’ organized by Vigyan Setu Foundation Catalysed and supported by National Council for Science and Technology Communication (NCSTC) on 17<sup>th</sup> April 2023 organized by Pillai College of Education and Research, New Panvel.
- Conducted the value-added course – Designing and Preparing assessment tools.
- Published a paper on ‘Green building Initiatives’ in the PCERP Seminar Proceedings titled CASE STUDIES ON ENVIRONMENTAL SUSTAINABILITY BASED ON SECONDARY DATA with [ISBN: 978-81-964882-0-8 in June 2022.



**Mrs. Isha Rohit Dhody**

- Completed M. Com enhancing expertise in commerce and advancing professional qualifications.
- Attended Workshop on ‘Inclusive Education for Children with Autism and Intellectual Disability’ conducted by SOPAN’s Suvidya College of Special Education on 24<sup>th</sup> February 2023.
- Developed Self-study course Material for Value Added Certificate Course on Computer Art as Pedagogy.
- Handled the responsibility as Examination in charge



**Ms. Darshana Jadhav**

- Research paper titled “To Study the Relation Between Adaptability Quotient with The General Ecological Behaviour and Personal Well-Being Among Student Teachers, was published in UGC Care List
- Journal, named, Social Change and Development [Journal of OKD Institute of Social Change and Development, ISSN: 0975-4016], Jan 2022.
- Participated in Two Day National Webinar on “Transforming Higher Educational Institutions” aligning with National Education Policy (NEP) organized by R. J. College under the aegis of UGC PARAMARSH SCHEME sponsored by NAAC held on 10<sup>th</sup> & 11<sup>th</sup> February, 2023.



**Ms. Manju Vinish**

- Successfully completed Pre-Ph.D. course in ‘Research Methodology’ organized by Pillai College of Education and Research, New Panvel
  - ✓ Phase 1 from 24<sup>th</sup> December to 29<sup>th</sup> December 2022
  - ✓ Phase II from 21<sup>st</sup> January to 31<sup>st</sup> January 2023
  - ✓ Phase III from 1<sup>st</sup> February to 28<sup>th</sup> February 2023.
- Successfully completed webinar on ‘Research Methodology’ focusing on Sampling Techniques conducted by SOPAN’s Suvidya College of Special Education on 19<sup>th</sup> February 2023.
- Attended Workshop on ‘Inclusive Education for Children with Autism and Intellectual Disability’ conducted by SOPAN’s Suvidya College of Special Education on 24<sup>th</sup> February 2023.
- Attended workshop on ‘Low-Cost Teaching Aids’ organized by Vigyan Setu Foundation Catalysed and supported by National Council for Science and Technology Communication (NCSTC) on 17<sup>th</sup> April 2023 organized by Pillai College of Education and Research, New Panvel.
- Attended Soroptimist Excellence Award 2023 on the occasion of International Women’s Day conducted by Pillai Group of Institutions in association with Soroptimist International Chembur.



- Participated in the Six-Day Online National Level Faculty Development Program on ‘Outcome Based Education: A step towards Excellence in Education’ from 8<sup>th</sup> May to 13<sup>th</sup> May 2023 organized by Career Development Cell, Gokul Global University, Siddhpur, Gujarat.
- Successfully completed the online exam based on the National Education Policy. Awarded as certified National Education Policy Teacher.
- Developed Self-study course Material for Value Added Certificate Course on Craft as Pedagogy.
- Conducted Value Added Certificate course on Teaching Competency for F.Y.B. Ed students.
- Handled the responsibility as Internship In charge.
- Organised a two days online session on Approaches of Counselling & Counselling for Adolescent Issues on 1<sup>st</sup> April and 8<sup>th</sup> April 2023.

**Ms. Shruti Nair**

- Successfully completed Pre-Ph.D. course in ‘Research Methodology’ organized by Pillai College of Education and Research, New Panvel
  - ✓ Phase I from 24<sup>th</sup> December to 29<sup>th</sup> December 2022
  - ✓ Phase II from 21<sup>st</sup> January to 31<sup>st</sup> January 2023
  - ✓ Phase III from 1<sup>st</sup> February to 28<sup>th</sup> February 2023.
- Published a research paper in the UGC Care peer reviewed & refereed Journal of Education published by Rabindra Bharati University, Vol. XXV, No.: 4(IV), April 2022 with ISSN no. 0972-7175, having an impact factor 5.8, titled “Comparative Study of the Perceived Influence of Dance on Emotional Intelligence among Dancers & Non-dancers.”
- Attended a webinar on ‘Research Methodology’ focusing on Sampling Techniques conducted by SOPAN’s Suvidya College of Special Education on 19<sup>th</sup> February 2023.
- Attended Workshop on ‘Inclusive Education for Children with Autism and Intellectual Disability’ conducted by SOPAN’s Suvidya College of Special Education on 24<sup>th</sup> February 2023.
- Attended workshop on ‘Low-Cost Teaching Aids’ organized by Vigyan Setu Foundation Catalysed and supported by National Council for Science and Technology



Communication (NCSTC) on 17<sup>th</sup> April 2023 organized by Pillai College of Education and Research, New Panvel.

- Attended a two-days online session on Approaches of Counselling & Counselling for Adolescent Issues on 1<sup>st</sup> April 2023 & 8<sup>th</sup> April 2023.
- Participated in the Six-Day Online National Level Faculty Development Program on ‘Outcome Based Education: A step towards Excellence in Education’ from 8<sup>th</sup> May to 13<sup>th</sup> May 2023 organized by Career Development Cell, Gokul Global University, Siddhpur, Gujarat.
- Successfully completed the online exam based on the National Education Policy. Awarded as certified National Education Policy Teacher.
- Developed Self–Study Course material for Value Added Certificate Course on Dance & Drama as Pedagogy.
- Developed Self–Study Course material for Value Added Certificate Course on Creating Learning Resources.
- Developed a module for Self–Study Course material for Value Added Certificate Course on Craft as Pedagogy.
- Editor of SPARK Magazine 2021-22 & 2022-23
- Handled the responsibility as Internship In-charge for Semester 2.
- Handled the responsibility as Cultural In-charge and conducted various cultural competitions for the year 2022-23.

**Ms. Bhanu Yadav**

- Successfully completed Pre-Ph.D. course in ‘Research Methodology’ organized by Pillai College of Education and Research, New Panvel
- ✓ Phase 1 from 24<sup>th</sup> December to 29<sup>th</sup> December 2022
- ✓ Phase II from 21<sup>st</sup> January to 31<sup>st</sup> January 2023
- ✓ Phase III from 1<sup>st</sup> February to 28<sup>th</sup> February 2023.
- Successfully completed webinar on ‘Research Methodology’ focusing on Sampling Techniques conducted by SOPAN’s Suvidya College of Special Education on 19<sup>th</sup> February 2023.
- Attended Workshop on ‘Inclusive Education for Children with Autism and Intellectual Disability’ conducted by SOPAN’s Suvidya College of Special Education on 24<sup>th</sup> February 2023.



- Attended workshop on ‘Low-Cost Teaching Aids’ organized by Vigyan Setu Foundation Catalysed and supported by National Council for Science and Technology Communication (NCSTC) on 17<sup>th</sup> April 2023 organized by Pillai College of Education and Research, New Panvel.
- Attended Soroptimist Excellence Award 2023 on the occasion of International Women’s Day conducted by Pillai Group of Institutions in association with Soroptimist International Chembur.
- Participated in the Six-Day Online National Level Faculty Development Program on ‘Outcome Based Education: A step towards Excellence in Education’ from 8<sup>th</sup> May to 13<sup>th</sup> May 2023 organized by Career Development Cell, Gokul Global University, Siddhpur, Gujarat.
- Successfully completed the online exam based on the National Education Policy. Awarded as certified National Education Policy Teacher.
- Organised a two days online session on Approaches of Counselling & Counselling for Adolescent Issues on 1<sup>st</sup> April and 8<sup>th</sup> April 2023.
- Developed Self-study course Material for Value Added Certificate Course on Art as Pedagogy.
- Handled the responsibility as Indoor sports in charge.
- Handled the responsibility as Examination in charge
- Handled the responsibility as Anti-Ragging Cell in charge.
- Handled the responsibility as DLLE Extension work in charge.

## **Student Council Elections**

This report encapsulates the successful conduct of the Student Council Elections at Pillai College of Education and Research (PCER). The primary objective of this election process was to identify and appoint dedicated and capable students who would serve as representatives of their peers, contributing to the enhancement of our school community.

The nomination process was initiated on January 3, 2023, and concluded on January 7, 2023. During this period, aspiring students were encouraged to submit their nominations for the Student Council. The response was overwhelming, with a total of 15 nominations received, reflecting the active engagement and interest of the student body.

On January 9, 2023, the voting process was conducted across designated polling stations within the campus premises. To ensure the integrity and fairness of the process, esteemed professors Dr. Bhavna Dave and Dr. Geeta Thakur supervised the proceedings, thereby maintaining transparency and adherence to established protocols. Upon the conclusion of the voting phase, the Election Committee meticulously counted the cast votes, prioritizing accuracy and transparency in their procedures. Subsequently, the results were officially announced on the same date in the lecture hall, marking a significant moment for the student body.



**Student Council 2022-24**

The newly elected Student Council members for the academic year 2022-2024 are as follows:

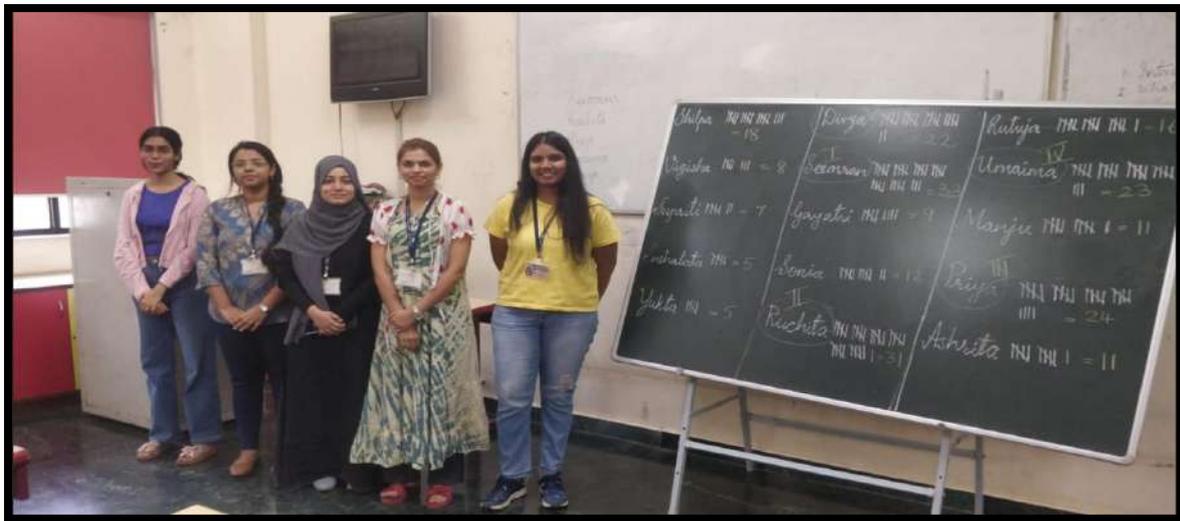
General Secretary: Miss Seemran Saahani

Members: Mrs. Ruchita Kadu

Ms. Umaima Dhature

Ms. Divya Samota

Ms. Priya Menon



*Student Council 2022-24*



***"Collaborating for Progress, Leading with Unity: Student Council 2022-24."***

The Student Council serves as the vibrant pulse of student leadership, embodying the values of service, collaboration, and advocacy.

Comprised of dedicated individuals elected by their peers, the Student Council played a pivotal role in representing the student body's interests, fostering a sense of community, and driving positive change. With integrity, empathy, and a commitment to excellence, they exemplified the qualities of effective leadership and making a meaningful impact in the institution.

As the driving force behind student-led initiatives and the voice of the student body, the Student Council stands as a beacon of inspiration, empowering students to realize their potential, embrace their passions, and contribute to the collective journey of growth and learning at PCER.

## **The General Secretary's Report S.Y.B.Ed. 2022-23**

**Audit Courses:** Our 2nd year of college began with an activity called as Audit Course, wherein we had to complete three tasks namely Dance/Drama in Pedagogy, Computer Art in Teaching and Art and Craft in Education. Students had to submit atleast two of the above-mentioned tasks to have successfully completed the course. Those who completed all the three tasks were provided with course completion certificate which came in handy in our job resume. It was a very helpful course wherein we learned some important skills which are required for our growth as a good teacher.



**Community Service:** There was little tweak in our second years community service, wherein the main focus was on environment protection and conservation. We were given multiple tasks to complete such as making Eco-Bricks wherein we had to fill plastic bottles with household plastic waste. This worked like a double-edged sword as both the plastic bottles and the plastic waste within it were reused for making DIY tables. The other task was making paper bags and later distributing the same to the road side hawkers and vendors. The focus here was to eliminate the use of plastic bags for packing products. Along with plastic the major concern for our environment is from the harmful radiations caused by electronic waste. So, we had collected various electronic devices which had gone obsolete in our household as well as from our friends, neighbourhood, and extended family. The collected e-waste was later sent to the municipal authorities for its proper disposal.

**Internship:** The most intriguing part of our B.Ed. curriculum was enjoyed by all of us. Some students had got a change in their internship centres which provided them an opportunity to work with different kind of learners and different working environments. Those who had got the same centres got an opportunity to build a rapport with students as they were together for like six months. Every one of us enjoyed the challenges and learning from the internship and was really a helpful process before we step into the teaching field.

**Book Review:** In our second year of college, we got introduced to Book Review Activity, wherein every student was asked to read a book of their choice and they had to give a review of that book. It was a very interesting task as non-readers had to read books which indeed enhanced their skills and on the other hand gave the audience an opportunity to get information and review of numerous qualitative books. This was a great initiative taken by our college as it enhances our reading, interpretation, and communication skills.

**Power Yoga:** Our Pillai College of Education and Research had organised a power yoga session of three days 21st, 23rd, and 24th March 2023 wherein external yoga experts were called for a visit to the college and made us understand the importance of yoga on our physical as well as mental health. They conducted sessions daily for three days wherein they taught us various yoga exercises. We got much needed mental and physical boost which is required in this fast pace modern world.

**Yvette Lee Approaches to Counselling:** Yvette Lee a renowned foreign counsellor, conducted online sessions on various approaches to counselling of students on 1st of April 2023. The entry to the seminar was limited and we the students of Pillai College of Education and Research got first preference for registration. As counselling is one of the most important secondary roles of a teacher, it was highly beneficial for all of us to get direct knowledge from such a renowned specialist in that field. The quote “Education is the most powerful weapon which you can use to change the world” by Nelson Mandela, applies to all humans, especially the ones who began their journey of B.Ed. in late December of 2022. The academic year began with the challenge of completing ICT tasks and community service for Semester 1. It was a given that B.Ed. would revolutionize the lives of the new and excited student-teachers.

Nirmit Dhuri  
General Secretary  
2022-23

### **The General Secretary's Report - F.Y.B.Ed. 2022-23**

**Fresher's Party- 2nd January 2023:** Every student eagerly awaits right from the time of admission for one of the most important days, a warm welcome in the form of a Fresher's Party. The new F.Y.B. Ed students were in for a surprise when they came for the orientation to the B.Ed. program. Their seniors threw a well-planned party for them. The newbies were entertained with songs, dances and games arranged by S.Y.B.Ed's talented entourage.



**Street plays- 2nd, 3rd and 30th January 2023:** After being inspired by the talents presented by their seniors, the student-teachers presented street plays on the public awareness topics of gender bias. Right from the props to the scripts added with poems, dances and songs, the students gave a war cry against injustice faced by different genders with colourful clothes and loud emotions. The student-teachers got a golden opportunity to know and work with each other. The street plays were praised by the teachers and inculcated confidence in the students.

**Student Council Elections- 9th January, 2023:** The Principal, Dr. Sally Enos Ma'am rightly said that leaders rise when the time arises. So, volunteering to stand for the Student Council Elections granted the class a momentous opportunity. Many volunteered and gave great speeches and campaigns via social media to get votes from their classmates. On the day of the election, a buzz of excitement and nervousness was present among the voters. It was a highly democratic process where 5 students were declared as the student council for the B.Ed. journey.

**Annual Sports Day- 14th January, 2023:** A highly anticipated day by the B.Ed. students saw the majority attendance of First Years. The event was hosted by Dr. Geeta Thakur Ma'am and organised by the B.Ed. and B.P.Ed. faculty. The Sports Day taught many lessons to the student-teachers. It made them realise the importance of fitness and fun to provide holistic development not only for their future students but for themselves as well. Teamwork, sportsmanship and unity were inculcated amongst the masses. More importantly, students observed the great planning and execution of the event by the Professors, a lesson to note for practical application.

**Eco brick Activity- 17th January 2023:** On this day, students started submitting Eco-bricks to the Council. The end goal of collecting these Eco bricks was to utilize non-degradable waste through repurposing. It was the idea of enlightening the students to be zero-waste in their day-to-day lives. After many submissions, the principal converted these Eco Bricks into a table/stand.

**Picnic- 31st January, 2023:** The joyous day began with a journey to Nagaon, Alibaug. Students piled on the bus and filled the time with a lot of singing and laughter. The teachers, Dr Geeta Thakur Ma'am, Dr. Saramma Mathew Ma'am and Isha Dhodiya Ma'am gave the students extra reasons to smile and enjoy the outing. Right from water rides to singing and dancing, the teachers taught the students the importance of letting go and enjoying the moment. After spending their energy at the beach, the students got back to the accommodation for the day, refuelled with some tasty food and a game of house. It was a trip that many hoped wouldn't come to an end. On the way back, sleepy faces were trying to make the most of the day.

**Community Service Day- 4th February, 2023:** It is an annual tradition followed by all the institutions and departments of the Mahatma Education Society at the main Pillai Campus. Teachers and student volunteers took on the roles of social workers and accompanied and entertained children on the campus. Dr. Geeta Ma'am and the volunteers made sure to give their time and care to the children of Immanuel Mercy Home Ashram. It was a day filled with fun games, snacks and laughter. The gifts for the children were curated by the teachers and were distributed by the principal. This day wouldn't be possible without the efforts of countless people. Community Service Day truly makes one realise how to contribute a little bit of time to touch people's lives.

**RAINBOW- Intercollegiate Cultural Competition - 11th February, 2023:** The students worked hard for days to perform at the cultural competition held at S.K College. There were two competitions to take part in i.e. Dance and poster making. With great passion and determination, a dance routine of various Indian cultural dances was presented. The participants won 2nd place in the dance competition. Whereas, the poster-making team won a participation certificate. All in all, it was a good day to see PCER, New Panvel represented to the world.

**Inclusive Education for Children with Autism & Intellectual Disabilities Workshop-24th February 2023:** The workshop was organised by Sopan Suvidya College of Special Education. Professor Richard Rose from the University of Northampton, UK was the speaker of this workshop. Many PCER students and teachers participated in it. They learned about how crucial it is to make education inclusive for all children. They learned how to make lesson plans which catered for the needs of each student rather than the class or division. Professor Rose inspired the attendees to become teachers who focus on equity-based education rather than equality-

based. The workshop ended with the participants receiving participation certificates and a group photo worth a thousand smiles.

**International Women's Day Soroptimist Excellence Award- 8th March, 2023:** Principal Ma'am wanted the F.Y.B. Ed students to celebrate this day uniquely. Rather than traditionally celebrating women's day, the class boarded the MIS Bus to the Pillai's main campus where they met a great change-maker. The program was organised to award Mrs. Swathi Mukherjee (the managing trustee at Vatsalya Foundation). Dr Daphne Pillai Ma'am welcomed Mrs Swathi Mukherjee and gave a short introduction about her. The students learned that she has been dedicatedly working for the welfare and education of Mumbai slum children for many years through her NGO. It was rewarding for all the women present in the audience as they got to witness a powerful and nurturing woman being awarded for her excellence.

**Teaching Skill Training- 8th to 29th March 2023:** To become a teacher, one must sharpen her/his skills. The F.Y.B. Ed students acquired 8 micros-skills to become better teachers. It made them prepared for their next page in the book of B.Ed. internships. It's the dedication, hard work and giving attitude of the teachers which made the students confident to present as a teacher in front of their peers. And, this training provided them the ultimate rehearsal for their internships. For which they are grateful to the teachers.

