# RESEARCH

# TOOLS & MANUALS



MAHATMA EDUCATION SOCIETY'S

PILLAI COLLEGE OF EDUCATION & RESEARCH

Sector-8, Khanda Colony, New Panvel



# **OUR MENTORS**

Dr. K. M. Vasudevan Pillai

Chairman & CEO
Mahatma Education Society

Dr. Daphne Pillai

Secretary Mahatma Education Society

Dr. Priam Pillai

COO,

Mahatma Education Society

Mr. Franav Pillai

Dep. CEO,

Mahatma Education Society

**COMPILED BY** 

Dr. Geeta Thakur Asst. Prof. PCER-Panyel **COVER PAGE DESIGN** 

Mrs. Shruti Nair Asst. Prof. PCER-Panyel

EDITED & PUBLISHED BY

**Dr. Sally Enos, Principal** 

Pillai College of Education & Research, Khanda Colony, New Panvel (W)-410206

First Published: February 2022

Volume 2

Edition: 1

ISBN - 978-81-964882-2-2

### Copyright:

The facts and figures stated, conclusions reached and views expressed in different contributions are of the contributors' concern and should not be attributed to the Editor of the Book or to Pillai College of Education & Research, Panvel.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means without the prior permission in writing of MES' Pillai College of Education & Research, Panvel.

# VISION

"To foster positive attitudes and ideals to be socially responsible and competent teacher with individual identities in order to enable the student teachers to translate great ideas into good actions".



# MISSION

To promote purposive education
through globalization
of mind and society
and using education for value
transmission in order to enable
the student teacher to perform
effectively differentroles as a

teacher in he present society.



# **OBJECTIVES**

- \* To prepare the Student teachers to perform effectively different roles expected in the changing global Scenario.
- \* To empower Student teachers with competencies required for professional growth.
- \* To develop attitude of Professionalism by inculcating Dedication, Commitment, Accountability & Professional Ethics.
- \* To foster virtues like Sincerity, Sympathy, Gentleness, Modesty, Humility, Compassion, Courtesy, Co-Operation, Fair play, Self Esteem, Self-Control and Truthfulness.
- ♣ To develop Sensitivity towards Society related issues & concerns.
- \* To encourage student teachers to apply the knowledge creatively to relevant situations.
- \* To develop Leadership Competencies to plan, organize & conduct various Educational activities.
- \* To prepare humane professionals by enhancement of the heart and soul.
- \* To develop an appreciation of the role of the teachers in the prevailing socio cultural and political context in educational system.
- \* To provide avenues to the Student teachers for exchanging ideas, raising issues & discussing themes & problems.
- \* To create an environmental consciousness and concern among the student teachers.



# **ABOUT THE INSTITUTION**

Mahatma Education Society, an enviable, triumphant educational enterprise established in 1970 exemplifies quality education through its 50 educational institutions spread across Mumbai, Navi Mumbai and Rasayani. With a mission 'Education for all' our Chairman & CEO, DR. K. M. Vasudevan Pillai and Secretary, DR. Daphne Pillai has ensured the transmission of excellence in education from KG to PG. DR. Pillai believes in the holistic development of the students and the institutions relentlessly strive toward empowering the students to become key contributors to the community.

One such part of MES is Pillai College of Education and Research at New Panvel affiliated to the University of Mumbai, approved by the NCTE and Accredited 'A' Grade by NAAC. It was established in the year 2007 and offers full time B.Ed. and M.Ed. courses, is a recognized Ph.D. centre (Edu.) and a PCP centre for M.A. (Edu.) IDOL, University of Mumbai.

The institution is situated amidst tranquil residential housing societies and provides a sound, conducive learning environment to the student teachers. Serene environment and proximity of the institution to the nearest road and rail services serve as an added advantage. Designed with a futuristic outlook and well-equipped state-of-the-art technology, the institution works steadily towards its mission "To promote purposive education through globalization of mind with societal insight, using education for value transmission to facilitate the student teachers to perform effectively different roles as a teacher in the present society."

### **PREFACE**

In the present era of technological advancements and an avid curiosity, the ability to harness the power of research tools has become indispensable. This book is a compilation of research tools developed by the sincere and committed efforts of the research guides and Post-graduate students of MES' Pillai College of Education and Research, New Panvel. This is the first volume and first edition brought as print in December 2022.

The vast volume of information available, the ever-evolving methodologies, and the rapidly advancing technologies can create a sense of overwhelm. This book aims to navigate this complex landscape, serving as a compass to help you navigate the vast sea of research tools and enable you to chart your own course towards success.

A line of caution: these tools are only enablers, catalysts that augment our cognitive abilities, and help to extend our reach beyond our imagination. True research lies in the questions we ask, the hypotheses we form, and the relentless pursuit of answers. The tools presented here are meant to support and amplify the researcher's innate curiosity.

This book is more than just a compilation of tools. It is an invitation to embrace the spirit of inquiry, to push the boundaries of knowledge, and to apply the transformative potential to create your own research tools.

So, let us embark on this expedition into the realm of research tools, where the boundaries of knowledge are continually pushed, and the possibilities are limited only by our imagination. May this book be your steadfast companion, illuminating the path ahead as you unravel the mysteries of research?

It is a testament to the notable progress we have made in the area of research as a collective human endeavour, and a glimpse into the boundless possibilities that lie ahead.

Sincere thanks to all staff members who have contributed in varied ways towards the compilation of the research tools with its manual.

