



**Mahatma Education Society's
Pillai College of Education & Research**

DR. Pillai Teacher Training Centre, Sector 8, Khanda Colony,
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VALUE-ADDED CERTIFICATE COURSE

**SELF ENHANCEMENT:
'I am SPECIAL'**



Course Code - PCERPVACC01 (3 Credits)

Course Learning Outcomes:

After learning this module, the student teacher will be able to:

- develop self-understanding in terms of personality type, strengths, and weaknesses,
- evolve self with positive self-concept, self-esteem, and emotional intelligence,
- inculcate values of self-reflection and analyze life positions with positive thinking,
- develop communication and interpersonal relationship skills,
- develop values of compassion and imbibe skills of self-compassion,
- handle conflicts effectively.