

#### Metric No. 3.3.1

# Report of each outreach activity organized during the last five years along with photographs & seal and signature of the Principal

PRINCIPAL
MAHATMA EDUCATION SOCIETY'S
Pillai College of Education & Research
Dr Pillai Teacher Training & Research Centre
Plot No 1, Sector-8, Khanda Colony,
New Panyel-410 206.



Plot-1, Sector-8, Khanda Colony, New Panvel (W)-410206

#### REPORT ON OUTREACH ACTIVITIES

2021-22

#### 1. Community Service at Navjeevan Center- Nerul

PCER Panvel, B.Ed. students took up community work at Navjeevan Center, Nerul as a part of their curriculum. Students of NIOS, NEET and D.Ed. we're taught one to one and in small groups preparing them for their potential success and growth. The outreach was much appreciated by the NJC students and staff. 20 students took classes in two sessions morning and afternoon for NIOS and Nursing entrance exam. All of them had a common goal of assisting and teaching the students to achieve success.









The students there were punctual responsive ready to learn and most of all very grateful and eagerly waited for the teachers to come which kept each one motivated. It improved their ability to understand complexity and ambiguity. It helped their interpersonal development, particularly the ability to work well with others, and build leadership qualities and communication skills. Overall, it enhanced the sense of personal efficacy, personal identity, spiritual growth, and moral development. The students who rendered selfless service at NJC were much appreciated by the cooperative staff and our

principal.



#### 2. Literacy Drive at Jeevan Jyoti Charitable Trust-Panvel



The student teachers got an opportunity to go and serve the society in the best possible way. Teaching included English alphabets and phonics, numbers, addition, subtraction, about community helpers and how to maintain discipline and cleanliness in our place and surrounding. Student teachers also inculcated basic exercise, rhymes, stories and so many activities with help of props, which made easy for them to understand.





#### 3. Tutoring at Nirmal Jeevan Charitable Trust-Kamothe.

Nirmal Jeevan Charitable Trust is a Non-Profitable Organization on a mission to empower individuals and community to live with Dignity. The Trust was registered under Bombay Public Trust in 1950. The students visited the center along with the mentor Dr Jiji Sahaya. They were arranged into 4 groups each with one group consisting of 4-5 members. Each group was supposed to visit two days per week to teach the children there. The time frame given was 2 hours and worked hard to bring difference in child life in whatever way possible through our involvement. They kept records of the portion taught and discussed them. There were four

standards Nursery, junior, senior and second. Each week students visited to teach and conduct various activities for the children, each group would teach in the first hour and start with various informative and fun activities in the second hour. All in all, it was an eye-opening journey for all.





#### 4. Mentoring at kal ki Chaya- Kalamboli

B.Ed students from the institution undertook a transformative outreach activity at Kal Ki Chhaya, Kalamboli, embodying the spirit of mentoring and community engagement. Through their dedicated efforts, they not only imparted academic knowledge but also served as role models and mentors, nurturing the aspirations of the young minds they interacted with. By fostering a supportive environment and providing guidance beyond textbooks, these students played a pivotal role in shaping the holistic development of the children. Their commitment to education and community service exemplifies the profound impact that collaborative initiatives can have in shaping a brighter tomorrow.





#### 5. Bharat Vikas Parishad

Along with Bharat Vikas Parishad, Panvel, the student teachers of PCER participated in packing of Diwali Sweet Box for the brave soldiers of our Indian Army posted along the borders of different parts of India. The Diwali Sweet Packing and Distribution is an initiative undertaken to convey gratitude, honor, and solidarity to the dedicated army personnel during the festive season of Diwali. Diwali, widely celebrated as the Festival of Lights, holds great cultural and spiritual significance in India. It symbolizes the victory of light over darkness and good over evil. As a mark of appreciation for the sacrifices made by the armed forces, our initiative sought to bridge the gap between civilians and the military and bring a sense of joy to those who serve our nation selflessly.





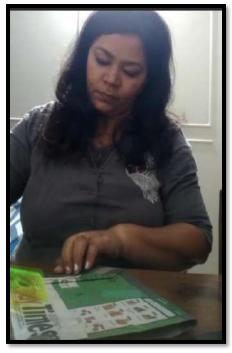


6. Paper-bag making

The paper bag making outreach activity was a resounding success, exemplifying the power of grassroots initiatives in driving positive change. By empowering individuals to take practical steps towards reducing plastic waste, the activity made a tangible contribution to environmental

conservation efforts. Moving forward, similar outreach activities will continue to be organized to further promote eco-friendly practices and foster community engagement in sustainability initiatives. This initiative aimed to promote eco-friendly practices and raise awareness about the detrimental effects of plastic bags on the environment. The activity was conducted in collaboration with local community members and volunteers.