**Yoga Sessions by Bharti Iyer (Om Yoga Pranayam Centre): 21st, 23rd and 24th March, 2023:** In this three-day yoga session, PCER alumni Bharti Iyer Ma'am refreshed the students and made them aware of how crucial a healthy lifestyle is. It is through her that they learned various warm-up exercises, Yoga Asanas, face yoga, brain yoga, Bhangra yoga and more. Fitness is indeed necessary for all humans, and Ma'am taught the students how they can tweak their lifestyles to give space for exercise.

**E-waste Collection Drive- 25th March 2023:** The Principal and teachers' initiative brought the students of PCER, New Panvel to an environmentally conscious activity. They all submitted many types of E-waste: Camera, Hard disks, Cell phones, Mouse, Network consoles, Ear pods, Earphones, Electrical wires, tubes, switches, Laptop, watches, chargers, Power banks etc. 235 kgs of E-waste materials were submitted to Thane Mahanagarपालिका. Due to this, the college received the appreciation certificate and letter from them.

**Counselling for Adolescent Issues by Ms Yvette Lee- 3rd and 8th April 2023:** The PCER Counsellor Ms. Yvette Lee arranged a beautiful webinar for the student-teachers. Ma'am gave

an in-depth knowledge about the meaning and approaches of counselling. All students were actively involved and wanted to learn more about how they could assist their students in a better manner. She emphasized how counselling involves a clear connection between thoughts, feelings and behaviour. Thus, this webinar made the student-teachers realise how they can play the dynamic role of being a teacher as well as a counsellor.

**Training the Teachers: Workshop for Science Teachers using Low-Cost Teaching Aid- 17th April 2023:** The workshop was organized by the Vigyan Setu Foundation in association with Mahatma Education Society's Pillai College of Education and Research which was free of cost. 50 students attended the workshop and teaching aids were provided to all the students at the beginning of the session. Dr Lalit Sharma Sir and Dr Meena Sharma Ma'am taught the students about using daily use items to teach the concepts in mechanics, optics, acoustics, etc. The student-teachers learned how to keep their students engaged and enjoy learning by doing as they had a lot of fun attending the workshop, too.

**Investor Awareness Program by CDSL- 26th April 2023:** The webinar was hosted by Mili Paul Ma'am from CDSL which provides Depository services in India. Through the expert, the students were able to learn beginner-level information about deposits, investment planning, passive income, stocks, mutual funds, gold investment, etc. It was a highly informative webinar which taught the students the know-how of investment. Since many people aren't usually aware of finance-related information unless they learn about it during graduation, this session gave the students tips and pieces of advice needed to be financially informed and practise safe investment strategies.

**Semester 2 Internship: 18th April to 28th April, 2023:** Due to the teaching competency training, the F.Y.B. Ed students had dipped their toes into the new waters of the teaching profession. For the class, the first internship was exciting. Though many were nervous at first, continuously being in the school environment helped them come out of their shells, gain confidence and strive to improve in their experiences as a new teacher. Through continuous contact and constant support from their mentors, the internship was completed by the students. The classmates also greatly helped each other get accustomed to the new environment. After the internship, the students felt very grateful for the opportunities and support made available by the college.

**Indoor Games: 16th and 17th May, 2023:** The first years felt at home in the two days of competitions, laughter and togetherness. The indoor games kept them at ease with each other

and truly appreciate the environment brought to them by PCER, New Panvel. It is the hard work of Bhanu Yadav Ma'am, the B.P. Ed. faculty and the council members which guaranteed the smooth completion of the wonderful event. The games of chess, table tennis, carrom and badminton brought all the attendees closer to each other.

**Class Photo- 18th May, 2023:** All the students were dressed to impress. With Dr Sally Enos Ma'am's permission, the class photo day was also the First Year's traditional day. All were extremely excited to pose and show their million-dollar smiles. The students were glad that they could capture their college life within the most awaited picture of the year. A picture with all the teachers and students is a bond that the class will truly cherish when they look back at it.

**Bulletin Board Making Workshop and Activity- 18th and 22nd May, 2023:** Reshma Sudhir Nair Ma'am, a pre-primary teacher and alumna from PCER, New Panvel, conducted the workshop on Bulletin Board Making. She exhibited beautiful and creative bulletin boards which she had made in the past. Ma'am made the students understand the importance of eye-catching and informative boards. She taught the students how to make interactive boards and convey the concepts or messages clearly via simple and easy-to-make bulletin boards. Students then made a 3D bulletin board under the guidance of Reshma Ma'am.

On 22nd May, all the clubs in PCER, New Panvel, took it upon themselves to beautifully and creatively decorate the bulletin boards on the 2nd Floor of the campus. The students portrayed the main messages of their respective clubs and encouraged each other to showcase their talents. The result of this activity was a beautiful hallway and many classrooms filled with colourful and meaningful messages.

**Cultural Fest- 23rd May, 2023:** The cultural fest was a dynamic day where all the students showcased their talents beautifully. There was a buzz of excitement and laughter throughout the day. Shruti Nair Ma'am, the cultural- teacher in charge had made sure that the students won't ever forget the joy this day would bring them. The teachers and council members ensured that all competitions happened according to plan. The variety of competitions provided an avenue for all F.Y.B.Ed students to emerge and establish their talents among their peers. The fest had a peaceful atmosphere full of support and encouragement for the class. Through words, art, dance, songs and fashion, the peers were able to see the multidimensional talents of all the attendees. It was truly a remarkable day that ended with a dance party.

Such was the energetic and evolutionary academic year for the students of F.Y.B.Ed. It surely has made them more excited to see what's in store in the new year as Seniors. Special thanks to the Principal, Dr Sally Enos Ma'am and the teachers for making this year so fruitful for the F.Y.B. Ed batch of 22-23.

Seemran Sahaani

- General Secretary
- F.Y.B.Ed. .

## **Linkages With Other Institutions**

### **Immanuel Mercy Home Ashram**



Community Service Day is held every year at the Pillai Campus. It is where all the MES institutions and their departments get together in serving the community. On this special day, the event is held on a massive level where people of different social groups are served and taken care of. This year the Community Service Day was celebrated on 4<sup>th</sup> February 2023.

Pillai College of Education and Research invited children from Immanuel Mercy Home Ashram to celebrate the day with. It is with the dedication of Principal Dr. Sally Enos, and Dr. Geeta Thakur and the team of teachers that this day was fruitful. Everything was well planned and thought out by the faculty members, right from all the games to be played to the gifts which were to be distributed to the children. Dr. Geeta Thakur and two student volunteers- Manisha Juvekar and Revendri Govind picked up the children from the Ashram at Khairwadi, Panvel. The children were received and brought to the Pillai Campus through a bus arranged by the college. The youngsters enjoyed their trip to the campus. They sang songs and danced on this journey. After reaching, the children formed queues and went to have lunch which was arranged by Pillai's. Once they had their meal, they were taken to the allotted classroom for a fun filled activity time. The children were welcomed by the other three volunteers, Bhumiya Das, Shivani Panda and Seemran Sahaani. After which they played many games with the teachers and all five F.Y.B. Ed volunteers. It was an amazing and excitement filled time for all. The students were extremely pumped up and played lot of games. The games were followed by a dance party

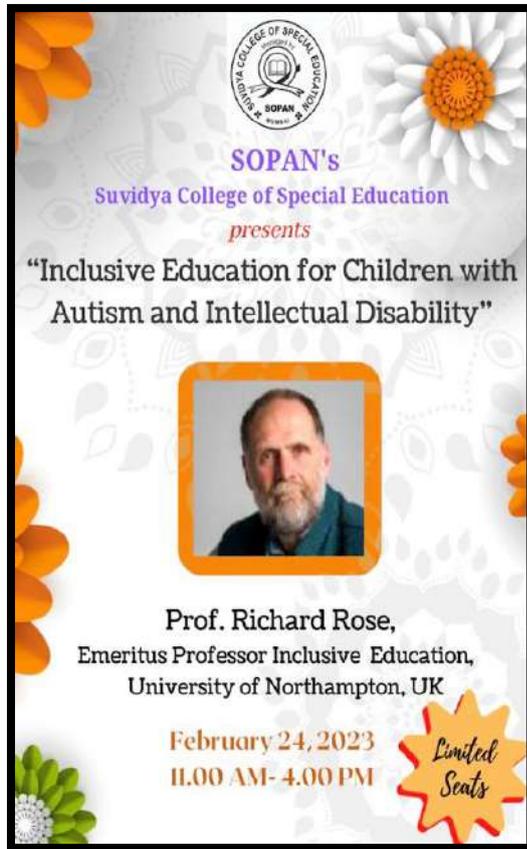
and for refreshments the children had some snacks. The community service ended with a gift distribution ceremony by Principal Dr. Sally Enos. Post the gift distribution ceremony, with a heavy heart it was time to say goodbye to the children. All the teachers and volunteers went to drop them to their assigned bus. This day taught every student the value of unity and humility. It also helped them realise how spreading joy and love goes a long way.



## Linkages With Other Institutions

### Sopan Suvidya College of Special Education

#### Workshop on Inclusive Education for Children with Autism and Intellectual Disabilities



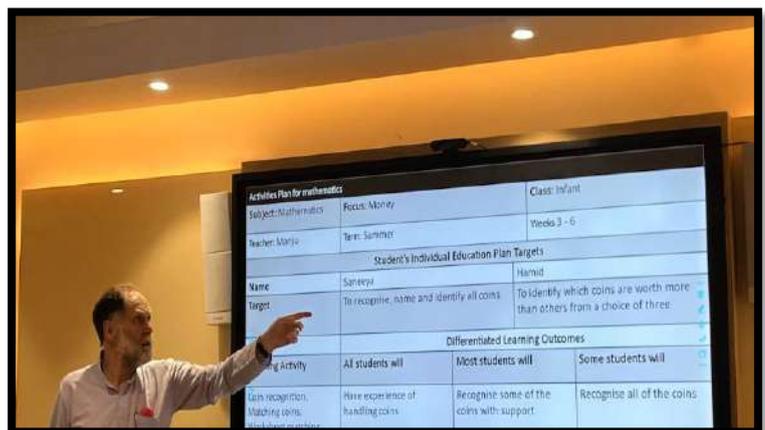
The workshop on the topic 'Inclusive Education for Children with Autism and Intellectual Disability' was organized on 24th February, 2023 by Sopan Suvidya College of Special Education. Richard Rose, Professor Emirates of Inclusive Education, University of Northampton, UK was as the speaker of this workshop. He has previously worked as teacher and principal of schools in several part of the UK, and was also an Inspector of special and primary education. Rose has conducted research in several parts of the world with particular interest in inclusive education and poverty. He has been visiting India on a regular basis sense the last 24 years.

Around forty students and faculties from various institutes participated in the workshop. The purpose of this workshop was to promote inclusive education and share innovative approaches for effective practices in inclusive education, emphasis on improving quality of education and removing barriers to learning. It focussed in examining the nature of inclusive education the challenges faced by the student as well as the teacher and how to overcome these challenges. Prof. Richard explained the term inclusion and the four elements of inclusion according to UNESCO. He differentiated between the term equity and equality. He also threw light on the term diversity. He said that while we all are born with different abilities, it is our individuality that enables us to make a unique contribution to society.

The students were briefed about the elements of diversity which are poverty, gender, culture and security. The resource person also briefed about the sustainable development goals such as no poverty, zero hunger, good health and well-being, quality education, gender equality, clean water and sanitization, etc. The second session focussed on considering how teachers can apply inclusive teaching principle the classes of diverse learners. He made the participants explore

some of the challenges of being an inclusive teacher and made them think of the teaching-learning practices can be organised in the process of inclusive education. He provided the participants with example of planning and teaching strategies to give ideas about how to solve problem as an inclusive teacher. The outcome of these activities was certainly impressive. All the groups came up with amazing creative ideas. Prof. Rose also gave his feedback and suggestions.

All the queries were answered by Prof. Rose. The workshop ended with a vote of thanks by Ms. Nishat Imam and distribution of certificates to all the participants. The experience was extremely significant for every participant.



## **Linkages With Other Institutions**

### **Soroptimist International Bombay, Chembur**

On March 8th, 2023, the Pillai College of Education and Research, New Panvel resonated with the spirit of empowerment and equity as Soroptimist International Bombay, Chembur, organized a special event to honour Mrs. Swathi Mukherjee, the Managing Trustee of Vatsalya Foundation. Under the theme "Embrace Equity," attendees gathered to celebrate Mrs. Mukherjee's exemplary contributions to education and social welfare.

Commencing promptly at 1:45 pm, Dr. Daphne Pillai, along with representatives from Soroptimist International Bombay, Chembur, extended a warm welcome to Mrs. Mukherjee and commenced the proceedings. Amidst a backdrop of enthusiasm and anticipation, attendees eagerly awaited insights into Mrs. Mukherjee's impactful journey.

Dr. Daphne Pillai commenced with a heartfelt introduction, shedding light on Mrs. Mukherjee's academic achievements and unwavering commitment to holistic development. As the Managing Trustee and Executive Director of Vatsalya Foundation, Mrs. Mukherjee's dedication to the cause of education and social welfare has been exemplary since 1989.

In her address, Mrs. Swathi Mukherjee shared the ethos of Vatsalya Foundation, encapsulated in the acronym "Polite," emphasizing the values of Passion, Observation skills, Listening, Innovation, Training, and Empathy. She reflected on her personal challenges and triumphs, inspiring attendees to persevere in their pursuit of equity and social justice.

Throughout the session, attendees engaged in meaningful dialogue with Mrs. Mukherjee, seeking guidance and insights on fostering equity in their respective spheres. Mrs. Mukherjee reiterated the importance of humility and compassion in effecting positive change, underscoring that formal qualifications are secondary to genuine empathy and dedication.

As a token of appreciation, Mrs. Swathi Mukherjee was felicitated by representatives from Soroptimist International Bombay, Chembur, and Pillai College of New Panvel. A trophy and a generous donation cheque were presented in recognition of her outstanding contributions to society.

With hearts brimming with gratitude and inspiration, attendees bid farewell to Mrs. Swathi Mukherjee and departed at 3:00 pm, carrying with them the spirit of equity and empowerment that defined the event.



## **Linkages With Other Institutions**

### **Om Yoga Pranayama Centre**

In a bid to promote holistic well-being among students, Pillai College of Education and Research, New Panvel organized rejuvenating yoga sessions led by Bharti Iyer, an esteemed alumna of the institution and renowned yoga practitioner from Om Yoga Pranayama Centre. Bharti Iyer, acclaimed for her expertise in yoga and wellness, recently authored a book titled "Food and Fitness Fundas" and actively shares her insights on health topics through social media platforms.

The yoga sessions, conducted over three days from March 21st to March 24th, 2023, witnessed enthusiastic participation from students eager to explore the myriad benefits of yoga and mindfulness practices. Each session was thoughtfully curated to address specific wellness concerns and provide students with practical tools for enhancing their physical and mental well-being.

#### **Day 1: March 21st, 2023**

The inaugural session focused on meditation and stretches, setting the tone for the subsequent days of practice. Students were guided through therapeutic exercises targeting common ailments such as neck pain, backache, and thyroid issues, all integrated seamlessly into sitting yoga poses.

#### **Day 2: March 23rd, 2023**

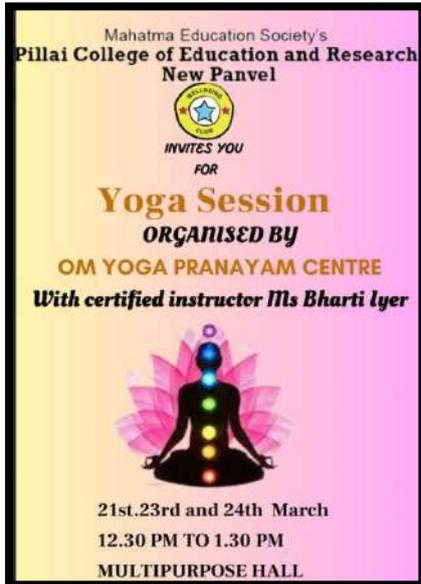
The second day delved into the realms of face yoga and brain yoga, with a dual objective of alleviating migraine symptoms and enhancing vision. Participants engaged in brain activity exercises rooted in neuroyoga, accompanied by insightful discussions on the transformative power of yoga and real-life success stories shared by Bharti Iyer.

#### **Day 3: March 24th, 2023**

The concluding session offered a dynamic blend of music yoga, particularly Bhangra yoga, and the soothing practice of Shavasana. Students experienced a full-body workout infused with lively dance movements and invigorating exercises, followed by a deep dive into the significance of Shavasana and the importance of allowing the body to rest and rejuvenate.

Overall, the three-day yoga sessions proved to be a refreshing and enriching experience for all participants, leaving them rejuvenated and motivated to integrate yoga into their daily lives.

The success of these sessions underscores the importance of holistic wellness initiatives at PCER Panvel, and students eagerly anticipate future opportunities to engage in similar transformative practices

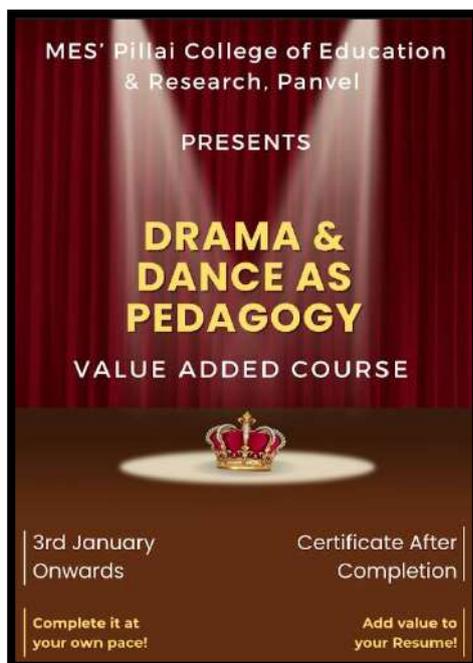


## **Student Participation in Value Added Courses**

In today's quickly changing employment economy and competitive academic scene, the quest of knowledge goes far beyond the traditional classroom walls. Recognizing the importance of overall skill development and lifetime learning, educational institutions around the world are progressively including value-added courses into their curricula.

At Pillai College of Education and Research, New Panvel we are committed to nurturing well-rounded individuals equipped with the knowledge, skills, and attitudes needed to thrive in an ever-changing global landscape. As part of this commitment, we offer a wide array of value-added courses tailored to meet the diverse needs and aspirations of our student body.