Best Wishes,

Dr Sally Enos

Principal,

MES' Pillai College of Education and Research,

NEW PANVEL (West)

# **Table of Contents**

RES	EARCH MANUALS AND TOOLS1
1.	Home Environment and Attitude Scale on Current Social Issues Ms. Gael A. Dmello & Dr. Pratima Pradhan
2.	Academic Stress Rating Scale Ms. Juhi Bahl & Dr. Sally Enos
3.	Rating Scale on Task Performance and Work Motivation Ms. Nadar Jeban Rosy John & Dr. Sally Enos
4.	Opinionnaire on Social Networking Sites Ms. Nandita Shah & Dr. Sally Enos 16
5.	Reality Shows and Rating Scale on Achievement Motivation Ms. Nisha Wilson K.V. & Dr. Karuna Gupta
6.	Study Habits Scale Ms. Prabha Jasmine & Dr. Pratima Pradhan
7.	Rating Scale on Self Concept Ms. Reema Thapar & Dr. Pratima Pradhan
8.	Role Conflict Scale Ms. Savvy Gomes & Dr. Sally Enos Modified Version of the tool by Dr. V. Sumangala
9.	<b>Teacher Performance Scale</b> Ms. Savvy Gomes & Dr. Sally Enos
10.	Attitude towards Civics Subject and Awareness of Democratic values Ms. Soniya Avlu & Dr. Karuna Gupta
11.	Questionnaire on Values Ms. Valencia Iris Le' Blond & Dr. Karuna Gupta55
12.	Environmental Awareness on Water Resources Ms. Amrita Chakrabarti & Dr. Sally Enos
13.	Spiritual Quotient Scale Ms. Anne Jacob & Dr. Pratima Pradhan
14.	Stress Management Scale Ms. Anne Jacob & Dr. Pratima Pradhan
15.	Social Maturity Scale Ms. Bindu S. Tambe & Dr. Pratima Pradhan71
16.	Emotions Scale Ms. Bindu S. Tambe & Dr. Pratima Pradhan
17.	Professional Attitude Scale Ms. Chitra More & Dr. Pratima Pradhan79
18.	Social Message Based Advertisement Tool Ms. Dhanisha Ambadiyil Gangadharan & Dr. Karuna Gupta
19.	EmpathyDevelopmentToolMs.DhanishaAmbadiyilGangadharan&Dr. Karuna Gupta91
20.	Rating Scale for Learning Problems Ms. Diksha Madhok & Dr. Pratima Pradhan 96
21.	Rating Scale for Study Habits Ms. Diksha Madhok & Dr. Pratima Pradhan 100
22.	Perception on Continuous and Comprehensive Evaluation Ms. Dolly Thakkar & Dr. Sunita N. Wadikar
23.	Social Intelligence Scale Ms. Jency M.S. & Dr. Karuna Gupta

24.	Parenting Style Rating Scale Ms. Jency M.S. & Dr. Karuna Gupta117
25.	Questionnaire on Continuous Comprehensive Evaluation CCE Ms. Joyce Furtado         & Dr. Anna Fernandes
26.	Task Motivation Ms. Joyce Furtado & Dr. Anna Fernandes
27.	Questionnaire on Students' Interest in the Subject History Ms. Manjiri Karekar & Prof. (Mrs) Sally George
28.	Rating Scale for Counselling Functions Ms. Laxmi Sunil Tolamatti & Dr. Karuna Gupta
29.	Tool for Coping with Problems Ms. Laxmi Sunil Tolamatti & Dr. Karuna Gupta 132
30.	Perception of Students on Teachers' Attitude Ms. Manjiri Karekar & Prof (Ms) Sally George
31.	Self-Concept Scale Ms. Neha Karia & Dr. Jayashree Ramanathan
32.	Family Environment Scale Ms. Neha Karia & Dr. Jayashree Ramanathan 145
33.	Social Networking Sites Ms. Payel Roy Chaudhury & Dr. Sally Enos
34.	Teaching Style Ms. Preena Abraham & Dr. Sally Enos
35.	Classroom Climate Ms. Preena Abraham & Dr. Sally Enos
36.	Stress Scale Ms. Saili Ghanekar & Dr. Jayashree Ramanathan
37.	Time Management Scale Ms. Saili Ghanekar & Dr. Jayashree Ramanathan 163
38.	Coping Techniques of Anger Management Ms. Sana A. Hussaini & Dr. Sally Enos
39.	Burnout Inventory Ms. Shabnam Mukhtar Ahmad Khan & Dr. Asmita Huddar 171
40.	Motivational Scale Mrs. Shefali Karmokar & Dr.Karuna Gupta
41.	Self-Concept Scale Mrs. Shefali Karmokar & Dr.Karuna Gupta
42.	Teacher Commitment Scale Mrs. Shefali Karmokar & Dr.Karuna Gupta
43.	Institutional Climate Scale Ms. Simpu Rana & Dr. Ms. Pratima Pradhan
44.	Interpersonal Relations Scale Ms. Simpu Rana & Dr. Pratima Pradhan
45.	Life Skill Scale Ms. Sriekala Nair & Dr. Ms. Pratima Pradhan
46.	Self Confidence Scale Ms. Sriekala Nair & Dr. Ms. Pratima Pradhan
47.	Continuous and Comprehensive Evaluation Ms. Tulip Mendonca & Dr. Sunita Wadikar
48.	Job Stress Scale Ms. Tulip Mendonca & Dr. Sunita Wadikar