#### 7. Paper-bag distribution



The students gathered at strategic locations throughout the community to distribute reusable paper bags. These bags were made from recycled materials, emphasizing the importance of waste reduction and sustainable living practices. During the distribution process, volunteers engaged with community members, sharing information about the environmental benefits of using paper bags over plastic. They highlighted the detrimental effects of plastic pollution on marine life, ecosystems, and human health, sparking conversations about the urgent need for waste reduction initiatives. The paper bag

distribution outreach activity garnered a positive response from community members, many of whom expressed gratitude for the eco-friendly alternative provided. Feedback indicated a willingness among recipients to adopt reusable paper bags and reduce their reliance on single-use plastics in the future.



#### 8. E-waste collection Drive:

Plastic waste is an issue which is still prevalent on our planet however due to increase in technology, the next hurdle faced by humankind is increasing e-waste. Proper disposal of e-waste is a burning concern therefore the Nature club decided to collaborate with Thane Mahanagar Palika's Swacchh Sarvekshan 2022 for creating awareness among the student teachers about e-waste and its proper disposal.

Students & teachers collected e-waste from their family and relatives and submitted it to the college. The college in turn donated e-waste to the organization for its eco-friendly method of disposal.





#### 9. Managing Plastic Waste – Making Ecobricks:

Plastic is an amazing material with incredible properties, however when it goes to 'waste', it contaminates the ecosystems that sustain us and our fellow species. Eco bricks enable plastic to be secured out of industry and the biosphere. To make good use of plastic waste, PCERP students made eco bricks & packed all non-recyclable waste into a single-use plastic/ PET bottle. The collected bottles will then be used in making furniture.







#### 10. Joy of Giving Week: Jumble Sale by Soroptimist International Bombay Chembur



Student teachers contributed to the Jumble Sale this year held at the V. Pillai Campus, Good, usable clothes and toys in good condition were collected and sent to the campus. The proceeds of this activity are also used to further the cause of the community by the Mahatma Education Society.

#### 11Diwali Celebration at Old-age Home, Shantivan, Nere

For the past several years, we have maintained a tradition where the current batch of student teachers of PCER, alongside some of our dedicated alumni despite their busy schedules, devote their time and effort to visit Old Age Home, Shantivan, Nere. During these visits, they spend quality time with the elderly residents of the home. This yearly interaction has become something eagerly anticipated by the residents, resulting in a deep emotional connection that has formed over time. The entire Old Age Home campus is transformed for this occasion, adorned with colorful festoons, lanterns, and glowing candles. Intricate and beautiful rangolis grace various corners of the area, while the entire facility is illuminated with the warm light of diyas. Our participation in this event commences on the auspicious day of Dhanteras, infusing the atmosphere with a festive spirit. Our presence adds a special celebratory touch to the place, allowing the essence of Diwali, the festival of lights, to radiate throughout. Furthermore, our involvement extends to providing essential items like food and daily necessities to the home, addressing their needs and contributing to their well-being.





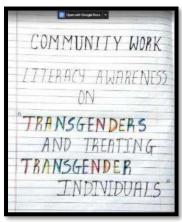


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#### REPORT ON OUTREACH ACTIVITIES

#### 2020-21

#### 1. Sensitization Campaign on Treating Transgender Individuals



In an effort to promote inclusivity and combat discrimination, an outreach activity was conducted to sensitize the community about the importance of treating transgender individuals with respect and dignity.

This initiative aimed to raise awareness, foster understanding, and promote acceptance of transgender people within society.

#### 2. Personal Hygiene Awareness Campaign

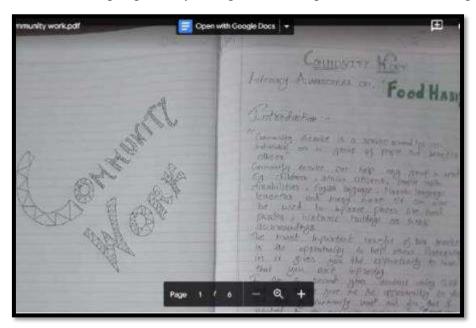
Recognizing the importance of personal hygiene in maintaining overall health and well-being, an outreach activity was organized to raise awareness and promote good hygiene practices within the community. This initiative aimed to empower individuals with knowledge and resources to adopt healthy habits and prevent the spread of infectious diseases. By empowering individuals with knowledge and resources to adopt healthy hygiene practices, the initiative contributed to improving overall health outcomes and preventing the spread of infectious diseases.