### **Drama & Dance as Pedagogy**

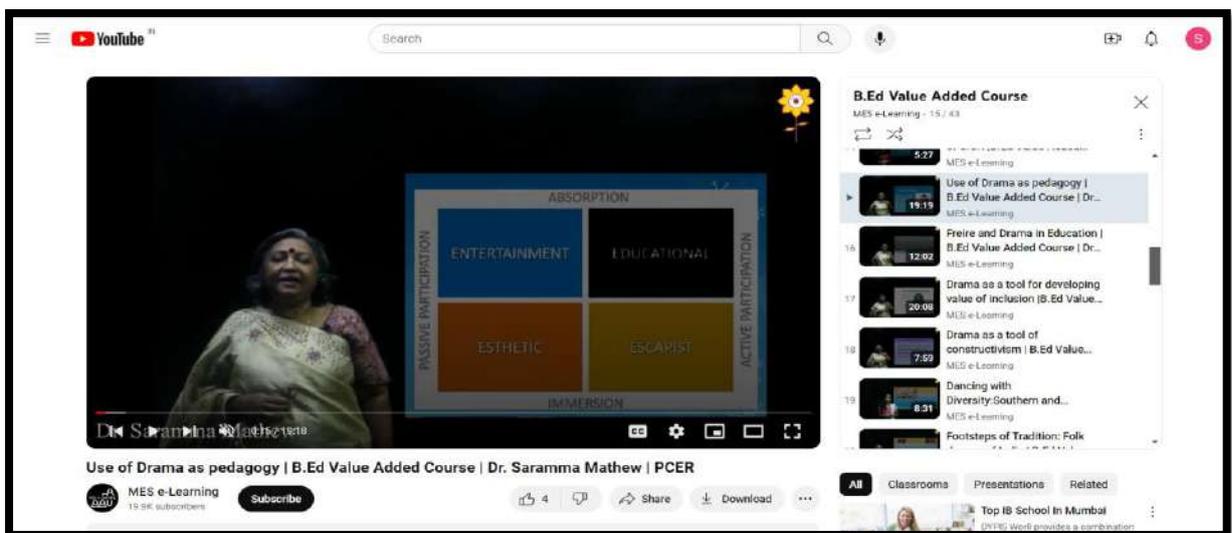
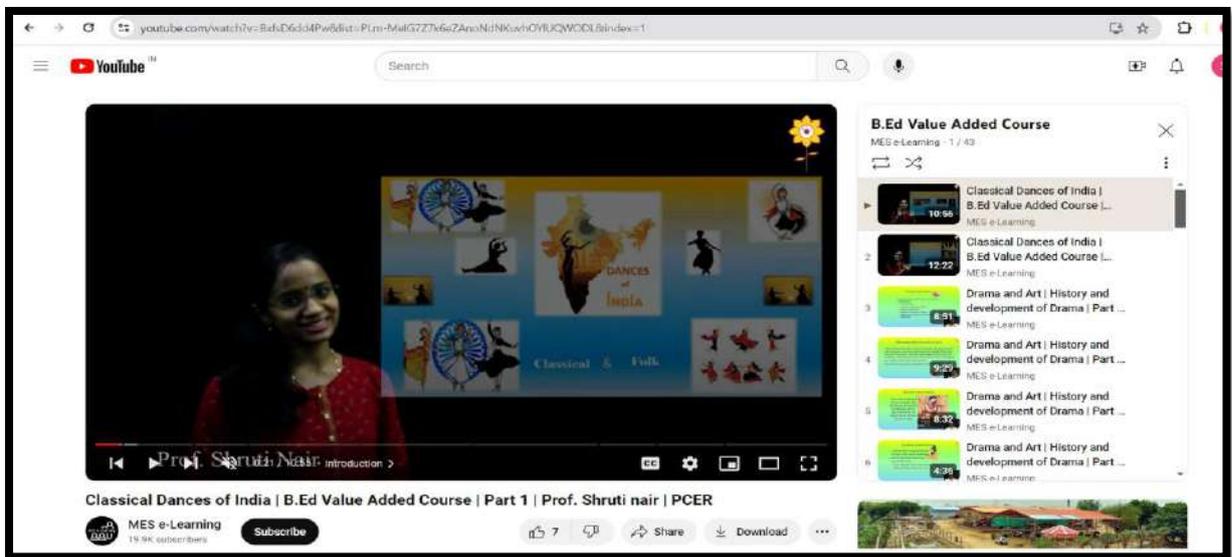


In a pioneering move to enhance teaching practices and foster innovative pedagogy, Pillai College introduced the "Drama & Dance as Pedagogy" certificate course on January 3rd, 2023. Aimed at B.Ed. students, this course aimed to explore the transformative potential of drama and dance as pedagogical tools in educational settings, enriching classroom engagement and nurturing dynamic teaching practices.

The course curriculum, meticulously crafted, delved into various sub-topics, including the use of drama as pedagogy, classical dances, constructivism, and the role of drama in education. Professors Dr. Saramma Mathew and Ms. Shruti Nair at Pillai College contributed significantly by recording instructional videos on each sub-topic, offering students comprehensive insights and guidance to navigate the complexities of integrating arts-based approaches into teaching.

Students enthusiastically embraced the course, immersing themselves in the instructional videos and diligently making detailed notes in designated notebooks. This active learning approach not only facilitated knowledge retention but also encouraged students to engage in self-paced learning and reflect on the application of drama and dance in their future teaching endeavours.

One of the course's standout features was its emphasis on fostering creativity and critical thinking skills essential for effective pedagogy. By incorporating elements of drama and dance into their teaching practices, students learned to create dynamic and interactive learning environments that cater to diverse learning styles and abilities. Moreover, the course equipped students with practical strategies for integrating arts-based approaches into various subject areas, promoting interdisciplinary learning and holistic development among students. The "Drama & Dance as Pedagogy" certificate course proved to be a valuable addition to the B.Ed. curriculum at Pillai College, empowering students to become innovative and inclusive educators capable of inspiring their students through the transformative power of drama and dance.



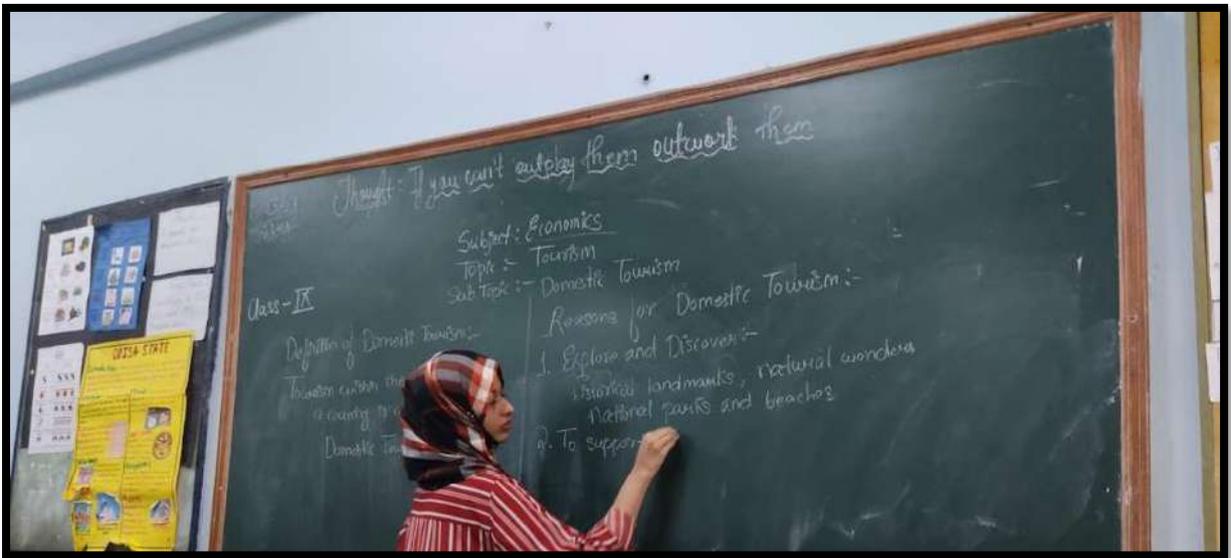
### **Teaching Competency**

The 'Teaching Competency' course tailored for Bachelor of Education (B.Ed) students in the second semester equipped students with the essential skills and competencies vital for today's diverse and dynamic classrooms. From March 8th to 29th, 2023, Pillai College embarked on a transformative journey with its F.Y.B.Ed. students through a comprehensive Teaching Skill Training program. Recognizing the pivotal role of teachers in shaping future generations, this program aimed to equip students with essential micro-skills necessary for effective teaching and classroom management.

The intensive training program focused on honing eight key micro-skills essential for becoming better teachers. Through a combination of theoretical sessions, practical demonstrations, and interactive workshops, students delved into various aspects of teaching methodology, pedagogical techniques, and classroom dynamics.

Under the guidance and mentorship of dedicated faculty members, students immersed themselves in the learning process, embodying dedication, hard work, and a giving attitude. The commitment and expertise of the teachers played a crucial role in instilling confidence and preparedness among the students as they embarked on the next phase of their B.Ed. journey – internships.





## Thinking & Reasoning



The Value-Added Course on Thinking and Reasoning at PCER has been instrumental in fostering critical thinking and reasoning skills among students, with a specific focus on preparation for entrance examinations. This course, conducted by the Thinking and Reasoning Club, has provided students with targeted and intensive training to excel in their academic pursuits. The sessions of the Value-Added Course were held daily after the assembly, ensuring regular and consistent engagement with thinking and reasoning exercises. Students were encouraged to maintain individual notebooks to document their insights, solutions, and reflections on the daily activities, fostering a culture of active learning and personal development.

The course activities were designed to challenge students' cognitive abilities, covering a wide range of subjects and topics relevant to entrance examinations. These activities, conducted at the class level, promoted collaborative learning and inclusivity, allowing students to learn from each other's perspectives and approaches. Following each activity, dedicated discussion sessions provided students with the opportunity to share their approaches and insights, further enriching the learning experience. Through these interactions, students not only consolidated their understanding but also developed communication and critical thinking skills essential for academic success. The success of the Value-Added Course is evident in the remarkable progress demonstrated by participating students. Their enhanced critical thinking and problem-solving abilities speak volumes about the effectiveness of the course's approach to academic readiness and preparation for entrance examinations.

## **Teaching Learning Activities**

### **Identifying Varied Student Abilities:**

#### **Conduct of Multiple Intelligence Test & Learning Styles**

In a concerted effort to equip our B.Ed. students with a deeper understanding of their individual learning profiles and the diverse needs of students, Ms. Shruti Nair, Assistant Professor at Pillai College of Education & Research, New Panvel, spearheaded a comprehensive Multiple Intelligence Test and Learning Styles assessment during the second semester. Under her adept guidance, students underwent assessments that offered valuable insights into their cognitive strengths and preferred learning modalities, essential for their future roles as educators.

Ms. Shruti Nair meticulously administered the assessment, which comprised a Multiple Intelligence test covering various intelligence types, along with a Learning Styles assessment to identify students' preferred learning approaches. Following the assessment, individualized feedback sessions were conducted, fostering self-awareness among students and facilitating thoughtful group discussions on how this newfound understanding could inform their teaching strategies.

This initiative transcends conventional teaching methodologies by acknowledging that each student possesses a unique blend of intelligences and learning preferences. Armed with a profound understanding of their cognitive strengths and learning styles, our B.Ed. students are better prepared to tailor their teaching methods to accommodate the diverse needs of their future students. This heightened self-awareness cultivates empathy and adaptability, enabling our students to establish inclusive and effective learning environments conducive to every student's success.

The insights gleaned from this assessment hold promise not only for enhancing teaching practices but also for elevating the overall quality and inclusivity of education in the communities our graduates will serve.

### **Internship – Semester II**

The Semester 2 Internship marked a significant milestone in the journey of F.Y.B.Ed students at Pillai College as they stepped into the realm of the teaching profession. With the foundation laid by the teaching competency training, students eagerly embraced the opportunity to immerse themselves in real-world classroom experiences.

Initially met with a mix of excitement and nervousness, students quickly acclimated to the school environment, shedding their inhibitions and gaining confidence with each passing day. The internship served as a catalyst for personal and professional growth, providing students with invaluable hands-on experience and insights into the intricacies of teaching.

Continuous guidance and support from mentors played a pivotal role in students' development, helping them navigate challenges and capitalize on learning opportunities. Additionally, the camaraderie and support among classmates fostered a collaborative learning environment, enabling students to lean on each other for guidance and encouragement.

As the internship drew to a close, students expressed profound gratitude for the opportunities and support extended by Pillai College. The experience not only enriched their understanding of the teaching profession but also instilled a sense of purpose and determination to excel in their future endeavours as educators.

The Semester 2 Internship stands as a testament to Pillai College's commitment to providing students with holistic and immersive learning experiences, preparing them to become competent and compassionate educators capable of making a positive impact in the lives of their students.





### **Book Review**



During the second year of college, S.Y.B.Ed. students at Pillai College of Education & Research, New Panvel participated in a Book Review Activity, which proved to be an enriching and engaging experience for all involved. The activity required every student to select a book of their choice and provide a comprehensive review, fostering a culture of reading, interpretation, and communication within the college community.

This initiative served as a catalyst for promoting literacy and critical thinking skills among students. Even those who were not avid readers were encouraged to delve into literary works, thereby expanding their horizons and honing their analytical abilities. By reading and reviewing books across various genres and subjects, students were able to explore diverse perspectives and themes, broadening their understanding of the world around them.

The Book Review Activity also provided the audience with valuable insights and recommendations about a wide range of qualitative books. Through these reviews, students shared their impressions, critiques, and recommendations, allowing their peers to make informed decisions about their reading choices. This exchange of information and ideas not only enriched the reading experiences of individual students but also fostered a sense of community and camaraderie among readers.



Furthermore, the activity served as a platform for students to practice and enhance their communication skills. Presenting their reviews to an audience encouraged students to articulate their thoughts effectively, improving their public speaking and presentation abilities. Additionally, engaging in discussions about the books facilitated intellectual discourse and collaborative learning, further enhancing the educational experience.

educational experience.

Overall, the Book Review Activity at was a commendable initiative that contributed significantly to the academic and personal growth of students. By fostering a love for reading, encouraging critical thinking, and promoting effective communication, the activity exemplified the college's commitment to holistic education and student development.

## Workshop On Teaching Science Teachers to Make Low-Cost Teaching Aids' by Vigyan Setu Foundation'.

**Training The Teachers**  
**Workshops for Science Teachers**  
**using Low-cost Teaching Aids**

**Highlights:**  
For teachers / trainee teachers  
Concepts from Mechanics, Optics, and Acoustics explained  
Hand-holding to conduct hands-on activities  
Workshop at PCER, Khanda Colony on 17 April 2023

**Takeaways:**  
Complex concepts simplified  
Experiential learning  
Enhanced confidence  
Activity list  
Certificate of Participation

**FREE REGISTRATION**

Organized by  
**Vigyan Setu Foundation®**  
*Bridging Science and Society*

In association with  
Mahatma Education Society's  
Pillai College of Education and Research

Catalyzed and supported by  
National Council for Science & Technology Communication (NCSTC),  
Department of Science & Technology (DST), Government of India

Registration link for participation:  
<https://forms.gle/tstnBi2kEsBz1sv8>  
Last date for registration is 14 April 2023

For any queries, E-mail: [vlgyansetu.foundation@gmail.com](mailto:vlgyansetu.foundation@gmail.com) or Call: 9322264173  
COVID-19 protocol to be strictly followed

A stimulating workshop on 'Teaching Science Teachers to Make Low-Cost Teaching Aids' was organized by the Vigyan Setu Foundation at the Lecture Hall on April 17th, 2023. The workshop aimed to equip aspiring science educators with innovative methods and resources to enhance their teaching practices while minimizing costs. The workshop featured esteemed guest speakers, Dr. Lalit Sharma and Dr. Meena Sharma, who provided valuable insights and guidance throughout the session. Attendees were oriented about the Foundation's contributions to societal betterment through engaging activities and tasks. Dr. Meena Sharma delved into various topics within the science curriculum and demonstrated how to integrate activities effectively into teaching.

Participants were provided with low-cost materials to conduct the activities, highlighting the Foundation's commitment to accessible education. Through engaging experiments and interactive sessions, attendees were immersed in learning scientific concepts in a fun and practical manner, reaffirming the notion that science is indeed an interesting subject.

Dr. Meena Sharma and Dr. Lalit Sharma offered continuous guidance and support, ensuring that participants understood the instructions and concepts thoroughly. Dr. Lalit Sharma also captured the memorable moments of the workshop, preserving the essence of the learning experience.

The workshop concluded with expressions of gratitude from the participants, who shared their newfound appreciation for science and its practical applications. Each attendee left the workshop with valuable insights and a renewed enthusiasm for teaching science.

The workshop organized by the Vigyan Setu Foundation served as a testament to the power of innovative teaching methods and collaborative learning experiences. It provided participants

with practical tools and strategies to make science education accessible, engaging, and impactful.



### **CTET Webinar**



The CTET webinar, organized by Dr. Swasti Dhar, provided invaluable insights and guidance for aspiring candidates preparing for the CTET July 2023 examination. Commencing promptly at 4:30 p.m. on 1st May, 2023, the webinar served as a comprehensive introduction to the CTET exam and its paper pattern.

CTET, or the Central Teacher Eligibility Test, stands as a pivotal examination, testing the eligibility of candidates aspiring to become Primary Teachers (Classes 1 - 5) and Elementary Teachers (Classes 6 - 8). Dr. Swasti Dhar adeptly navigated through the eligibility criteria, syllabus, exam pattern, and other essential details, illuminating the path for prospective test-takers. Of particular significance was the announcement that the CTET exam for 2023 would be conducted in July - August 2023, adopting a Computer Based Test (CBT) format. Dr. Dhar underscored the importance of the exam, emphasizing its role in facilitating eligibility for recruitment as Primary or Elementary teachers in centralized schools such as KVS and NVS.

Attendees were not only treated to a wealth of information but also received a promotional code valid until 5th May 2023, offering a unique opportunity to avail special benefits for the exam preparation course. The interactive nature of the webinar ensured active engagement, fostering a conducive environment for learning and discussion.

As the webinar drew to a close at 5:30 p.m., Dr. Swasti Dhar extended the learning journey by creating a dedicated WhatsApp group. This platform would serve as a hub for further communication and dissemination of course-related updates, enhancing the learning experience beyond the confines of the webinar.

In summary, the CTET webinar proved to be a valuable resource for individuals aspiring to excel in the teaching profession. Dr. Swasti Dhar's expertise and guidance, coupled with the interactive nature of the session, left attendees feeling informed, motivated, and well-equipped to embark on their CTET preparation journey.

**Counselling For Adolescent Issues by Ms Yvette Lee**

In a bid to equip student-teachers with the tools to address adolescent challenges effectively, PCER Counsellor Ms. Yvette Lee orchestrated a transformative webinar on April 3rd and 8th, 2023. With a focus on adolescent counselling, the sessions delved deep into understanding the intricacies of adolescent issues and the role of educators in providing support. Ms. Yvette Lee's expertise shone through as she elucidated the meaning and diverse approaches of counselling. Student-teachers were captivated by her insights, eager to grasp how they could enhance their students' well-being through empathetic guidance and support. The interactive nature of the webinar fostered a conducive learning environment, encouraging active participation and engagement.

Central to Ms. Lee's discourse was the notion of counselling as a holistic process, encompassing the intricate interplay between thoughts, feelings, and behavior. By elucidating this interconnectedness, she empowered student-teachers to adopt a nuanced approach in addressing adolescent concerns, thereby fostering emotional resilience and well-being.

The webinar served as a catalyst for self-reflection and growth, empowering student-teachers to recognize their pivotal role as both educators and counsellors. Armed with a deeper understanding of adolescent psychology and counselling techniques, they emerged with renewed confidence and a sense of purpose in supporting their students through various challenges. The webinar ended with an interactive question answer session and vote of thanks by Assistant Professor Ms. Manju Vinish.

Ms. Yvette Lee's webinar on adolescent counselling was a resounding success, marking a significant milestone in the professional development of student-teachers. It underscored the importance of nurturing not just academic prowess but also emotional intelligence, ensuring a holistic approach to education that caters to the diverse needs of today's youth.

"In the journey of education, empathy and understanding are the cornerstones that pave the way for meaningful connections and transformative growth."

"Moments of Insight: Ms. Yvette Lee's Counseling Webinar"

Pillai College of Education and Research, New Panvel  
Invites you for a webinar on

**Counselling for Adolescent Issues**

By  
Ms. Yvette Lee  
(Counsellor, Therapist & Social Worker)

3rd April 2023 3.00 pm to 4.30 pm

Pillai College of Education & Research, New Panvel  
Invites you for a webinar on

**Approaches of Counselling & Counselling for Adolescent Issues**



**Role of Therapist**  
Role of the therapist is to DISPUTE these IRRATIONAL BELIEFS (D)

**RATIONAL EMOTIVE BEHAVIOR THERAPY**

```
graph LR
    A[ACTIVATING EVENT] --> B[BELIEFS]
    B --> C[EMOTIONAL CONSEQUENCES]
    D[DISPUTING IRRATIONAL BELIEFS] --> E[EXPECTED NEW BEHAVIORS]
    B <--> D
```

SOURCE: ALBERT ELLIS, Ph.D.

**ABC Model**

**A** Activating Event  
*Situation, another person, an thought...*

**B** Beliefs  
*Specific or generalized, One of you, others, things, situations...*

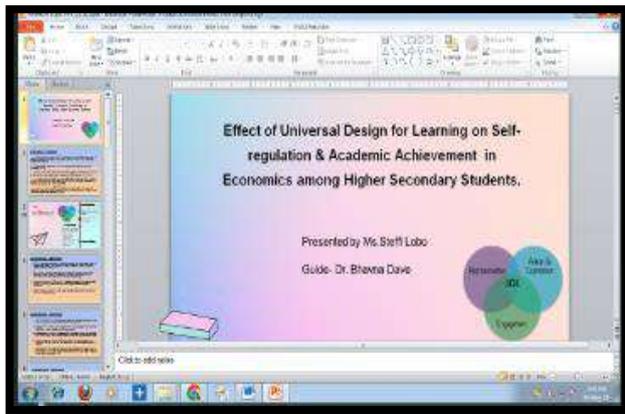
**C** Consequences  
*Our thoughts, emotions & behaviors!*

www. ....

## **Teaching Learning Activities for M. Ed**

### **Student Presentations**

The M.Ed. program at PCER, New Panvel has facilitated a profound exploration of educational theory through student presentations, providing a comprehensive understanding of the foundational principles that shape modern education. Covering a diverse array of topics ranging from behaviourism to motivation theories, these presentations have delved into the theoretical frameworks that inform teaching and learning practices. Each presentation followed a structured format, comprising theory introduction, theoretical framework analysis, practical applications, illustrative examples, and critical reflection.



These sessions have not only promoted scholarly engagement but also facilitated valuable discussions among peers, enriching the collective knowledge of the M.Ed. community. Furthermore, the interactive and collaborative nature of these presentations, conducted in groups, has added depth and diversity to the discussions, allowing for a broader exploration of each theory's facets and applications.

The supportive environment provided by both peer and teacher educators has encouraged constructive feedback and critical reflection, fostering a culture of continuous improvement among student presenters. This collaborative and reflective process exemplifies the holistic approach to learning and professional development within the M.Ed. program.

As students' progress in their educational journey, the insights gained from these theory-focused presentations will undoubtedly inform their future teaching practices and contribute to the ongoing evolution of education.



### **Research Colloquium**

The Research Colloquium provides a platform for individuals to share their research, receive feedback, engage in intellectual discussions, and foster collaborative relationships within their respective fields of study or expertise.

Throughout the Research Colloquium, students were trained in formulating their research topics, conducting literature reviews, writing research proposals, and presenting their research papers. Each phase of the colloquium contributed significantly to the students' research skills and scholarly development.

During the Review of Literature segment, students gained insights into recent developments and trends across various academic fields, emphasizing the importance of interdisciplinary research, technology integration, and sustainability. The process of formulating research topics allowed students to align their academic interests with broader societal issues and academic goals, culminating in carefully selected research topics poised to make substantial contributions to their fields.

Writing research proposals proved to be an invaluable experience, guiding students in formulating research problems, conducting literature reviews, and crafting clear research objectives and hypotheses. The collaborative nature of the sessions, coupled with peer feedback and mentorship, enriched the quality of the proposals and underscored the importance of collective wisdom in the research process.

Presenting research papers during the colloquium provided students with a platform to communicate their findings, receive constructive feedback, and contribute to the collective knowledge of the academic community. Each presentation represented the culmination of dedicated research and scholarly inquiry, inspiring new research questions and fostering a culture of continuous learning and inquiry.



The Research Colloquium serves as a testament to the institution's commitment to fostering research excellence and scholarly discourse, equipping students with the knowledge, skills, and confidence to make meaningful contributions to their respective fields of study.

## **Community Engagement**

### **Navjeevan Center- Nerul**

For the past 25 years, Navjeevan Centre has been a cornerstone of support for underprivileged women and children in the community. As part of a community service initiative, a group of dedicated students had the privilege of contributing to Navjeevan's mission of empowerment. The students actively participated in various activities and programs at Navjeevan Centre. Their involvement ranged from mentoring and tutoring to organizing community events and celebrations. Guided by the centre's vision of empowerment, these students embraced their roles with enthusiasm and dedication.



Students provided academic support and mentorship to their peers, helping them navigate educational challenges and build confidence in their abilities. Through active participation in community events and celebrations, students fostered a sense of belonging and unity among Navjeevan's beneficiaries. Students also facilitated workshops and activities aimed at developing practical skills and promoting personal growth among the centre's residents. Students raised awareness about important social issues and advocated for the rights of marginalized women and children, amplifying their voices within the community.

The impact of students' contributions at Navjeevan Centre has been profound, both for the beneficiaries and for the students themselves. Through their collective efforts, they have helped empower individuals, build resilience, and foster a sense of community. Reflecting on their experiences, students expressed gratitude for the opportunity to make a meaningful difference in the lives of others. They noted personal growth, increased empathy, and a deeper understanding of social issues as some of the invaluable lessons learned through their involvement in community service. The efforts of these students at Navjeevan Centre exemplify the spirit of compassion, empathy, and solidarity that defines our community. Moving forward, let us continue to support and uplift those in need, working together to create a more inclusive and equitable society.





### **Jeevan Jyothi's Charitable Trust**

Community service plays a vital role in shaping the education of aspiring teachers, instilling in them a sense of moral obligation towards social reconstruction. Jeevan Jyothi's Charitable Trust, situated in Panvel, Maharashtra, serves as a beacon of hope for the local community, focusing on addressing issues such as poverty, illiteracy, and public health.



Throughout the duration of their involvement, students demonstrated a profound commitment to making a positive impact on the lives of others. They recognized the diverse learning styles of the children and tailored their teaching methods accordingly, utilizing concrete materials, pictures, and charts to facilitate understanding through multiple senses. This approach not only enhanced the learning experience but also fostered a sense of trust and curiosity among the students.

Reflections from the students underscored the importance of patience and adaptability when working with children, emphasizing the need to create a relaxed and enjoyable atmosphere conducive to learning. They aptly recognized the significance of providing persistent guidance to uplift students from disadvantaged backgrounds, highlighting the transformative potential of education in shaping their future. The experiences shared by students highlighted the joy and fulfilment derived from engaging with young learners. Their dedication to imparting fundamental skills such as writing, drawing, and numeracy reflected a genuine commitment to nurturing the intellectual and creative development of the students. Similarly, the enthusiasm expressed by students in assisting with cultural activities such as the Christmas Day celebration underscored the holistic approach to community service adopted at Jeevan Jyothi's Charitable Trust. Beyond academic support, students actively engaged in organizing and participating in cultural events, fostering a sense of community and belonging among the beneficiaries.

In conclusion, the collective contributions of students at Jeevan Jyothi's Charitable Trust exemplify the transformative power of education and community engagement. Through their dedication, adaptability, and compassion, these students have not only enriched the lives of others but have also gained invaluable insights and experiences that will shape their future endeavours in education and beyond.



**Nirmal Jeevan Charitable Trust, Kalamboli**

The Nirmal Jeevan Charitable Trust operates the Kal Ki Chhaya project in Sec 4, Kalamboli, Navi Mumbai, with another center in Kamothe. The initiative aims to uplift underprivileged individuals, particularly children and women, in urban areas. The center accommodates around 30-35 children daily, providing educational support and other activities.

During the ten-day community work project from 09/11/22 to 09/11/22, the focus was on providing educational assistance and organizing enriching activities for the children. Sister Paulina introduced the vision and mission of the charitable trust, emphasizing its commitment to improving the lives of marginalized individuals. Daily sessions commenced at 11:00 AM, with various educational activities and interactive sessions conducted by volunteers. The children displayed enthusiasm and eagerness to learn, actively participating in the classes and engaging with the



provided resources. Additionally, the centre ensured the well-being of the children by offering daily lunches and organizing activity-based learning programs such as art and craft, drawing, singing, dancing, games, and yoga. These initiatives aimed to provide holistic development opportunities for the children, fostering their creativity, physical health, and social skills.



The community work experience at Kal Ki Chhaya was enriching and impactful, providing volunteers with a deeper understanding of the challenges faced by underprivileged communities and the importance of education and support in overcoming them. The dedication and commitment of the volunteers, under the supervision of Incharge Isha Dhody Mam,

contributed to the success of the project and the positive impact on the lives of the children.

Overall, the Nirmal Jeevan Charitable Trust's Kal Ki Chhaya project exemplifies the transformative power of community engagement and highlights the importance of collective efforts in creating a brighter future for marginalized individuals.



### **NJCT's Kal Ki Chhaya, Kamothe**

The Nirmal Jeevan Charitable Trust's Kal Ki Chaaya initiative is a well-organized effort aimed at providing educational opportunities for underprivileged children. The organization's primary goal is to inspire and cultivate a passion for learning, thereby paving the way for a brighter future and fostering innovations that enhance the quality of primary education. Numerous individuals have contributed to the success of the Kal Ki Chaaya project, each bringing their unique skills and dedication to the table. Through their collective efforts, they have made a significant impact on the lives of the children they serve.

The student's involvement has been marked by a commitment to fostering a nurturing learning environment and providing support to the children in their educational journey. Volunteers have demonstrated patience, empathy, and a genuine desire to make a positive difference in the community. The supportive environment provided by Kal Ki Chaaya has allowed volunteers to develop valuable skills and gain insights into the challenges faced by underprivileged communities. Through their dedication to the cause, they have not only contributed to the education of underprivileged children but have also experienced personal growth and fulfilment.

In conclusion, the Kal Ki Chaaya project serves as a shining example of the transformative power of community engagement and education. Through their collective efforts, volunteers have made a lasting impact on the lives of the children they serve, empowering them to pursue a better future filled with opportunities





## Clubs And Its Activities

### Nature Club

#### Composition

Principal	Dr. Sally Enos
Teacher in-charge	Dr. Geeta Thakur Mrs. Bhanu Yadav
Student council member	Ms. Divya Samota
Student Representatives	Ms. Haifa Khan Ms. Rutuja Patil

#### Composting Activity



Pillai College of Education and Research took a significant step towards promoting environmental awareness by organizing a Composting Activity. The primary objective of this initiative was to educate students about the importance of composting and its numerous benefits, aligning with the institution's commitment to sustainable practices. The activity was initiated by the members of the Nature Club, who emphasized the significance of composting as nature's method of recycling food and other organic wastes into valuable material that enhances soil fertility and aids in plant growth. This is an on-going activity which aims to instil an understanding of the ecological importance of composting among the students.

Students are actively involved in the process and are asked to bring decomposable organic wastes such as kitchen scraps, garden residues, and other biodegradable materials. A designated compost pit is created to facilitate the collection of these organic wastes. This pit serves as a practical and visible demonstration of the composting process. To ensure accountability and track student participation, a list is maintained to keep a check on the number of students contributing organic wastes. This documentation not only facilitates the organization of the activity but also allows for the recognition of individual efforts. The Composting Activity is an

ongoing initiative, encouraging students to bring organic wastes on a daily basis. This sustained effort reflects the college's commitment to instil responsible environmental practices in its student community. By integrating composting into the daily routine of the students, the college aims to create a long-lasting impact on their awareness and behaviour towards waste management.

The Composting Activity at Pillai College of Education and Research serves as a commendable example of how educational institutions can actively contribute to environmental conservation by engaging students in hands-on, eco-friendly initiatives. Through such endeavours, the college is fostering a sense of responsibility and instilling sustainable habits in its student body, contributing to a greener and more environmentally conscious future.

## **Benefits of Composting**

 **Nutrient- Rich Soil**  
Nitrogen, Phosphorus and Potassium in compost is beneficial for plants

 **Reduces Waste**  
Organic waste makes up 25-50% of what people throw away!

 **Lowers Methane Emissions**  
Organic waste can overcrowd landfills and breaks down into methane gas

## **What can you compost?**

  
**DRIED FLOWERS**

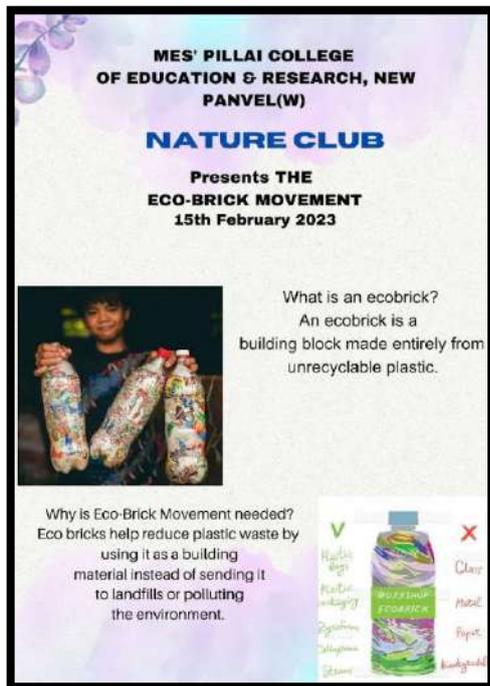
## **Your Contribution**

Kindly start bringing the below mentioned the materials to put in the composting pit.

**We want to have a positive impact on the planet**



### Eco-Brick Activity



The Eco-brick Initiative, under the leadership of the Principal, Dr. Sally Enos and dedicated educators, has emerged as a pioneering effort to address plastic waste management while promoting sustainability within the educational community. The initiative centres around the creation of eco-bricks, innovative building blocks made entirely from unrecyclable plastic.

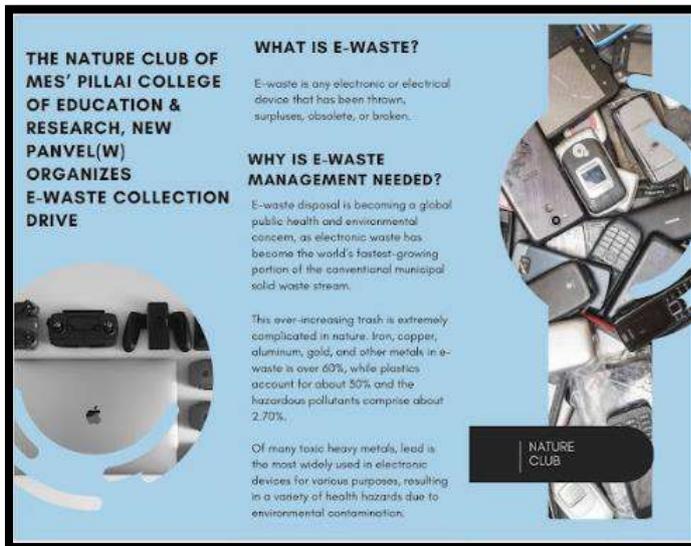
Participants were introduced to the eco-brick concept through informative brochures and video tutorials, providing step-by-step guidance on the creation process. With an initial target of producing 20 eco-bricks by the end of January, the project surpassed

expectations, yielding approximately 44 eco-bricks in just two months. This remarkable achievement underscores the enthusiastic involvement and commitment of individuals toward environmental conservation. The initiative reached its culmination with the construction of a wooden stool using eco-bricks, showcasing the practical applications of this eco-friendly building material in sustainable construction practices. The creation of the stool stands as a tangible representation of the creativity and dedication exhibited by the participants throughout the initiative.

Beyond its immediate environmental benefits in reducing plastic waste, the Eco-brick Initiative serves as a catalyst for community engagement and collective action toward sustainability. By actively involving members of the educational community, the initiative fosters a sense of environmental responsibility and promotes awareness about the importance of waste management. The success of the Eco-brick Initiative exemplifies the transformative potential of simple yet innovative solutions in addressing pressing environmental challenges.



## E-Waste Collection Drive: Promoting Environmental Responsibility



On the 25th of March 2023, Pillai College of Education and Research (PCER), New Panvel, took a significant step towards environmental sustainability with an E-waste Collection Drive. Spearheaded by the Principal and teachers, this initiative aimed to raise awareness about responsible E-waste disposal among the students.

The response from the students was overwhelming, with numerous electronic items ranging from cameras and laptops to chargers and power banks being submitted for recycling. In total, an impressive 235 kilograms of E-waste materials were collected and handed over to the Thane Mahanagarpalika.

The success of the drive not only reflects the commitment of the PCER community towards environmental conservation but also earned the college well-deserved recognition. The Thane Mahanagarpalika awarded PCER with an appreciation certificate and letter, acknowledging their contribution to sustainable waste management.

This initiative underscores PCER's dedication to fostering eco-consciousness and responsible citizenship among its students, setting a commendable example for educational institutions everywhere. Through collective action and environmental stewardship, PCER continues to make meaningful strides towards a greener, more sustainable future.





Shot on OnePlus  
By KEEF (Panvel)



MES  
LAI COLLEGE OF  
Education & Research, Panvel  
-Waste Collection

GPS Map Camera



नवी मुंबई, महाराष्ट्र, India

HEART CARE CLINIC, UPTOWN AVENUE, ओल्ड पनवेल, पनवेल,

नवी मुंबई, महाराष्ट्र 410206, India

Lat 18.996334°

Long 73.104551°

24/03/23 11:16 AM GMT +05:30

**Well Being Club  
Composition**

Principal	Dr. Sally Enos
Teacher in-charge	Mrs. Isha Dhody
Student council member	Ms. Priya Menon
Student Representatives	Ms. Shilpa Ulvekar
	Ms. Zainab Sayyed

**Webinar on Practicing Well Being @ School**

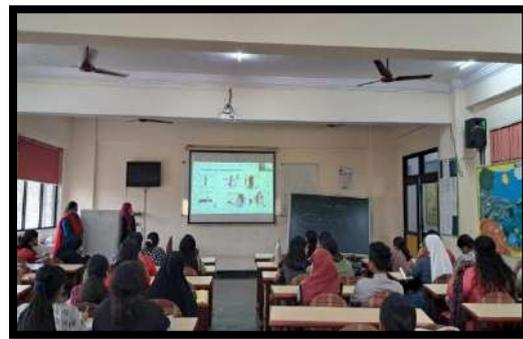
The Well Being Club organized an online webinar for the B.Ed. students due to the inability to attend the original session conducted by the MIT School of Education and Research, MIT ADT University, Pune, on 12<sup>th</sup> January, 2023. The webinar aimed to address the importance of well-being in schools, particularly focusing on the needs of learners in a classroom setting.

Debarati Basak, a distinguished speaker holding a Master's degree in psychology and counselling from the USA, was the guest speaker. She shared valuable insights on practices contributing to students' overall well-being. Basak's introduction set the stage for the webinar, outlining key topics. Stressing the importance of recognizing learners' needs, she addressed the impact of online classes during the COVID-19 pandemic and proposed strategies to mitigate negative effects.

The discussion extended to the teacher's role, emphasizing essential skills like counselling, awareness, and acceptance for creating a supportive learning environment. Significantly, a substantial part of the webinar was dedicated to addressing mental health issues in students. Basak offered practical insights and methods for analysis, contributing to a comprehensive understanding for educators.

The webinar concluded successfully, providing participants with valuable information and tools to enhance student well-being. Despite being a recorded session, it fostered interactive discussions, where classmates took beneficial notes, and most doubts were effectively addressed, resulting in a positive and enriching experience. The Well Being Club's initiative to share the recorded webinar proved invaluable, resonating well with participants. Debarati Basak's content highlighted the importance of addressing mental health and well-being in

educational settings. The session's success encourages further exploration and discussions on similar topics to foster a holistic approach to education.



### **Chit Appreciation Activity**

The Well-Being Club at MES Panvel organized "The Chit Appreciation Activity" in February, aiming to cultivate a positive and friendly class environment. Coordinated by S. Zainab on 2<sup>nd</sup> and 8<sup>th</sup> February, 2023, the initiative had multiple objectives: creating positivity, fostering interaction, eliminating groupism, promoting joy, building memorable experiences, boosting confidence, and enhancing observation skills.

During the activity, participants received empty chits and were instructed to write appreciative messages about fellow students. The chits were later collected and distributed, allowing students to read and appreciate the positive feedback. While sharing with the class was optional, the primary goal was for individuals to experience a boost in self-esteem. The execution of the activity witnessed enthusiastic participation, with classmates expressing appreciation for each other through written chits. The inclusive approach ensured all students were involved, contributing to an atmosphere of anticipation and positivity.

The outcomes were positive, as "The Chit Appreciation Activity" successfully spread smiles and happiness among participants, fostering increased confidence and improved interaction among classmates. Positive feedback from participants indicated a desire for more such activities in the future. In conclusion, the Well-Being Club achieved its objectives, creating a harmonious and friendly class environment through "The Chit Appreciation Activity." The success of this event has set the stage for future initiatives, emphasizing the club's commitment to enhancing the overall well-being and camaraderie among students.