#### 3. Promoting Literacy Awareness on Healthy Food Habits

In response to the growing concern about nutrition-related health issues, an outreach activity was organized to promote literacy awareness on healthy food habits within the community.

This initiative aimed to educate individuals about the importance of making informed dietary choices and adopting healthy eating habits to improve overall well-being.



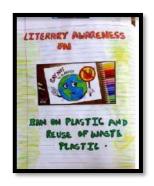
#### 4. Shattering Stereotypes: Gender Consciousness



The gender awareness campaign on breaking stereotypes served as a powerful outreach initiative to promote education, awareness, and action on gender equality. By challenging stereotypes and fostering critical thinking, the initiative contributed to creating more inclusive and equitable communities where individuals are free to express themselves and pursue their aspirations without limitations. Moving forward, it is essential to continue advocating for gender equality and supporting initiatives that empower individuals to break free from harmful stereotypes and embrace their true selves.

#### 5. Empowering Minds: Plastic Ban Awareness and Plastic Reuse

The outreach initiative on plastic ban awareness and plastic reuse literacy served as a catalyst for positive change within the community. By empowering individuals with knowledge and resources to address the issue of plastic pollution, the initiative contributed to building a more sustainable and environmentally conscious society. Moving forward, it is



essential to continue advocating for plastic bans, promoting plastic reuse initiatives, and engaging with the community to foster a culture of environmental stewardship and collective action.

#### 6. Partnering with Gurudwara Sahib, Panvel & Blanket Donation Drive

Mahatma Education Society's Pillai Group of Institutions proudly partnered with Gurudwara Sahib Panvel who selflessly provided for the poor and homeless during the coronavirus pandemic. Volunteers of the Gurudwara provided food for 5000 people daily and risked their lives to make sure that the poor people of Panvel & Navi Mumbai don't suffer from starvation during this crisis. They distributed food across 12 different locations in Panvel & Navi Mumbai and we were proud to have Pillai Alumni and faculty supporting them as well. The Gurudwara requires 300kg of rice, 150 kg of dal and another 150 kg of atta every day to feed the needy. All our students, faculty and well-wishers were encouraged to contribute as much as possible as all the proceeds were collected & donated to the Gurudwara so that they could keep the food drive going for as long as needed.

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#### 7. NGO Exploration and Presentation Outreach Activity Report

The NGO exploration and presentation outreach activity served as a valuable educational experience for students, providing them with insights into the diverse landscape of NGOs and inspiring them to become informed and engaged citizens. By encouraging students to study and present on NGOs, the initiative fostered a culture of social responsibility and empowerment within the school community. Moving forward, it is essential to continue providing opportunities for students to explore and contribute to social causes, thereby nurturing their potential as future leaders and changemakers.









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#### REPORT ON OUTREACH ACTIVITIES

2019-20

#### 1. Community work: Bhartiya Manav Vikas Trust"s Special School, New Panvel



We had our community service initiative at Manav Vikas Sanstha, a school for special children at New Panvel. This school has students with mild to moderate to severe disability that are taken care of by a wonder team of well-trained and sensitive teachers

led by their Principal, Ms. Shreya Jadhav. Each batch of our student teachers spent two hours every day with the children and their teachers in understanding the need s of the students and ways to help them. Our student teachers also prepared teaching aids for the center as per the

instructions of the teachers. The objective of taking our student to this school was to make them sensitive to the society we live in; the people who are part of the society and also make them realize the amount of patience and sensitivity required by the teachers to handle special children.



### 2. Community work: Rotary Club of Panvel Industrial Town Charitable Trust"s Rotary Special School for Hearing Impaired Children at New Panvel

Our student teachers and teachers attended the school in small batches and assisted the teachers in their daily activities of teaching learning and other cocurricular activities for nearly two hours daily. We were at this center for a month. Our students were sensitized to need for early

testing of children to understand impairment and the course of action to be taken after diagnosis. It was understood that early diagnosis leads to almost recovery and near normal speech and hearing. Our students also learnt some basic sign language to communicate with them. They came back with a sense of satisfaction and a new appreciation for life as we know it.



3. Shramdaan: At Shantivan, Nere, Panvel

This year one of our community service initiative has been with Shantivan, Nere, Panvel which is primarily a center for Leprosy eradication and rehabilitation. This center also has an old age home, a naturopathy clinic, home for dependents, a school for Adivasi children and many more aspects. Our students and teachers had a three-day visit to Shantivan to clean up the place after the rainy season. Our students are involved in Shramdaan', which actually involves hard labour. We pulled weeds and overgrown grass from different sections of the center as per the instructions of the staff. This was also a preparation for Diwali. Our students and teachers completed all the work as given. They also spent time at the old age home with the senior citizens and were moved by the tales they heard from them. This also sensitized them to the need to look after our parents in their time of need.