**Global Citizenship Club**

**Composition**

Principal	Dr. Sally Enos
Teacher in-charge	Dr. Saramma Mathew
Student council member	Ms. Ruchita Kadu
Student Representatives	Ms. Manju Nair
	Ms. Sharada Gujar

**Joy Of Giving Event**

Our lives are fulfilling when we give and share, and that great inner joy comes from helping others to better their lives. Following this mantra, a jumble sale was organized by Soroptimist International Bombay Chembur (SIBC) from 6<sup>th</sup> to 8<sup>th</sup> October, inviting the community to bring in useful, unused, or gently used items such as clothes, school bags, kitchen utensils, casseroles, etc., of utility value for the use of the underprivileged section of our society. The students were encouraged to collect these items from their households, neighbours, friends, and family members. All the goods brought in by our college students and also from the extended community were put on sale in an exhibition organized at the Mahatma Education Society's New Panvel campus. These goods were sold at a price range of Rs. 10-100 with the intention to provide an opportunity for economically less privileged people to purchase useful goods and also to instil a sense of pride in ownership.

The money collected from this sale was further utilized for the benefit of the underprivileged group. The students of Pillai College of Education and Research are always imbued with the value that giving is far more valuable than receiving. Our students responded wholeheartedly to this wonderful initiative and packed their items in a very presentable manner to be further donated during the exhibition. In conclusion, the jumble sale organized by Soroptimist International Bombay Chembur (SIBC) from 6<sup>th</sup> to 8<sup>th</sup> October served as a testament to the power of community and compassion. Through the collective effort of our college students and the extended community, valuable items were collected and made available to the underprivileged at affordable prices. This initiative not only provided essential goods to those in need but also fostered a sense of dignity and pride in ownership. Moreover, the proceeds from the sale were reinvested back into the community, further amplifying the impact of this altruistic endeavor.

### **Investor Awareness Program**

An enlightening session on investor awareness was conducted on April 26th, 2023, by Mili Paul Ma'am from CDSL, a leading depository service provider in India. The webinar aimed to equip students with fundamental knowledge about investment planning, deposits, passive income, stocks, mutual funds, and gold investments. As finance-related information often remains inaccessible to many until they encounter it during their academic journey, this session served as a valuable opportunity for students to gain insights into safe investment practices and financial literacy. Mili Paul Ma'am's expertise and guidance provided a solid foundation for students to navigate the intricacies of investment, empowering them to make informed financial decisions for their future.

The interactive nature of the webinar allowed students to actively engage with the material, asking questions and seeking clarification on various investment concepts. Mili Paul Ma'am's comprehensive explanations and real-world examples resonated with the participants, demystifying complex financial topics and instilling confidence in their understanding. Moreover, the session fostered a sense of responsibility among students towards their financial well-being, encouraging them to adopt prudent investment strategies and cultivate a habit of financial planning from an early stage. Overall, the investor awareness program proved to be an invaluable resource for students, equipping them with the knowledge and tools necessary to navigate the financial landscape with confidence and foresight.



**Literary Club  
Composition**

Principal	Dr. Sally Enos
Teacher in-charge	Mrs. Pradnya Jadhav
Student council member	Ms. Umaima Dhature
Student Representatives	Ms. Sonia Handa
	Ms. Gayatri Roy

**Pronunciation And Synonyms Activity**



On 20<sup>th</sup> February, 2023, the Literary Club successfully executed a planned activity on Pronunciation and Synonyms. The dynamic presentation was conducted collaboratively by Gayatri Roy and Umaima Dhature, F.Y.B.Ed. Students, who set the tone for an engaging session. Umaima initiated proceedings with a welcoming speech, outlining the Literary Club's objectives, setting the stage for an enlightening experience. Gayatri seamlessly transitioned from the welcome address to the main agenda, introducing the first activity on pronunciation. Demonstrating creativity and organization, she categorized words based on their difficulty levels.

The activity not only captivated the participants but also instilled an element of enjoyment, as everyone actively participated in exploring various pronunciation styles. Gayatri's inclusion of sentences and visual aids, such as pictures, proved instrumental in clarifying concepts, making the learning process both entertaining and educational.



The momentum of the session was maintained as Sonia Handa took the stage to introduce the second activity, focusing on synonyms. Sonia's careful selection of words from textbooks, coupled with her eloquent explanations and beautiful usage in sentences, contributed to an interesting and interactive learning experience.

The students were not only enriched with vocabulary but were also informed about upcoming activities, fostering a sense of anticipation and excitement. The activity concluded successfully leaving the participants with valuable insights and a heightened enthusiasm for future Literary Club engagements.

## **Co-Curricular Activities**

### **Composition**

Principal	Dr. Sally Enos
Teacher in-charge	Ms. Shruti Nair
Student council member	Ms. Ruchita Kadu
Student Representatives	Ms. Snehalata Aanand
	Ms. Vigisha Bhatnagar

### **Empowering Voices Through Street Plays**

In a powerful display of creativity and social consciousness, the student-teachers of Pillai College took to the streets to raise awareness on the pressing issue of gender bias. Over three days - the 2nd, 3rd, and 30th of January 2023 - these budding educators captivated audiences with their thought-provoking street plays.

Inspired by the talents of their seniors, the student-teachers poured their hearts into crafting impactful performances that addressed various aspects of gender bias. From meticulously designed props to emotionally charged scripts enriched with poetry, dance, and music, each street play served as a rallying cry against injustice. Clad in vibrant attire and fuelled by passion, the students delivered compelling portrayals that resonated deeply with onlookers. Through their art, they shed light on the myriad challenges faced by different genders, challenging societal norms and advocating for equality.

Beyond the creative expression, the street plays provided a platform for collaboration and camaraderie among the student-teachers. Working closely together, they forged bonds and shared insights, enriching their collective learning experience. The performances garnered praise from faculty members, who applauded the students for their courage and conviction. More importantly, the street plays instilled a newfound sense of confidence and empowerment in the participants, reaffirming their belief in the power of art to drive positive change.

As pillars of education, these student-teachers demonstrated their commitment to fostering a more inclusive and equitable society, one street play at a time. Through their impassioned performances, they not only entertained but also inspired, leaving a lasting impact on all who witnessed their compelling narratives.

*"Unveiling Social Narratives: Street Plays in Action"*



### **Pcer Shines at Rainbow Intercollegiate Cultural Competition**

On the 11th of February 2023, Pillai College of Education and Research (PCER) added another feather to its cap as students showcased their talents and creativity at the RAINBOW Intercollegiate Cultural Competition hosted by S.K College.

In the lead-up to the event, students invested countless hours in practice and preparation, determined to make their mark on the cultural stage. The competition featured two categories: Dance and Poster Making, and the participants from PCER left an indelible impression in both.

With unwavering passion and enthusiasm, the dance team delivered a mesmerizing performance, showcasing a fusion of various Indian cultural dances. Their synchronization, energy, and artistic flair caught the attention of the audience and judges alike, earning them a well-deserved 2nd place in the dance competition. Meanwhile, the poster-making team poured their creativity onto the canvas, producing visually stunning artworks that conveyed powerful messages. While they may not have clinched the top spot, their participation was acknowledged with a certificate, recognizing their efforts and contribution to the event.

Overall, it was a proud day for PCER as the college's talent and spirit shone brightly at the RAINBOW competition. The dedication and commitment of the students reflected the ethos of the institution, highlighting PCER's commitment to fostering holistic development and excellence among its students.

As PCER continues to nurture and empower its students, events like RAINBOW serve as invaluable platforms for showcasing their talents, building confidence, and fostering camaraderie. The college looks forward to more such opportunities to represent and excel on both local and global stages.



"Capturing Moments of Talent and Passion!"



## **Creative Bulletin Board Making Workshop at PCER: A Blend of Artistry and Education**

The Bulletin Board Making Workshop held at PCER, New Panvel, on May 18<sup>th</sup>, 2023, proved to be a transformative experience for the student-teachers. It was Led by Reshma Sudhir Nair an esteemed pre-primary teacher and PCER alumna, the workshop aimed to imbue students with the skills to create visually appealing and informative bulletin boards.

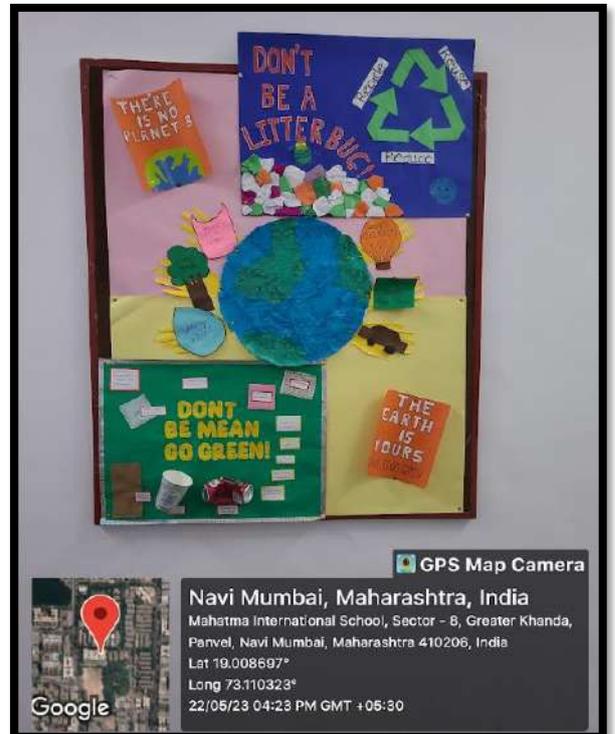
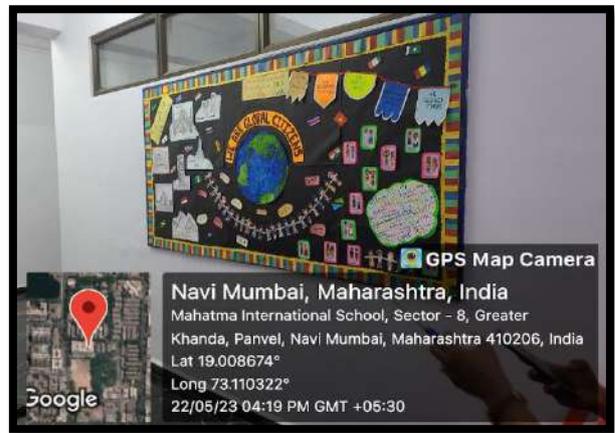
During the workshop on May 18<sup>th</sup>, Reshma Ma'am showcased a myriad of her own creative bulletin boards, emphasizing the importance of capturing attention while effectively conveying information. Students learned techniques to design interactive boards that engage viewers and communicate concepts clearly. Reshma Ma'am's guidance inspired participants to infuse their creativity into their work.

On May 22<sup>nd</sup>, students had the opportunity to apply their newfound knowledge as they worked in club-wise groups to develop their own bulletin boards. The students collaborated to conceptualize, design, and execute bulletin boards that reflected their creativity and understanding.

The workshop not only honed students' artistic skills but also underscored the significance of visually stimulating learning environments. By combining artistry with education, the Bulletin Board Making Workshop empowered student-teachers to create dynamic classroom displays that foster engagement and enhance learning experiences. Overall, it was a resounding success, leaving a lasting impact on participants and enriching the educational landscape at PCER.



*“Crafted with Creativity, Displayed with Purpose: Explore Our Vibrant Bulletin Boards!”*



**Library Committee  
Composition**

Principal	Dr. Sally Enos
Teacher in-charge	Ms. Monisha Ambade
Student council member	Ms. Umaima Dhature
Student Representatives	Ms. Niyati Takle
	Ms. Rutuja Lad
	Ms. Yukta Singh

**Celebrating 210 Years of Pride and Prejudice**

The Library Committee organized a captivating celebration on 20th February, 2023, commemorating the 210th anniversary of Jane Austen's renowned novel, *Pride and Prejudice*. Led by Umaima Dhature, Niyati Takle, and Rutuja Lad, the event unfolded in the college Lecture Hall from 3:30 p.m. to 4 p.m. The primary focus of the activity was to delve into the timeless themes of *Pride and Prejudice* and extract valuable insights for teachers.

The activity commenced with a warm welcome speech by Niyati and Rutuja, setting the stage for the exploration of *Pride and Prejudice*'s rich literary landscape. Umaima continued the momentum with an insightful introduction to the novel, while Rutuja and Niyati provided a comprehensive analysis of its various characters. The discussion broadened to encompass crucial themes such as patriarchy, women's roles, and property rights, offering the audience a deeper understanding of the societal nuances depicted in the novel. The interactive nature of the session facilitated an open dialogue, making it an enjoyable and enlightening experience for the participants.

The event concluded with Umaima expressing gratitude through a vote of thanks, and Ms. Monisha Ambade Mam commended the students for their active participation. The celebration of *Pride and Prejudice*'s 210<sup>th</sup> anniversary proved to be an astounding success, not only as a tribute to a literary masterpiece but also as a platform for meaningful discussions and shared insights among the participants.



## **Cells And Its Activities**

### **Placement Cell Report**

#### **Composition**

Principal	Dr. Sally Enos
Teacher in-charge	Dr. Geeta S. Thakur
Student council member	Nirmit Dhuri
Student representative	Satnam Singh Randhawa

*(Academic Year 2021-23)*

The placement cell of PCER generally starts the placement process of the second year B.Ed. and M.Ed. students in the middle of their Semester 4 schedule. A week long VACC on “Interview Etiquettes” was held ahead of the placement drives. The course was conducted to help students make their Résumé and prepare them to confidently face interviews. The course was conducted online from 16<sup>th</sup> February 2023.

The following schools started with the on campus as well as off campus screening of the students followed by demonstration lessons. 80% of student teachers participated in the placement drives.

1. Vishwajyot High School, Kharghar
2. Empyrean School, Kharghar
3. Indo-Scotts Global School, Kamothe
4. Dr. Pillai Global Academy, New Panvel
5. Mahatma International School, New Panvel
6. MNR school of Excellence, Kamothe
7. St. Joseph’s High School, New Panvel
8. Radcliffe Group of Schools, Kharghar
9. KPC Junior College of Science and Commerce, Kharghar
10. Shree Balaji International school, Roadpali
11. Podar International School, Nerul
12. New Horizon School, New Panvel

In addition to the placement drives, the Placement cell manages two WhatsApp group dedicated to dissemination of placement related information. The students who do not get placed through

the placement drives are encouraged to utilize the information for their benefit. References are provided by the Principal and the teacher educators if required.

74% students from 2021-23 batch of B.Ed. and M.Ed. were placed in various schools and colleges across Navi Mumbai and Mumbai. 14% of the students have applied for higher education. 12% did not join anywhere owing to family priorities.

*Vishwajyot High School, Khargharl*



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**Women Development Cell**

Convener	Dr. Sally Enos
Teacher representatives	Dr. Bhavna Dave
	Dr. Geeta Thakur
Non-teaching staff representative	Ms. Pramila Shivkar
Gender Sensitive NGO member	Mrs. Dolly James
Student Representatives	Ms. Divya Samota
	Ms. Ashrita Prasad

The objectives of the Women Development Cell are multifaceted, aiming to maintain and strengthen the status of women while creating awareness of their inherent potential. This includes fostering social consciousness regarding the myriad issues women face, particularly gender discrimination, and developing their self-confidence. Additionally, it seeks to educate women about relevant welfare laws and assert the importance of equality across various dimensions, including spiritual, economic, social, racial, and gender realms. Moreover, it emphasizes the significance of health, hygiene, and general well-being, organizing seminars and workshops on women's development. The cell is dedicated to preventing sexual harassment and providing a dignified, supportive working and learning environment for female students and staff, encouraging them to explore their full potential. Furthermore, it aims to educate women according to their professional prospects, fostering growth and self-dependence by motivating them to develop entrepreneurial skills.

**Cooperative Learning Strategies for Understanding Gender-Based Legislation:**

Addressing the pressing gender-based challenges in India, particularly the declining number of girls, requires concerted efforts towards their survival, protection, and empowerment. To foster awareness and understanding among students, cooperative learning strategies were employed to delve into key legislative measures such as the Pre-conception and Pre-natal Diagnostic Techniques (Prohibition of Sex Selection) Act 2003 and the Domestic Violence Act 2005 within the course 'Gender, School & Society'. Through collaborative learning, students gained insights into the gravity of these issues and the government's initiatives to tackle them effectively.

Recognizing the critical need to rebalance skewed sex ratios and combat female foeticide and infant mortality rates, students engaged in cooperative learning activities to grasp the

significance of these legislative frameworks. They collectively acknowledged the necessity for a paradigm shift in societal mindsets to ensure a healthy sex ratio and safeguard the rights of girls. Furthermore, students comprehensively explored strategies for combating domestic violence, understanding the pivotal role of proper law enforcement and comprehensive education in fostering a positive attitude towards the girl child. By utilizing cooperative learning methodologies, students not only enhanced their understanding of gender-based legislation but also internalized the importance of proactive participation in addressing these societal challenges. Through collaborative discussions and shared insights, they developed a deeper appreciation for the multifaceted approaches required to promote gender equality and ensure the well-being of girls. Such cooperative strategies not only facilitate learning but also empower students to become active agents of change in fostering a more inclusive and equitable society.

### **International Women's Day**

International Women's Day was celebrated with enthusiasm and fervour at Pillai College of Engineering, New Panvel on 8<sup>th</sup> March, 2023. To acknowledge the achievements of women, the Soroptimist Excellence Award ceremony, was organized by Soroptimist International Bombay, Chembur. The theme of the event was "Embrace Equity." The event aimed to recognize and honor the outstanding contributions of Mrs. Swathi Mukherjee, the managing trustee of Vatsalya Foundation, dedicated to the welfare and holistic development of children in need of care and protection. The program commenced with a warm welcome from Dr. Daphne Pillai, who introduced Mrs. Swathi Mukherjee to the audience. Mrs. Mukherjee's notable background in psychology and social work, coupled with her commitment to education, made her a deserving recipient of the Soroptimist Excellence Award. She shared her inspiring journey, emphasizing the values of passion, observation skills, listening, innovation, training, and empathy, encapsulated in the acronym "POLITE," which guides the foundation's work. Mrs. Mukherjee recounted her challenges in ensuring moral values and quality education for the children under Vatsalya Foundation's care. The session concluded with an interactive Q&A, where attendees engaged with Mrs. Mukherjee, seeking insights into her experiences. The event reached its pinnacle as Namrata ma'am, Dr. Daphne Pillai, and other distinguished guests felicitated Mrs. Swathi Mukherjee with a trophy from the Soroptimist Foundation and a generous donation for Vatsalya Foundation. The ceremony concluded successfully, leaving a lasting impact on everyone present and reinforcing the importance of recognizing and celebrating individuals dedicated to social welfare.

**Anti-Ragging Cell Report  
Composition**

Principal	Dr. Sally Enos
Teacher in-charge	Ms. Bhanu Yadav
Student council member	Ms. Seemran Sahani
Student Representatives	Ms. Moumi Mitra
	Ms. Yukta Singh

Ragging refers to an act that violates the dignity of an individual. Most of the times ragging means playing tricks on somebody. But ragging in today's times has become a menace, a human right violation.

In India, under the guise of welcoming new students into college, the senior students adopt damaging forms of interaction which leads to serious psychological issues. In 2009, University Grants Commission (UGC) has passed the "UGC regulation on curbing the menace of ragging in higher educational institutions, 2009".

Ragging is still considered a serious problem in our institution. We have various means to communicate to students about the seriousness of ragging and our attitude towards ragging. The anti- ragging pledge is displayed prominently in our college and students are required to read it and submit their undertaking. We do not stop at the physical aspects of ragging; we also check for psychological issues arising from student behaviour or teacher behaviour.

We are a teacher-training institute and training students to not only become effective teachers but also a humane and kind individual is also a necessity. Problems of bullying and ragging that they may encounter later as teachers requires us to prepare them today to deal with such situations!

We provide a disciplined and safe environment to our students and keep a continuous watch and vigil both offline and online over ragging to prevent any untoward incident in our college. We have a very active Anti-ragging, Cell.

### **Activities undertaken by the Anti-ragging Cell**

Various activities were conducted throughout the academic session to highlight the purpose of the cell.

**Orientation to ragging as a serious issue:** All our students are introduced to the concept of ragging and anti-ragging. Awareness is created regarding what constitutes as ragging is done through presentation, small video clips, case studies are discussed in the class to highlight our stand on the issue.

**Completion of anti-ragging pledge:** Our students complete the online anti-ragging pledge and submit the same online as well as a hard copy is maintained by the college in our files. It is mandatory activity for all our students. Students of the second year of the college have to renew their pledge.

**Counselling:** Apart from the counselling done by the Principal and the teachers, we also have our in-house counsellor Ms. Yvette Lee who conducts sessions with the students as a group and also on an individual basis. She Conducts sessions on topics like handling stress in professional and personal life, stress due to the course at hand. She is available to the students to discuss matters on a personal level, either face to face or through telephonic conversations and emails.

**Training:** Our students are oriented to deal with school students. As part of their two-year course, they have to complete an internship period of 5 months in various schools and colleges. During this time, they are in direct contact with the students. We train them to detect student behaviour and also how to handle different types of behaviours. They are educated to notice signs among children which may show symptoms of ragging and the proper procedure for handling such issues, if and when they arise. During subject teaching, our students are encouraged to give positive reinforcements as well as positive teaching to the students.

**Yoga sessions:** In order to remove any stress in our lives, Yoga is a very good medium and we give our students an opportunity to participate in Yoga and meditation in our college. We invite experts from the field and as well as in-house teachers conduct Yoga and meditation for our students.

**Self- development modules:** We also conduct self-development activities for our students which teaches them about self-esteem, self-confidence, resilience self-compassion, etc. through various activities which helps students develop a positive self-image of the students.

**Movies and videos:** As per the UGC requirement, our students are given opportunities to watch various movies and videos on ragging and its ill effects. The weblinks are forwarded to the students and later these videos and movies are discussed in class.

**Reflections:**

As so many varieties of activities were conducted by the anti-ragging cell, the entire academic year did not present any incidences of ragging in our institution. But as mentioned earlier, ragging may not always be physically visible but happen at a micro level. This year presented a different set of issues as everything was online due to the pandemic situation. But students were engaged using the available means to sensitize them to the problems and consequences of ragging.

**Grievance Redressal Cell**

Principal	Dr. Sally Enos
Teacher in-charge	Dr. Bhavna Dave
General Secretary (B.Ed.)	Ms. Seemran Sahaani
Student Council Members	Ms. Umaima Dhature
	Ms. Priya Menon
	Ms. Ruchita Kadu
	Ms. Divya Samota

Students were given an orientation to the grievance redressal system. Categories of grievances such as:

- Academic- Teaching of theoretical Courses, class notes, presentations, examinations, research etc.
- Non-academic- Teacher conduct, harassment of any kind, opportunities & exposure, infrastructure, minority, SC/ST/OBC-related issues, women-centric issues.

Students were given information regarding the link for submitting grievances, location of suggestion box for submitting their suggestions/ grievances/ opinions. The mechanism of grievance redressal was explained and the students were introduced to the grievance cell members.

Provision of personal guidance and counselling sessions were taken up whenever required.

A comprehensive evaluation through a student satisfaction survey conducted on July 28, 2023. Both online and offline modes were utilized to gather feedback from students regarding their experiences with teaching and non-teaching staff members. An online survey, facilitated through a Google Form, provided students with the opportunity to express their satisfaction levels. Simultaneously, an offline form was distributed on the college premises, featuring a list of staff members along with assigned numbers, allowing students to conveniently identify and rate their experiences.

The implementation of dual survey methods aimed to ensure inclusivity and accessibility, catering to varying preferences among the student body. By offering both online and offline options, Pillai College of Education and Research sought to maximize participation and gather

a comprehensive understanding of student perspectives. The use of a Google Form for online feedback and an offline form distributed within the college premises facilitated a streamlined data collection process, enhancing the efficiency of the grievance redressal mechanism.

The survey results serve as a vital resource for Pillai College of Education and Research in addressing student grievances effectively. By analysing feedback on teaching and non-teaching staff members' performance and satisfaction levels, the institution can identify areas of improvement and implement targeted interventions. Moreover, the utilization of both online and offline platforms underscores the institution's commitment to ensuring a robust grievance redressal mechanism that prioritizes student voices and fosters a culture of continuous improvement within the academic environment.

***Grievance Redressal Cell Meeting***



## **Extension Activity Report**

### **DLLE First Term Training Program: Empowering Lifelong Learning**

The Department for Lifelong Learning and Extension (DLLE) is committed to nurturing students' growth and fostering good citizenship through a myriad of activities. On August 3, 2023, Vivekanand Education Society's College of Arts, Science & Commerce, Chembur, hosted a dynamic training program under the able leadership of Professor Bhanu Yadav, accompanied by Student Managers Niyati Takle and Umaima Dhature.



The program commenced with an invigorating breakfast, followed by two enlightening sessions: Inauguration and Technical Training. Dr. Kunal D. Jadhav, the Director of DLLE, extended a warm welcome and set the tone for the day's activities. The session delved into the introduction of a user-friendly online portal for submissions and queries, enhancing participants' convenience.

Furthermore, the addition of four new activities in 2023, alongside the existing six, broadened the scope of engagement for DLLE participants. Dr. Shweta Patil and Dr. Sadhna Singh elucidated the details and procedures meticulously, ensuring clarity and comprehension among attendees. The program also emphasized the imperative of participants



dedicating 120 hours of service throughout the year to attain certification. The event concluded with an interactive Q&A session and a delightful photo session, encapsulating the spirit of camaraderie and collaboration. A sumptuous lunch was provided, fostering fellowship and networking opportunities among participants. The program adjourned promptly at 3:00 p.m., leaving attendees invigorated and equipped with newfound knowledge and insights.

This DLLE Training Program exemplified the department's unwavering commitment to empowering lifelong learning and fostering community engagement. As DLLE continues to evolve and innovate, it remains steadfast in its mission to shape responsible and conscientious citizens of tomorrow.

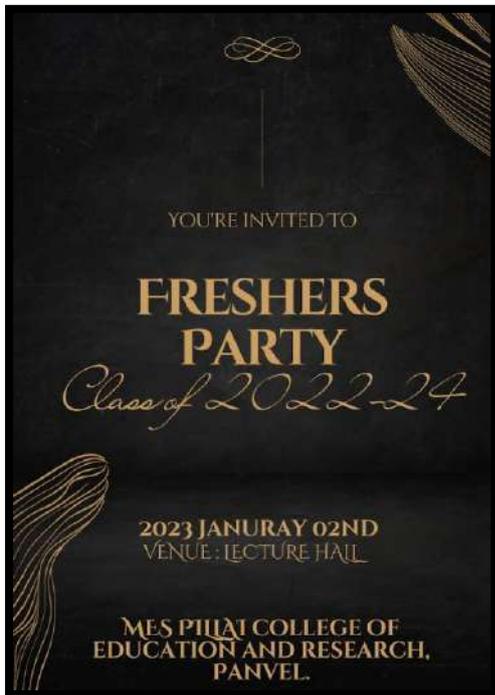
**DLLE first term classroom training**

Ms. Bhanu Yadav, the Teacher-in-Charge of DLLE, conducted a comprehensive classroom training session for DLLE students, with support from Student Managers Niyati Takle and Umaima Dhature. The training aimed to equip students with the necessary skills and knowledge to actively engage in DLLE activities and initiatives. Ms. Bhanu Yadav commenced the session by providing an overview of DLLE's objectives and the importance of community engagement. Throughout the training, various topics were covered, including project planning, communication strategies, and effective teamwork. Niyati Takle and Umaima Dhature facilitated group discussions and interactive activities to enhance student learning and participation. Ms. Bhanu Yadav, Niyati Takle, and Umaima Dhature provided valuable guidance and feedback to students, helping them develop confidence and competence in their roles within DLLE.



## **Events**

### **Fresher's Party**



On the 2nd of January 2023, Pillai College witnessed an event that will linger in the memories of the academic year 2023-24 batch for years to come - the Fresher's Party. As anticipation soared from the time of admission, students eagerly awaited this remarkable celebration, marking their official entry into college life.

Organized with meticulous detail by the Student's Council, the fresher's day was a jubilant affair, brimming with excitement, music, laughter, and camaraderie. Welcomed with boundless enthusiasm, the students were greeted by the dynamic hosts Nikita Panda and Soumya Singh, who set the tone

for an evening of festivities. The event commenced with the ceremonial lighting of the lamp, symbolizing the dispelling of darkness and the ushering in of blessings and prosperity, invoking the divine blessings of goddess Saraswati upon the gathering.

Structured around three enthralling categories - Dances, Songs, and Games - the evening unfolded with a captivating fusion of tradition and modernity in dance performances, followed by soulful renditions in both solo and group singing competitions. The audience was spellbound by the sheer talent and melodious voices showcased by the participants. Games added an interactive dimension to the festivities, with students enthusiastically participating in activities like Action Game, Guess the Word, and Act it Out. Each game brought forth laughter and excitement, further enhancing the sense of unity and enjoyment among the attendees.

The success of this remarkable event can be attributed to the collective efforts of the Student's Council, participants, hosts, and the invaluable guidance of the esteemed faculty members. Their dedication and support ensured that the Fresher's Party was not just an event but a cherished experience that fostered friendships and laid the foundation for a vibrant college journey.



### **Picnic**

The much-anticipated picnic on January 31, 2023, provided students with a refreshing break from their academic routine. Organized to foster camaraderie and create lasting memories, both first and second-year students of F.Y. B.Ed and S.Y. B.Ed eagerly embarked on the journey to Nagaon beach, accompanied by their teachers. The day began with excitement as students boarded the bus, engaging in spirited games of dumb charades en route to Sumiran Cottage, the designated destination.

Upon arrival at Sumiran Cottage, the students were greeted with a mouth-watering breakfast spread, setting the stage for a day filled with enjoyment and relaxation. Energized by the delicious meal, they made their way to the beach, where they immersed themselves in various activities. Some opted for beach cricket, while others captured moments with friends through reels and photographs. The availability of water sports added an extra element of thrill, with many students and even teachers partaking in banana rides, jet skiing, and paragliding.

After several hours of exhilarating beach activities, the group returned to Sumiran Cottage for a satisfying lunch, indulging in the flavourful meal and relishing the opportunity to unwind. Following lunch, students had the option to either relax at the cottage or take a leisurely stroll back to the beach, where indoor games like housie provided further entertainment.

As the day drew to a close, students reflected on the memorable experiences shared with friends, reaffirming the importance of moments spent outside the confines of academia. With hearts full of joy and cherished memories, the group bid farewell to Nagaon beach and began their journey back to college, marking the end of a truly unforgettable picnic experience.

***"Moments of Joy and Togetherness: Capturing Memories from Our Picnic Adventure!"***



### **Sports Day**

The Sports Day held on 14th January 2023 at the Dr. Pillai Global Academy ground was a resounding success, organized by the Well-being Club of Pillai College of Education and Research. Departing from traditional formats, this year's event introduced group games, fostering camaraderie and teamwork among students. Grouping was based on roll numbers, with each group assigned a captain and vice-captain to lead their teams. The participation of students from both first and second years was made mandatory, ensuring maximum engagement.

The event saw enthusiastic participation from all. Five groups, each comprising approximately 15 students, competed in a variety of games including Potato race, book balance, Water relay, crossing the river, Tug of war, basketball relay, and dodgeball. These games not only provided exhilarating moments but also promoted physical fitness and sportsmanship among the students. The atmosphere was filled with excitement as participants showcased their skills and competed fiercely, showcasing their competitive spirit. The event concluded with a celebration of the top-performing groups, who were awarded trophies and shields.

The Sports Day not only promoted physical well-being but also instilled values of teamwork, leadership, and sportsmanship among the students, making it a cherished experience for everyone who participated.



*"Capturing the Spirit of Victory: Sports Day Highlights!"*



### **Indoor Sports Day**

The vibrant spirit of camaraderie and competition echoed through the halls of PCER as first-year students immersed themselves in two days of thrilling indoor games. Organized on the 16th and 17th of May, 2023, the event was a testament to the unity and enthusiasm of PCER's student community.

Assistant Professor of Bhanu Yadav under the guidance of Dr. Sally Enos and the dedicated B.P.Ed faculty planning for the day was meticulously done and executed. The indoor games brought together students in an atmosphere of laughter and togetherness. From the exhilarating matches of chess, table tennis, carrom, to the intense showdowns of badminton, every game fostered bonds and camaraderie among participants.

The event commenced with a heartfelt prayer song, setting the tone for the days ahead. A warm welcome speech by teacher in charge Bhanu Yadav, accompanied by an introduction of the B.P.Ed faculty, added to the sense of anticipation. Anchoring duties were deftly handled by Priya Menon, council member, ensuring smooth proceedings throughout. The student council members and B.P.Ed faculty meticulously arranged gaming materials, ensuring a seamless experience for all participants. Each game had dedicated student and teacher in-charges, facilitating fair play and efficient management.

As the games progressed, students were divided based on their participation, adding an element of healthy competition. The completion of carrom, badminton, and chess quarter-finals on the first day paved the way for the semi-finals and finals on day two.

Day two saw the continuation of the excitement with thrilling semi-finals and finals of table tennis, along with entertaining fun games like Tic Tac Toe and Balloon Fight. The active participation of both students and teachers added to the festive atmosphere, with everyone enjoying the activities with great enthusiasm.

The event concluded with the announcement of winners, met with applause and cheers from the audience. Ruchita Kadu, the Student Sports In charge, expressed gratitude and appreciation to all involved, bringing the memorable event to a close.

In essence, the Indoor Games Extravaganza at PCER was not just about competition but also about fostering bonds, promoting sportsmanship, and creating lasting memories for all participants.

***“Indoor Sports Extravaganza: Moments of Fun”***



***"Champions at Play: Celebrating Victory in Indoor Sports"***



### **Cultural Fest**

On May 23, 2023, the MES Pillai College of Education and Research campus buzzed with excitement as the annual Cultural Fest commenced with a solemn prayer, setting the tone for a day filled with artistic expression and camaraderie. Divided into three captivating segments - Fine Arts, Performance Arts, and Literary Arts - the event showcased the diverse talents of the student body.

The Fest kicked off with the Fine Arts Competitions, featuring engaging activities like Mehendi Competition, T-Shirt Painting, and Best out of Waste. Under the efficient management of designated council members, participants unleashed their creativity, transforming ideas into captivating artworks. Following the Fine Arts Competitions, Literary Arts took center stage, offering intellectually stimulating activities such as Quiz, Extempore, and a Spell Bee. Students showcased their linguistic prowess and quick thinking, adding a competitive edge to the Fest. The afternoon saw the campus come alive with vibrant performances in the Performance Dance participants captivated the audience with mesmerizing Solo Dance and Solo Singing performances, showcasing their flair for the dramatic and the melodic. The highlight of the day was the Fashion Show, where diverse cultural representations were celebrated through captivating displays of attire and performance. The Fashion Show showcased the rich tapestry of global cultures represented at the college. The

The festivity culminated with the announcement of winners by Cultural In Charge Assistant Professor Ms. Shruti Nair and a gracious vote of thanks from Academic In charge, Umaima. The day concluded on a high note with a lively dance party, symbolizing the spirit of unity and celebration that permeated throughout the event. In addition to the internal faculty judges, esteemed alumna Icha Garg and Smitha Kurup graced the event as external judges, adding an extra layer of expertise and insight to the judging process. Their presence underscored the ongoing support and engagement of PCER's alumni community in nurturing the talents of current students.

Overall, the Cultural Fest was a resounding success, highlighting the creativity, talent, and spirit of community that defines the MES Pillai College of Education and Research. As the sun set on the vibrant festivities, the Cultural Fest left behind a legacy of inspiration, encouraging students to continue exploring their talents, embracing diversity, and fostering bonds of friendship and camaraderie that will last a lifetime.

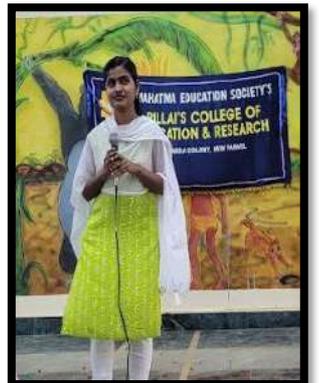
*"Words Unleashed: Literary Arts at Cultural Fest 2023"*



*"Brushstrokes of Creativity: Fine Arts at Cultural Fest 2023"*



*"Capturing Rhythms and Expressions: Performing Arts at Cultural Fest 2023"*



*"Global Glamour: A Fusion of Cultures on the Fashion Runway"*



## **Alumni Report**

**Community initiative:** Our alumni Ms. Deepa Vinod and Ms. Divya Wadhwa participated in the Diwali Sweet packing activity organized by Bharat Vikas Parishad on 8th October 2022. The event was a small gesture to express our deep heartfelt gratitude to our brave soldiers who stay away from their families during all the major festivals guarding the Indian borders and keeping us feeling safe and secure.



**Contributing to One's Alma Mater:** Our alumna, Ms. Bharati Iyer, led invigorating Power Yoga sessions tailored for student teachers, teacher educators, and non-teaching staff on March 21st, 23rd, and 24th, 2023. During these sessions, Ms. Iyer emphasized the significance of Yoga in maintaining the harmony of mind, body, and spirit. Through various breathing exercises and poses, she actively engaged the participants. The attendees lauded the sessions for their immense utility and rejuvenating impact.



On 22nd May 2023 our talented alumnus Ms. Reshmi Sudhir took a session on making Bulletin Boards for our student teachers. The student teachers actively participated in the making of a bulletin board in the classroom and also took up the initiative to decorate other bulletin boards in the classroom and on the corridors. They made bulletin boards with varied themes relevant to their course and present context.



On 24<sup>th</sup> and 27<sup>th</sup> March 2023 demonstration lessons in pedagogy subjects were organized. Our alumni Mrs. Namrata Waghe, Mrs. Jamila Kalolwala, Ms. Juveria Thakur, Mr. Satnam Singh Randhawa, Ms. Aastha Pandey and Mrs. Shagun Katoch gave demonstration of lessons. The lessons were organized to give the new batch of student-teachers an idea how micro-skills are well integrated in the lessons that are to be given in schools.



### As Resource Persons



Our Alumni Ms. Asmita Galande (Wewhare) was invited as a judge for H Ward Science Exhibition - Topic **Toy and Technology** at Purushottam High School, Bandra on 27<sup>th</sup> August 2022. She was also invited as a Resource person for Faculty Development Program in SCCT College, Sanpada on 30<sup>th</sup> July 2022.

**Fostering a Connection:** The alumni is regularly fed with information pertaining to placements through WhatsApp group maintained by Pillai College of Education and Research, New Panvel. The alumni is also active in helping the placement cell in disseminating relevant placement information.



**We meet...** Pillai Education Alumni Association organized the Alumni Meet on 1<sup>st</sup> October 2022. The student teachers of PCER warmly welcomed the alumni and presented before them South Indian, Rajasthani, Gujrati, and Bollywood dance performances. Since the Alumni meet could not be conducted during the previous two years owing to

Covid situations, the college took the opportunity to felicitate its toppers from B. Ed batch 2019-21 and 2020-22. The event was hosted by our Alumni Mrs. Iccha Mehrotra & Mrs. Dipti Nambiar.

**Awards and Recognition:** Mr. Rajesh Kumar's endeavors in advancing Indian Handicrafts and elevating the global profile of Indian Artisans have been consistently earning him well-deserved acclaim. With his capable leadership and proficient administration, Asha Handicrafts has experienced remarkable growth. An annual guest speaker at NIFT, Kharghar, he has also taken the lead in establishing a significant MoU between Fair Trade Forum India and M S University, Vadodara. This collaboration aims to integrate Fair Trade into academic curricula and research, with the overarching goal of generating employment prospects and fostering financial autonomy for women from rural India.



Our Alumni Ms Divya Wadhwa had started Elegant Training Academy on 29<sup>th</sup> June 2011. On 3<sup>rd</sup> April 2023, her institute received a certificate of authorization from ICIA - International confederation Institutes accreditation, National Institute of skill training N.I.S.T and Educational Board of vocational training and research to provide skill training programs, certificate and diploma programs.