#### 4. Creating Awareness on Noise pollution:

On November 30th, 2019, the college arranged a silent march in Khanda Colony with the aim of raising awareness about noise pollution. The students carried placards bearing messages about the prevention of noise pollution and its negative impact on the mental well-being of the community.



### 5. Celebration of Community Service Day by Mahatma Education Society: Immanuel Mercy Home



As Mahatma Education Society celebrates its 50th year, our Community day on 24<sup>th</sup> January, 2020 had a slight difference. This year, we were asked to invite our alumni to participate as volunteers for the day. As in the past year, this year also we had children from Immanuel Mercy Ashram, Chiple, Panvel as the NGO we connected with. For community day, we obtained permission to take children to V Pillai Campus and on the day of the event, 20 children from the ashram were brought to the campus. After a wonderful lunch, we took the children to the designated room where we had organized games for them. Our alumni immediately took over the activities and games and involved all the children. Most of the games were group games but we

also played Hosice The children had a wonderful time participating in these games and everyone went home with prizes. The prizes chosen this year were of utility value depending on the age of the students. After receiving snacks and gifts sponsored by Mahatma Education Society, the children were dropped off at Immanuel Mercy Ashram.

#### 6. Exploring Career Paths Beyond Teaching in Education



The talk on "Career Options in Education Beyond Teaching" by Ms. Shaily Shah served as a valuable outreach activity, providing students with valuable insights and inspiration to pursue diverse career paths within the education sector. By sharing her experiences and expertise, Ms. Shah not only expanded students' horizons but also instilled a

sense of enthusiasm and purpose in their academic and professional endeavors. Moving forward, it is imperative to continue organizing such enlightening sessions to empower students and foster their personal and professional growth.

#### 7. Plastic Recycling Initiative

The plastic recycling initiative exemplified the power of collective action in addressing environmental challenges. By taking proactive steps to recycle plastic bottles, students their commitment to demonstrated environmental sustainability and inspired positive change within their community. : Plastic is one of the biggest problems that we are facing in the present era. The best that we can do is Reduce, Reuse and Recycle. Instead of putting it to trash we contributed towards a better environment by recycling plastic. Students took initiative to collect plastic bottles from nearby areas. These plastic bottles were then taken to the recycling machine at Pillai's College of Arts, Commerce and Science, Panvel under the observation of DR Geeta S. Thakur.





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#### REPORT ON OUTREACH ACTIVITIES

**2018-19** 

#### 1. Community Service: Jeevan Jyothi Trust, Panvel

Along with Jeevan Jyothi Trust, Panvel we conducted community work with the children from economically weaker sections residing very close to Panvel railway station and NMMT bus depot. There were close to 40 children who assembled in a room rented by the sisters of the trust.



#### 2. Paper-bag making



The paper bag making initiative exemplified the potential for small-scale actions to create meaningful change in promoting sustainability. By actively engaging in paper bag production and distribution, students demonstrated their commitment to environmental conservation and inspired others to adopt eco-friendly practices. Moving forward, it is essential to continue promoting sustainable initiatives and empowering

individuals to make environmentally responsible choices for a cleaner and healthier planet.





#### 3. Paper-bag distribution: Pillai College of Education Research, New Panvel



Paper bag making is an annual yearlong environmental initiative by PCER. We prepare paper bags out of old magazines or old newspapers.

These bags are then stamped with environment friendly message and distributed to few vendors in the Khanda Colony market area.

### 4. Celebration of Community Service Day by Mahatma Education Society: Immanuel Mercy Home

Community Service Day was celebrated on 2nd February 2019 at V. Pillai Campus, New Panvel(W) of Mahatma Education Society. About 20 children in the age group of 5 to 15 from Immanuel Mercy Home were invited for a sumptuous lunch and games thereafter.



#### 5. Jumble Sale: Soroptimist International Bombay Chembur

Student teachers contributed to the Jumble Sale this year held at the V. Pillai Campus, held on 22nd October 2018. Good, usable clothes and toys in good condition were collected and sent to the campus. The proceeds of this activity are also used to further the cause of the community by the Mahatma Education Society.