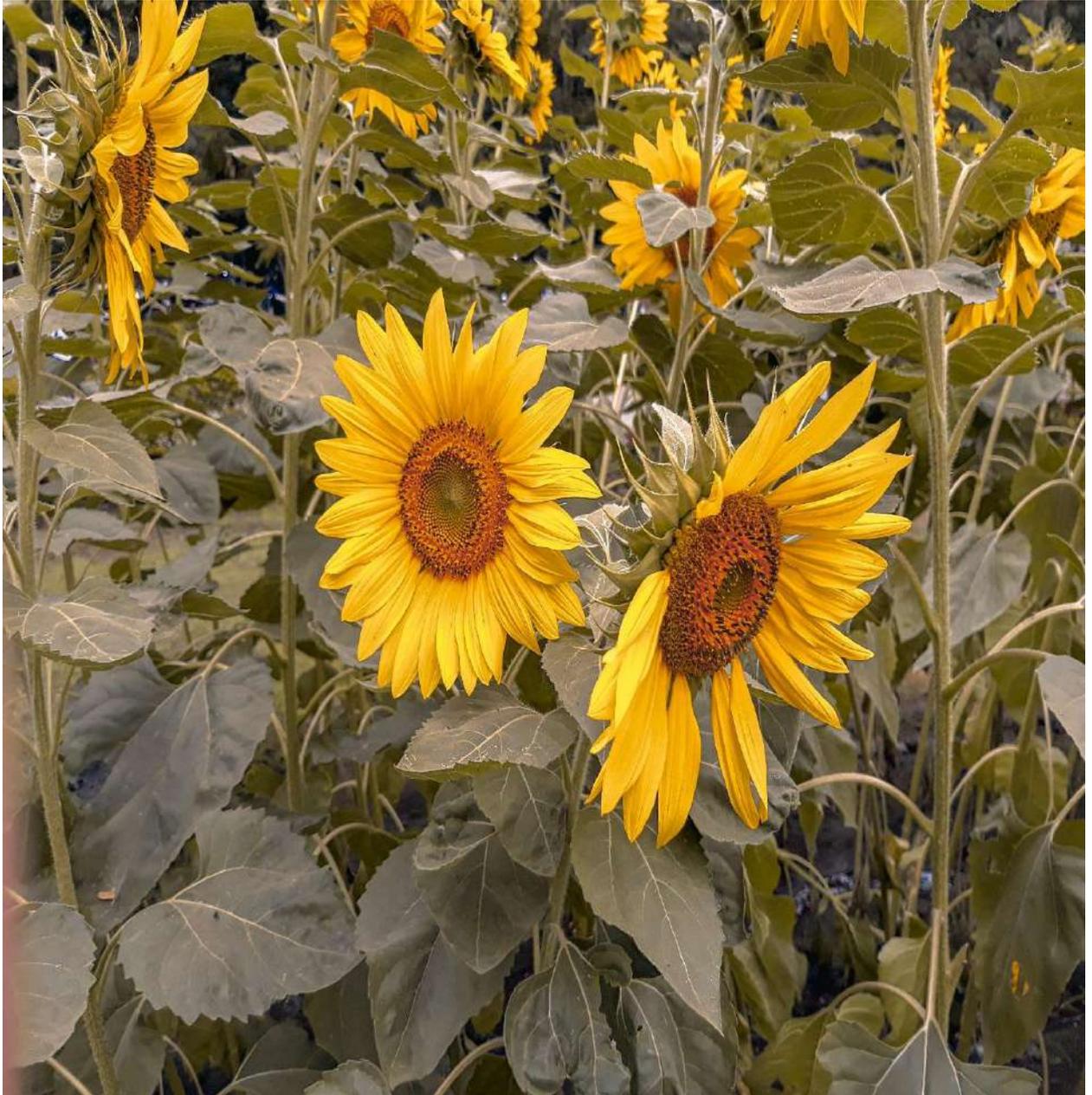
**Establishing a Fresh Committee...**

Since the committee has completed 5 years in office, a change in the composition of the committee was suggested during the committee meeting. With the consensus of the present committee members, Dr. Geeta Thakur was appointed to the post of the Joint Secretary of the Association.

**Composition of Committee 2020-25**

<b>Core Committee Members</b>	<b>Posts</b>
1. Dr. Sally Enos	President
2. Mrs. Ichha Mehrotra	Secretary
3. Dr. Geeta S. Thakur	Jt. Secretary
4. Mr. Arjun L. Thakur	Treasurer
5. Mrs. Deepa Ghiya	Jt. Treasurer

**B.Ed. Section**



*- By Syed Nimra Tariq (F.Y. B.Ed. – 2022-24)*

## **21 - The Legal Age of Marriage**

- *Gayatri Sapan Roy (F.Y. B.Ed. – 2022-24)*

The Indian Union Cabinet has approved a significant amendment after several years of deliberation. It's a case of better late than never! The Cabinet has decided to raise the minimum age of marriage for women from 18 to 21, aligning it with the age of men. Furthermore, the necessary laws will be amended through parliament. These are essential facts, but what truly matters is the impact of this decision on Indian women. Should they celebrate this decision? Undoubtedly! This move marks a positive step toward women's empowerment. Early marriage, especially forced marriages driven by poverty prevalent across India, has proven detrimental.

Families in India often await the birth of a male child, leading to multiple pregnancies for women until a baby boy is born. Once their daughters reach 18, they are swiftly married off, devoid of proper education, financial knowledge, or exposure to the outside world. They get coerced into relationships without consideration for their opinions. This practice results in severe health consequences like early pregnancies leading to complications and mental health issues. Is an 18-year-old, just transitioning from adolescence to adulthood, equipped to handle such responsibilities? Should the government condone this?

Not! Eighteen is not an appropriate age for marriage. Girls lack formal education, their bodies might not yet be ready for pregnancy, and they possess limited knowledge of the complexities of the world. Parents exploit the innocence of these girls, considering them an extra burden to get rid of through early marriage. Shockingly, this phenomenon isn't limited to rural areas but also plagues urban regions.

According to the National Family Health Survey, a quarter of women aged 20-24 were married before 18. Raising the marriage age to 21 could decrease this statistic. Critics argue: What difference will three additional years make? If families are obligated to pay a dowry at 18, aren't they forced at 21?

Critics must shift their perspective from the families to the woman's. At 21, a woman could complete her education, potentially graduate, gain awareness of the world, secure employment, and be better prepared for motherhood. Most importantly, she might reject men and families demanding dowries—a step toward progress. Reforms are the initial positive step, followed by outreach and awareness campaigns. Ensure girls receive proper education and equal

treatment in meals compared to their brothers, and eliminate social stigma around late marriages.

In advanced countries like Britain, France, and America, the legal marriage age is 18, while in conservative countries like Qatar and Pakistan, it's 16. India stands between these extremes. In modern societies, the choice to marry early, focus on career goals, or remain single is solely the women. Sadly, most women in India don't have a choice to make. Thus, raising the legal marriage age is a pivotal solution to empower women. Governments can lead by example, introducing policies like "the abolition of ancient practices such as triple talaq" and initiatives like the Pradhan Mantri Ujjwala scheme. This scheme has provided smokeless LPG to countless women in rural areas, liberating them from cooking with coal and wood.

When women take the lead, they drive various reforms, including family planning and effective subsidies. Elevating the marriage age is an exceptional step but it shouldn't stand alone. Multiple sectors in women's empowerment require change. Introduce more opportunities for them; otherwise, reforms like raising the legal marriage age will remain symbolic, and forced marriages will persist in India. Let's step forward, not just for other women but for ourselves also.

*"When you educate a man, you just educate an individual, but when you educate a woman, you educate the whole family."*



**A piece of bread**

*- Niyati Takle (S.Y. B.Ed. – 2022-24)*

Waiting for her mother,  
that little girl was staring at the avenue.  
Leisurely daylight turns into a darkened hue,  
Back to the nest, all the birds flew.  
Suddenly she began to wither because of her craving for food.  
With thoughts of her hunger in her head, she reveres being dead,  
Until her mother returns with a piece of bread.

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**For her with him**

*-Hasini Potavatre (F.Y. B.Ed. – 2022-24)*

For those eyes,  
He is JUST one.  
For her eyes,  
He is ONLY One.  
Every Tick-Tick to rhythm with Lub-Dub,  
For her with him



Him For Her

### **A yellow paper boat**

- *Shweta Singh (F.Y. B.Ed. – 2022-24)*

The school was buzzing; it was joy all around. Everyone relished their time with friends and studies. Amidst this happiness, one person felt lonely—the new student, Mala.

Mala had recently joined the school, lacking friends. Other children teased her for her two small plaits tied up with a ribbon, unlike the other girls with their open, short, shampooed hair.

No one spared time to talk to Mala or inquire about her interests. She sat alone at the back, near a wide window, in her first week at the school. She completed her schoolwork mechanically, lacking enthusiasm.

Today was the usual. Mala sat alone near the window with her ribbon-tied plaits.

When the art teacher entered and announced the school's "Innovation Day," students were asked to create something using available materials, with a focus on engaging their minds and completing the activity within 30 minutes. The classroom fell into silence, everyone taken aback.

Bored, Mala grabbed a yellow crayon, scribbling it all over the page of her notebook. Loneliness weighed heavily on her. She felt inclined to skip school the next day if things persisted. She silently prayed, "Please send me a friend." Tears streamed down, quickly wiped away before notice.

Seemingly in response to her sincere prayers, rain began to fall. Mala was enjoying the light showers through the classroom window and swiftly folded the scribbled paper into a paper boat. It stood proudly in her hands.

The attentive teacher approached, taking the paper boat and applauding Mala. Showing it to the class, she exclaimed, "This is the best creation for Innovation Day."

Mala's yellow paper boat passed around the class, becoming a symbol of unity rather than floating aimlessly. Other students hailed Mala and extended friendship. Mala had asked for one friend, yet God granted her many. A radiant smile adorned her face; she thanked God, understanding the power of sincere prayers, deepening her faith.

The next day, Mala found her yellow paper boat shining brightly on the school bulletin board.

### **Adventures of Kinshuk**

*- Shweta Singh (F.Y. B.Ed. – 2022-24)*

The morning was pleasant and cool. The sun was bright with red luster. The birds were chirping. Squirrels were chasing one another. The flowers had bloomed and were smiling fresh in their flowerbed.

“Winter is round the corner”, said Ma to Kinshuk. Kinshuk still lay asleep on his bed. Ma said “Kinshuk time to get up, your lazy bone.” Kinshuk was tired, lazy and on top of that sleepy. He never liked to get up early in the morning.

He felt that the bed was of magnet and his body was of iron. It was just hard to tear apart. Anyways, Kinshuk woke up and tried to unbolt the door to the small vegetable garden near his house. He was small but his hands did reach today to the latch and he was amazed. Ma also remarked “You are growing Kinshuk, no wonder you reached the latch today.” Kinshuk smiled and sat with a neem twig in his mouth to brush his teeth.

Today seemed like any other day for Kinshuk but it was not to be. When he pulled his head up just to feel the sun, he felt the sun smiling and looking at him – at him only. “Why was the sun smiling today?”, he wondered. He thought no other day the sun stopped and took notice of him. But was always moving and chasing the western end of the sky. He felt how the sun could work incessantly without break. “Will he stop? Will he talk? Will he share some secrets”? That was not to be. The sun stood there but still smiling and looking at Kinshuk.

Suddenly the gust of wind diverted his attention. He saw very small creatures climbing up the mango tree. Yes, they were the ants - the workaholics. Kinshuk always felt that the ants were super excited and active creatures on the planet.

They work in unison and all of them, almost all were workaholics. Kinshuk stood with the neem twig in his mouth and tried to disrupt their chain of work. He disturbed the perfect line on which they were treading one after the other. Just then he heard a small sparrow singing to him. Its voice was sweet as nectar. It sang “Lazy bone, Lazy bone.

I have known, I have known. It’s you alone, it’s you alone.” Kinshuk took a stone and hushed the bird and it flew into the bush. Kinshuk did not know what to do. Ma also called him lazy bone and so the other children at school. Now the sparrow was singing. He was pained at this word. In his agony he looked up and saw the sun still gazing at him unblinkingly. It was an insult before a new friend. He felt like crying.

Just then the sparrow returned and sang this time, “Find an aim, find an aim. You will never be lazy again. Find an aim, Find an aim.

‘Aim ‘– “What’s that?” He threw the neem twig and rushed back to his books’ corner and searched all the books he had, the meaning of ‘aim’. But he could not ascertain.

“Ma what's the aim?” he asked. “Why, Kinshuk don’t waste time you will be late for school,” yelled Ma. Reluctantly Kinshuk went to school. All his way the word AIM was hammering into his head. That night Kinshuk was not tired, lazy or sleepy. Why So? Was he about to find an aim? Was ‘aim’ a hidden treasure?

What was this ‘aim’, anyways? When Kinshuk fell asleep thinking about ‘aim’, nobody knew.

The same smiling sun came in his sleep and said – “An aim is like a puzzle. It is the purpose of your life. It is the answer to the question – Why were you born? Your aim is to find for yourself what gives you pleasure, peace and happiness. This search can be your aim in life for now.” Next day Kinshuk was not lazy or sleepy but full of energy. He would find an aim in life. He would search for things that would give him happiness, peace and pleasure. Today Kinshuk sat near the same mango tree, saw the sun, the birds, and the ants all were working, with purpose, for happiness and peace.

Kinshuk heard, A bright young man like you, Love to see you Kinshuk. The sparrow sang and flew away. That’s it. Eureka. LOVE is the word. “Where was this word hidden? Kinshuk thought love makes a person perfect. It's only love that makes a mother fends for her children. Love makes a father take care of the family. Its love for life that nature worked, the sun, the moon and the stars shine. Even the ants lifted things more than their weight out of love for life.

“If you decode LOVE, you will find your AIM, Ma, and if you find your aim you will not be a lazy bone anymore.” said Kinshuk to Ma.

Ma smiled and hugged Kinshuk. She knew she was hugging a new Kinshuk who was not a lazy bone anymore.

**Dulari, the Dear Cow**

- *Shweta Singh (F.Y. B.Ed. – 2022-24)*

There was a man in a village who used to worry about big things and petty things. He used to worry about the sun, the moon and even the soil. Above all he worried about Dulari, his only cow. He was called Worry Man by the villagers. Dulari was loved by everyone in the village but Mr. Worry Man loved her most. Dulari was a doe – eyed cow with brown spots on her white body and long slender tail. One day Dulari was in pain. The fleas and flies on her body kept troubling her. Mr. Worry Man could not understand her pain. He kept on worrying and worrying. Dulari would not go into her shed and would not eat anything either. She was very uncomfortable. The crow who lived on a mango tree near Dulari's shed, was her friend. He understood Dulari's pain but what could he do to relieve her from fleas and flies. He had tremendous faith in prayer. He flew to the nearby temple and prayed for Dulari unlike Mr Worry Man who just kept worrying. It was winter and many cattle egrets came flying and halted at Dulari's. The flock feasted on Dulari and ate away all the flies and fleas. Dulari was yet again hale and hearty and her normal loving self. Mr. Worry Man was surprised at the sudden change in Dulari's sudden change in behavior. But he started worrying again about big things and petty things. Poor Mr. Worry Man! But the crow winked at Dulari. The other day it rained and rained and would not stop. As usual Mr. Worry Man started worrying. This time he worried about Dulari's shed, her food et al. Dulari's fodder was all wet and she could not eat anything. The whole day passed without eating anything. Dulari was again uneasy. She was hungry. Poor Mr. Worry Man! He did not know what to do. Even though he did not have enough food to eat, how could he feed Dulari? He just worried and worried more. The crow understood and he went to the temple again to pray for Dulari. He saw that there was a marriage celebration going on and people were offering food to everyone. They were feasting. Somehow Dulari came running behind the crow, her friend. The bell around her neck jingled and made a melodious sound. The villagers heard that and offered food to Dulari too. Dulari ate to her heart's content. Mr. Worry Man was more worried as to where Dulari had gone. He soon heard the jingle of her bell and calmed himself. He knew Dulari had returned to her shed.

The days passed Poor Mr. Worry Man did not stop worrying and the crow did not stop praying. Sincere prayer solved all the problems but simply worrying helped no one. This time Dulari winked at Mr. Worry Man.

**Jawan's Wife**

- Sreeja Vineeth (F.Y. B.Ed. – 2022-24)



‘Soldier’ is the word that gives goosebumps to me, Soldier is the one who aroused patriotism in me. I’m the wife of an Indian soldier, A soldier living for his nation. He is not just the one sacrificing his life, I have sacrificed many opportunities to support him. I adopted the military life which is actually a drive, A drive through a straight and twisted path.

I’m proud of my husband and his uniform, I’m proud of the military service & the nation he guards, I wear a beautiful smile; do not get fooled by it! I worry a lot and my days are tough, Yet I put on a brave face so no one knows. I recreated myself; I recreated my career so many times, I wished we all lived together with family & parents as I shed my tears. Each posting is a testing, each cantonment is a den of lions. I play a vital role; I protect my family in his absence. My eyes are never tired to see him safely return home, as he leaves for his duty my heart throbs fast. My life is not easy it had made me strong, Though I share my worries with the one I get along with. I am more than a wife; I am more than a spouse. I am the one who carries the values and goals of our life. I am proud of my husband, my country and its flag. I am proud of the lionheart that protects the people of this country.

I will always support him as the Army is his life. And for me he is my life...

Jai Hind!

Sreeja Vineeth

W/o Havildar Vineeth T

**Kisne kaha Beti bojh hoti hai?**

- Zainab Sayyed (F.Y. B.Ed. – 2022-24)

Vo tumhari khushi me khush hoti hai Tumhare gham me tumse zyada roti hai

Kisne kaha beti bojh hoti hai??

Wafa ki umeed betiyon se rakhna

Jo sunte aai hain ke koi ghar nahi hai uska apna, Har jagah voh paraai kehlaake bhi Din bhar  
hasi khushi se rehkar Raat ko sukoon ki neend bhi soti hai

Kisne kaha beti bojh hoti hai?

Tum apna ghar chhodkar duniya se umeed lagate ho, Mood kharab ho to apno k saath waqt  
bitane ke bajaee ghar se nikal jaate ho,

Arey tum agar keemti varmala ki tareef karte ho to voh usme chhupa moti hai

Kisne kaha beti boj hoti hai?

Ghar agar tootne lage to beti bacha sakti hai Tumhari apni nahi hokar bhi tumhe zindagi bhar  
ki khushiyan dene ki taakhat rakhti hai

Zara socho tum beta kuch na bhi kare to uspe garv mehsoos karke use badi shaan se apna  
naam dete ho aur dusri taraf...

Beti sab kuch kar ke bhi shaadi ke baad apna naam khoti hai

Kisne kaha beti bojh hoti hai?



**Maa hoti hai...**

*- Zainab Sayyed (F.Y. B.Ed. – 2022-24)*

Kabhi bhi rona aae toh hasa deti hai maa  
Hum chid jaate hain us par  
Jabki hamare har pal ki khabar rakhti hai maa  
Khayal kaise kiya jaata hai koi maa se seekhe  
Uske bagair saare ghar lagte hain pheeke  
Maa zyada khayal karne lage toh gussa aajata hai  
Par maa kuch na kahe ye khayal bhi hame satata hai  
'Maa' ye shabd toh chota hai  
Par iss shabd me kahi saari khoobiyon chupi hain  
Hamari saari khushiyon me...  
Maa ki saari khushiyan basi hain  
Kabhi koi cheekh laga de toh maa ki yaad aa jati hai  
Uske bagair jeena? ye baat bhi hame rulati hai  
Khud bhooki rehkar hame peth bhar khilana use aata hai Bhala tum socho maa ke alava kaun  
aise pyaar jatata hai?  
Maa hi makaan ko ghar banati hai  
Maa hi parivaar me chaar chaand lagati hai  
Maa naa rahe toh sab kuch jaise toot jaata hai  
Aadmi ameer hi kyu na ho maa ko kho dene se lut jaata hai.



**Pyaar toh woh mujhse bahut karta hai..**

*- Zainab Sayyed (F.Y. B.Ed. – 2022-24)*

Ke itna to yakeen hai mujhe Pyaar to vo mujhse bohot karta hai ...  
Kabhi aankhen num ho jaye meri Toh khud bhi ro deta hai  
Galti ho meri to zara der nhi lagata Aur use apni sar kar leta hai  
Meri ek awaz pe poori duniya se ladhta hai Beshak pyaar to vo mujhse bohot karta hai  
Sahi waqt pe na lautoon Toh ghar sr pe utha leta hai  
Aur phir har 10 mins me call pe 'Kaha ho kaha ho' ye pooch ke mera sir khaleta hai  
Kahin mujhe kuch ho naa gaya ho Ye sochke uska jigar kaanp uthta hai  
Ji haan pyaar to vo mujhse bohot karta hai ...  
Mere muh se nikli koi baat ko vo na taalta hai aur na mujhe woh baatein dohrane padti hai  
Meri ek jhoothi hasi dekhke khudse ye sawal karta hai ke 'ye aisa toh nahi karti hai' Mai isse  
koi baat chupa na rahi hoon  
Iss baat se darta hai kyu...  
Pyaar to vo mujhse bohot karta hai ...  
Galti hone par maafi mangne me zara nahi hichkichata Hamesha har buri baat se mujhe hai  
vo bachata  
Arey sawal karo ke 'itna bhi koi kisi ke liye karta hai?  
Mai jaanti hu ke pyaar to vo mujhse bahut karta hai ...  
Badon ki izzat karta hai aur choto se pyaar hai use  
Madad karne bhaagta hai agar koi dost fase  
Ghamand to hai ke aise shakhs ki beti hoon  
Papa aapki jagah koi nahi le sakta  
Aur haan mai bhi aapse bohot pyaar karti hoon ....



### **Sia's Story**

*- Shweta Singh (F.Y. B.Ed. – 2022-24)*

The sky was blue. The earth was as green as ever. White sunlight flooded the space around. The flowers were beaming and shining in their flower beds. It was Sunday and a peaceful early morning. Little Sia was lazily enjoying the beauty of nature from her window. She saw young puppies playing and rolling on the grass. She also saw some women making rangolis outside their houses. The bright rangoli colors always fascinated Sia. The red, purple, blue, green and even white. Ma also made the rangoli without fail. But her eyes caught a small baby sparrow who had weak wings and could not fly high. The baby sparrow had come not alone but was accompanied by many other older sparrows. Together they were chirping, looking here and there, playing and were quite busy under her window pane. They looked like a flock of busy birds.

Sia was amazed to see how every now and then mother sparrow would put some grains in baby sparrow's beak. The little birds were enjoying the morning fun, sometimes chirping and sometimes pecking. Impressed by the beauty Ma sprinkled some grains on the ground to feed the birds. At first, they were surprised and were afraid and tried to fly away but when they saw grains they came down to feast on them.

The party was on. Every sparrow was relishing the feed. But their fun was not long lasting. The pigeons came down from nowhere and were vying for their place in the crowd. The smaller birds flew away. They could not stand bigger, mightier, and more competitive pigeons. The sparrows flew away even though the baby sparrow was not to be seen. The Sunday morning's peace was disturbed and so was Sia. Her heart longed to see the peaceful and small sparrows. She was wandering where they had gone.

Every day Ma threw some grains and every day the pigeons broke the morning silence with their fluttering of wings and busy pecking. Every day Sia would come to watch the sparrows but only to find the pigeons. Sia saw that the pigeons meant business.

They would descend, feed on the grains and fly away. Not at all wasting any time. They did not know how to spend time at leisure it seemed. Unlike the sparrows who would sit, play, chirp, enjoy and be a part of nature's painting. Yet be busy. Sia's days and nights were spent thinking and wishing well for the sparrows, especially the baby sparrow. She was worried. She thought what if the world was full of mightier and more competitive creatures. What will happen to smaller and more peaceful ones? Such questions kept haunting her. One day Sia went

to the Basu's shop with Ma. The shop was open from all sides with some pillars to support the roof. It was a grocer's shop.

The sacks of grains were open and kept side by side. Lo and behold! Sia found the sparrows and the answer to her questions too. The flock of sparrows were eating grains from Basu's sacks. As usual they would sit together, chirp, look here and there, eat and fly away. They would come back again and enjoy their trip to and fro. She felt alas, God has food for all. He provides for everyone. He loves and cares for all, especially those who take his shelter. What to say of carefree and uncompetitive sparrows?



**The Brave One**

*- Shweta Singh (F.Y. B.Ed. – 2022-24)*

Dussehra was round the corner. The village was gearing up for all the festivities. Everyone was happy and was in festive fervor. Mathur, the dhol player in the village was also very happy. Mithu, as he was lovingly called, was the only dhol player in the village. Mithu was very pious and God loving. He loved God as if God was his elder brother. Mithu had the habit of taking permission from God before everything he did. He used to sit in front of his loving deity Sri Ram and talk to him of his daily chores. Every year on Dussehra day, after the Ravana Vadha, the kirtan competition takes place between Mithu's village and any of the neighbouring villages. For two consecutive years Mithu's village had been the winner. The party who kept singing for the longest time was declared the winner. The kirtan usually carried into the wee hours of the morning. Villagers would throng in large numbers and curiosity would not wane as to who was the best kirtan party and winner of the competition. This year was crucial as Mithu was the lone dhol player from his village as the other dhol players had left the village and gone to the cities to earn more money. Moreover, if Mithu's village won it would be the hat-trick win for his village. After all the speculation and awaiting it was Dussehra. All were in new and washed attire of colourful sarees and dhoti kurtas singing glories of the Lord. In the evening after the Ravana Vadha, the most awaited kirtan competition started amidst loud shouts of names of the Lord. The kirtan always took place in the mandir compound. The poojariji garlanded the main kirtan singers of both the parties. Mithu was also there at the party. He did not eat that day. He was fasting. He only drank water. He wanted to serve his beloved Lord. He needed his Lord's blessings so he fasted. The competing kirtan party had three dhol players and had many singers and players. They took turns to play dhol. Here Mithu was the only one dhol player, playing for the honor of his village and for the love of his Lord. The very melodious kirtan started. Villagers were all mesmerized. Mithu was playing to his heart's content. After a long while there was pain in his hands. But the thought that without the dhol kirtan could not continue did not occur to him even once. He played, played and kept on playing. The people started cheering for him and he appreciated their enthusiasm. His fingers got bruised. They were swollen and bleeding but Mithu would not stop. The dhol players of the other party were tired and would not continue. It was almost morning. But there was no stopping, Mithu. By the grace of Lord Mithu's village won the competition. Mithu was crucial in this win. All hailed Mithu and he was the new hero, Lord's brave soldier indeed!

### **You Too Can Become God**

- *Jincy George (F.Y. B.Ed. – 2022-24)*

The hardest way to hurt a person is not to forgive him and it is one of the easiest ways to become like the devil. When we can forgive others, it means we are freeing him or them from the many unseen burdens. It's like giving a chance for a better life.

The only way to get freed and to get others free, the only way is the way of forgiveness. Of course, forgiving a person will not remove the hurt feelings of yesterday's but then surely it will brighten tomorrows.

The root of many of our problems could be the unwillingness to compromise or to forgive. With the expression 'I forgive you' or 'please forgive me' we experience healing for ourselves and we are allowing others to experience the healing too.

If the hardest way to hurt a person is unforgiving, then forgiving a person is the simplest way to love him. We are here on earth for a while, let's not hurt anybody, rather let's love everybody. To err is human, to forgive, divine.

Let's have the heart of forgiveness: be the reason for someone's smile, create a spark for a transformation, and give a chance for a better life. Yes, you too can become like God, so act like a god by forgiving.



**Nature**

- *Hasini Potavatre (F.Y. B.Ed. – 2022-24)*

Intense glow from sky to hill,  
Golden flow from peak to my heal,  
Islands of dreams and memories,  
Soul decorated in its natural ease.

Long road and the green shadow,  
Hugging breeze, leading me to meadow  
A journey from hell to heaven,  
Every nerve in Wonders of seven.

Middle of the river, facing the sky,  
Arms opened, chest lie,  
Nature my dear, no more fear,  
Honors as Merman of the ocean.

Moon in grace, smiling at my craze,  
A thirst of new- leaf shining with dew.  
Halt on beeps, gossips in peace,  
Heaven on Earth, only one birth!

Nature to teach, experience is peach,  
Nature is breathe, bow down till death.  
From the nature to the creature,  
Life is immortal!

**Title**

- *Hasini Potavatre (F.Y. B.Ed. – 2022-24)*

Sharing hearts out, feeling vibes in;

Two yellow roses in a frame of nostalgia;

Breeze in the vicinity, holding smiles in,

Turns gold with two souls.

Tiny random walks towards the world of stars,

Burst of laughters healing the scars;

Talk of the town to the walk of the moon,

Chatty and gossipy conversations.

Timeless and priceless sensations,

Flowing with the immortal waves.

Apple clicks candid with the beauty

"Day well spent" in the book of memory.

**O' my Dream!**

*-Hasini Potavatre (F.Y. B.Ed. – 2022-24)*

O' my dream! How can I expect you in real?

A treat to my closed eyes;

How can you be a meet to my opened eyes?

For them, who suppose femiline heads to bow down,

My dream, You propose me to grow up!

For the blames, that are striking my ear,

My dream! You want me to trust you dear!

For the trust, that exists only under my eyes,

My dream, How can I? How can I?

O' my dream! How can you expect me to smile?

You arrived only during lonely night;

But today, You surprised me during daylight!

For the match, that you look into me,

My dream, You are reel and I am real!

Forthe compatibility, that You dig into me,

My dream, I already judged You as unreal!

For the sarcasm, that You pose onto me,

My dream, How can I? How can I?

O' my dream! How can I expect you to be with me!

Heart blossomed, mixed feelings;

But afterall sun is meant to break You with me!

Two shades of you in every blink of my eye;

Moon the Sun, Stars underneath the grace of sun dye;

O' my dream, my dream, my dream!

Pencil Art

- Syed Nimra Tariq (S.Y. B.Ed. – 2022-24) 24)-



## **Alumni Section**

### **Hello! Digital Teachers - *Divya Wadhwa***

The role of teachers is to inspire, motivate, encourage and educate students. Students can come from any age and any origin. Teachers play many roles in the school environment. Digital teachers are effective self-learning materials in the teaching process. It can help you visualize the more difficult concepts in a simpler way through animation, video and voice over for better understanding.

#### Quality of digital teachers

- You can integrate digital skills into your daily life. If you can buy online, you can teach online.
- You have a balanced attitude.
- You are willing to use and try new things.
- You are a digital communicator.
- You can evaluate the digital quality and usefulness.
- Understand and respect privacy.
- You are a digital citizen.

Unlike traditional teachers, the requirements of digital teachers are very different, although both must be experts in their respective fields to become successful teachers. Besides having all these real classroom teacher qualifications, they also need more skills and preparation. The flexibility of working at home - You have a good network connection and enough free time to meet the needs and requirements of students on site and provide teachers with greater flexibility.

Better Interaction: Face-to-face or one-on-one interaction with students makes them understand better. Time Management: Better time management is the biggest advantage of digital teachers and students, because they can make the arrangements at the right time. Measure the level of understanding of students: When there is individualized teaching, teachers can better measure the level of understanding of students than classroom teachers, in order to make the necessary changes in teaching methods. In addition to teaching basic skills and knowledge, they must also be experts in dealing with computer accessories. Adhere to the time frame: Adhering to the present time frame is another basic quality of being a successful digital teacher.

Prepare appropriate electronic materials: As an online teacher, you need to prepare appropriate electronic materials, because students sitting at a distance must understand the knowledge imparted. Therefore, effective preparation and implementation of E-texts, worksheets, and assignments are necessary to educate and evaluate your students.

Feedback and adjustments: Unlike classroom teachers and classroom assignments and assessments, online teaching requires effective feedback from teachers. In addition to providing feedback, the online teacher must know how to fine-tune his students so that he can effectively complete the planned course.

Create fascinating teaching methods: Although I mentioned it last, this is one of the most important characteristics of online teachers. Involving students in teaching is the main characteristic of teachers.



**A Dream- *Divya Wadhwa***

A dream to fly in the sky  
A dream to reach a point  
Where life is full of happiness  
Showering petals of joy,  
With fragrance of flowers  
Mesmerizing the thoughts  
Of peace, freedom, achievement  
Sharing the love, care and warmth  
The subtle feelings of eagerness  
Desire to be with inner self  
A dream to fly in the sky  
A dream to reach a point



उठो ,बस एक कदम और. - अर्चना झा

सहायक मशक्षिका(दहंद-

## उठो ,बस एक कदम और...

प्रत्येक व्यक्ति जीवन में सफलता प्राप्त करना चाहता है,उन्नति करना चाहता है,आगे बढ़ना चाहता है,सभी समस्याओं पर विजयी बनना चाहता है। मनुष्य चाहता तो बहुत कुछ है परंतु यह सफलता मिलेगी कैसे यह जानने का प्रयास करना नहीं चाहता। बार -बार असफलता का मुँह देखते -देखते वह भूल जाता है कि असफलता शब्द स्वयं में ही सफलता की ओर कदम बढ़ाने की एक सीढ़ी है।जहाँ असफलता है वहाँ सफलता समाई हुई ही है इसलिए हमें निराश होने की आवश्यकता नहीं है,हमें कुछ जोड़ने का प्रयास नहीं करना है बल्कि असफलता से 'अ' को तोड़ने की आवश्यकता है। जिस पल ये दीवार गिरती है उसी पल सफलता सामने दिखाई देने लगती है।सफलता प्राप्त करने के लिए एकाग्रता की भी बहुत आवश्यकता है।व्यक्ति को अपनी बुद्धि की समस्त शक्ति एवं अपनी ऊर्जा एक ही लक्ष्य पर केंद्रित करनी होगी।उसमें अपने लक्ष्य को प्राप्त करने की तीव्र इच्छा होनी चाहिए तथा उसके मन में ऐसी कोई भी भावना नहीं आनी चाहिए जो उसे उसके लक्ष्य से हिलाने का प्रयत्न करती हो।व्यक्ति को एक समय पर एक ही कार्य करना चाहिए और अपनी संपूर्ण शक्ति केवल उसी पर लगानी चाहिए।हमें यहाँ यह याद रखना चाहिए कि कई किश्तियों पर सवार होने वाले राही मंजिल पर पहुँचने के बजाय डूब जाया करते हैं।इसलिए यदि हम सचमुच सच्चे दिल से अपने लक्ष्य को प्राप्त करना चाहते हैं तो उसके प्रति पूर्ण रूप से समर्पित हो जाएँ।

अर्चना झा

सहायक शिक्षिका(हिंदी)



## INSTITUTIONS CONDUCTED

### SCHOOLS

#### (S.S.C. PROGRAMME)

- Chembur English Pre-Primary & Primary School - Chembur
  - Chembur English High School - Chembur
  - Chembur Marathi Madhyamik Shala - Chembur
  - Powai Marathi Madhyamik Shala - Powai
  - Mahatma School of Academics and Sports - Khanda Colony, New Panvel (Pre-Primary, Primary & Secondary, English & Marathi Media)
  - HOC International School - Rasayani (English & Marathi Media)
- #### (CBSE PROGRAMME)
- Mahatma International School Khanda Colony, New Panvel
  - HOC International School - Rasayani

### JUNIOR COLLEGES

- Chembur English Junior College - Chembur
- Mahatma Night Junior College - Chembur
- Mahatma School of Academics & Sports, Junior College of Arts, Science & Commerce Khanda Colony, New Panvel
- HOC Junior College - Rasayani (Junior College of Arts, Commerce, Science with Vocational)

### TEACHERS' TRAINING INSTITUTIONS

D.T.Ed. B.Ed. B.P.Ed. M.Ed. Ph.D.

- Approved by National Council for Teacher Education (NCTE) (Affiliated to the University of Mumbai & Recognised by Govt. of Maharashtra.)
- Mahatma Junior College of Education (D.T.Ed.) - Chembur (English & Marathi Media)
  - Pillai College of Education & Research (B.Ed.), Chembur Re-Accredited 'A' Grade by NAAC
  - Pillai College of Education & Research (B.Ed.), Accredited 'A' Grade by NAAC Khanda Colony, New Panvel
  - Pillai HOC College of Education & Research (B. Ed), Rasayani
  - Vidyadhiraja College of Physical Education & Research (B.P.Ed), Khanda Colony, New Panvel
  - Pillai College of Education & Research (M.Ed.), Chembur
  - Pillai College of Education & Research (M.Ed.), Accredited 'A' Grade by NAAC Khanda Colony, New Panvel
  - Pillai College of Education & Research (Ph.D Centre), Khanda Colony, New Panvel

### INTERNATIONAL SCHOOLS & INTERNATIONAL JUNIOR COLLEGES

(CIPP / ICSE / ICSE / IB SCHOOLS) 'AS' / 'A' level and 'IB' Programme

- DR. PILLAI GLOBAL ACADEMY - Gorai
- New Panvel

### POLYTECHNIC (3-Year Diploma Programme)

- AICTE Approved, Recognized by Govt. of Maharashtra & Affiliated to MSBTE
- Pillai HOC Polytechnic - Rasayani
- Diploma in Computer Engineering  
Diploma in Electronics & Tele-communication Engineering  
Diploma in Mechanical Engineering  
Diploma in Civil Engineering

### DEGREE COLLEGES

#### Bachelor and Master

- (Affiliated to the University of Mumbai & Recognised by Govt. of Maharashtra.)
- Mahatma Night Degree College of Arts & Commerce - Chembur
  - Pillai College of Arts, Commerce & Science - New Panvel Accredited 'A' Grade by NAAC (3<sup>rd</sup> Cycle)
- B.Com.  
B.Com. (Accounting & Finance)  
B.Com. (Financial Markets)  
B.M.S.  
B.M.M.  
B. Sc. (I. T.)  
B. Sc. (Computer Science)  
B.Sc. (Biotechnology)  
M.Sc. (I.T.)  
M.Sc. (Biotechnology)  
M.Com. (Business Management)  
M.Com. (Accounting & Finance)
  - Pillai HOC College of Arts, Science & Commerce - Rasayani NAAC Accredited

B.Com.  
B.M.S.  
B.Sc. (I.T.)  
B.Sc. (Computer Science)  
B. Com. (Accounting & Finance)  
B.M.M.  
B.Sc. (Maths, Chemistry, Biology & Physics)  
B.A. (English Ancillary, History & Economics)

### ARCHITECTURE

#### Bachelor and Master

- (Approved by the Council of Architecture and AICTE) (Affiliated to the University of Mumbai & Recognised by Govt. of Maharashtra.)
- Pillai College of Architecture - New Panvel
  - Pillai HOC College of Architecture - Rasayani (B.Arch. 5-year degree course) **M.ARCH. (Urban Design)**
  - Pillai College of Architecture - New Panvel
  - Ph.D.

### MANAGEMENT COURSE

#### MMS

- (Approved by AICTE) (Affiliated to the University of Mumbai & Recognised by Govt. of Maharashtra.)
- NBA Accredited 'A' Grade by DTE, Govt. of Maharashtra
- Pillai Institute Of Management Studies & Research - New Panvel
- (MMS: 2-year Post-Graduate Course) Executive MBA
  - Pillai HOC Institute Of Management Studies & Research - Rasayani (MMS: 2-year Post-Graduate Course)

### ENGINEERING COURSE

#### Bachelor, Master & PhD

- (Approved by AICTE) (Affiliated to the University of Mumbai & Recognised by Govt. of Maharashtra.)
- NBA Accredited
- Pillai College of Engineering - New Panvel Accredited 'A+' by NAAC
- B. E. in Information Technology  
B. E. in Computer Engineering  
B. E. in Electronics Engineering  
B. E. in Mechanical Engineering  
B. E. in Electronics & Tele-communication Engineering  
B. E. in Automobile Engineering  
M. E. in Information Technology  
M. E. in Computer Engineering  
M. E. in Electronics Engineering  
M. E. in Mechanical Engineering (CAD/CAM, Robotics)  
M. E. in Mechanical Engineering (Thermal)

#### PhD (Technology) Computer Engineering Mechanical Engineering Information Technology

- Pillai HOC College of Engineering & Technology, Rasayani Accredited 'A' Grade by NAAC
- B.E. in Mechanical Engineering  
B.E. in Electronics & Telecommunication Engineering  
B.E. in Automobile Engineering  
B.E. in Information Technology  
B.E. in Computer Engineering  
B.E. in Civil Engineering  
B.E. in Electrical Engineering  
M.E. in Mechanical Engineering (Machine Design)  
M.E. in Electronics & Telecommunication Engineering  
M.E. in Computer Engineering  
M.E. in Civil Engineering (Construction & Management)

#### PhD (Technology) Civil Engineering Computer Engineering

### EXECUTIVE SPORTS MANAGEMENT

- PILLAI / FIFA / CIES EXECUTIVE PROGRAMME IN SPORTS MANAGEMENT

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Estd. 1992

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SECTOR 7, NEW PANVEL, NEW PANVEL



Estd. 2007

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SECTOR 7, NEW PANVEL, NEW PANVEL



Estd. 2009