#### 6. Cleanliness Drive Kushtarog: Nivaran Samiti, Shantivan, Nere, Panvel

Pillai College of Education & Research, New Panvel arranged community service for the students this year at Shantivan, Nere, New Panvel on 22nd and 23rd October 2018 and 12<sup>th</sup> and 19th January 2019. Teacher training curriculum is not only about development of knowledge and skills. It goes beyond these realms into what are the responsibilities of a teacher towards the community. For this community interaction, we took our students to Shantivan, Nere, a leprosy eradication center. We contributed by cleaning the place and cutting grass. These two days of Shramdaan gave the students an opportunity to extend ourselves and services for the community learning empathy, collaboration, communication and to help others.



#### 7. Sensitization World AIDS Day



The World AIDS Day awareness creation outreach activity served as a valuable opportunity to educate, engage, and empower individuals and communities in the fight against HIV/AIDS. By raising awareness, reducing stigma, and promoting testing and support services, the initiative contributed to a greater understanding of HIV/AIDS and the importance of collective action in addressing this global health challenge. Moving

forward, it is essential to continue advocating for HIV prevention, treatment, and support services and working towards ending the HIV/AIDS epidemic once and for all.

#### 8. Embracing Gandhian Values

The outreach activity on embracing Gandhian values served as a meaningful opportunity to promote moral and ethical principles that are essential for building a just and compassionate society. By engaging with Gandhiji's life and teachings, participants gained valuable insights and inspiration to lead lives guided by truth, non-violence, and compassion. Moving forward, it is imperative to continue advocating for Gandhian values and fostering a culture of peace, harmony, and social responsibility in our communities.





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#### REPORT ON OUTREACH ACTIVITIES

2017-18

#### 1. Community Service- Teaching the slum children near Panvel Railway Station

Jeevan Jyothi Trust, Panvel MES' Pillai College of Education and Research, New Panvel has always been deeply committed to community work. One of the activity we are involved in is teaching. This year along with Jeevan Jyothi Trust, Panvel our community work was with the children from economically weaker sections residing around Mall Takka area. This is located very close to Panvel railway station and NMMT bus depot. There are close to 40 children who assemble in a room provided by a local community leader. Nearly 25-30 of these children go to regular schools nearby. The remaining children are non-school going and range in age from 4 to 8 years. Students were divided on the basis of their place of stay and students were sent in groups of 5-6 every day from Monday to Saturday from October 25th, 2017. Each student was assigned a small group of students and they acted as mentors. One teacher in-charge also accompanied the students. We worked with the school going children by clearing their concepts, helping to revise their subjects, learning English and also helped them with scholarship topics. Our students really enjoyed the interactions and were elated to see the difference they were making by helping these children.



#### 2. Paper-bag making

The paper bag making outreach activity was a resounding success, exemplifying the power of grassroots initiatives in driving positive change. By empowering individuals to take practical steps towards reducing plastic waste, the activity made a tangible contribution to environmental conservation efforts. Moving forward, similar outreach activities will continue to be organized to further promote eco-friendly practices and foster community engagement in sustainability initiatives. This initiative aimed to promote eco-friendly practices and raise awareness about the detrimental effects of plastic bags on the environment. The activity was conducted in collaboration with local community members and volunteers.

#### 3. Paper-bag distribution: Pillai College of Education Research, New Panvel

Student teachers at PCER, made paper bags out of old magazines or old newspapers. These bags are then stamped with environment friendly message and distributed to few vendors in the Khanda Colony market area. These vendors use these bags for selling sprouts, masala and other items like dried fish. At the moment, we have focussed only on few vendors but we plan to widen the area of this activity. The bags are sent to the vendors on a regular basis and students are asked to interact with them to find out their specific needs, if any. This initiative has been well received so far and we plan to continue with it. Both our first- and second-year students are involved in this community work.



4. Jumble Sale: Soroptimist International Bombay Chembur

Student teachers contributed to the Jumble Sale this year held at the V. Pillai Campus, held on 7th October 2017. Good, usable clothes and toys in good condition were collected and sent

to the campus. The proceeds of this activity are also used to further the cause of the community by the Mahatma Education Society.

### **5.**Celebration of Community Service Day by Mahatma Education Society: Balgram at Khanda Colony

As a part of Community Day program, on 27th January 2018, 17 children from Balgram (Khanda Colony) were taken to Pillai College of Engineering, New Panvel. Volunteers Kanchan Sharma, Puja Pushp, Renu Sharma and Annu B Joseph along with our professors, Dr Bhavna Dave, Dr Pratima Pradhan, Dr. Geeta R Thakur and Mrs Bindu Tambe conducted Pillai College of Education & Research, Panvel 2017-18 various sports to cheer these children. Lunch, snacks and gifts were showered on them so that they returned to their home satisfactorily and happily and we all experienced the joy of giving.

