



MES' PILLAI COLLEGE OF EDUCATION & RESEARCH

NEW PANVEL

(NAAC ACCREDITED 'A' grade)

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Newsletter 21

DECEMBER 2019

Start with a bang!!

The second year student teachers of the B.Ed. programme, extended a warm welcome to the first year students. The programme was filled with lot of zeal and loads of fun – singing, dancing and drama; the students put their skills to display. The welcome was followed by talent hunt for the freshers, they also were encouraged to exhibit their talents.



"Self and Beyond"

Body and Soul:

Yoga: PCER celebrated International Day of Yoga on 21st June, 2019 with an hour-long session by Ms. Rajalakshmi Rao, a seasoned yoga practitioner and instructor.



Garba and Dandiya: Dance is considered to be the best form of **Beyond self:**

"One of the most important things you can do on this earth is to let people know they are not alone." Community Service programme was conducted in different areas.

At Bhartiya Manav Vikas Trust's Special School, New Panvel



exercise; an activity for the body as well as the mind. On 5th October



2019, student teachers gyrated to the popular music of Gujarati folk music.

MahaWalkathon: On 30th November 2019, the student teachers and the teaching staff participated in

the MahaWalkathon organized by the University of Mumbai as a part of awareness drive. This initiative was from the Government of



Maharashtra to encourage No-Honking, Road-safety and Responsible-Driving.

Educational assistance was provided by the student teachers.

At Rotary Club of Panvel Industrial Town Charitable Trust's Rotary Special School for Hearing Impaired Children at New Panvel



At Shantivan, Nere



Our students are involved in 'Shramdaan' at the old age home.

Student Council Elections



Elected Members



Poster Making Competition Constitutional Rights/Duties



Club Activity Poster Presentation- Club-wise



Talks and Workshops

Orientation to GEMS Dubai: MES' Pillai College of Education and Research (PCER), Chembur in collaboration with Global Education Management Systems (GEMS), Dubai organized an Orientation to International Employment Opportunities for teachers. The session was held on 13th July 2019 by Mr. Michael Guzder and Ms. Nargish Khambatta with an objective to create awareness among the student teachers on the job opportunities available outside India.



Awareness on Plastic Waste On 13th Nov 2019, a session on Plastic Waste Management was conducted by Ms. Kalpana Andhare. The aim of this seminar was to bring to our attention the implications of use of plastic on our surrounding and to remind us how we human beings are linked to our environment.



Workshop on Disaster Management: Workshop on Disaster Management was conducted by K.R Kurkute, Asst. Deputy Controller, Civil Defence. The session was spread across 3 days, from 14th to 16th November 2019. Mr. Kurkute spoke about Disaster management Act 2005 and gave information on first aid and practical knowledge on different types of bandages. On the second day, Ms. Rajeshwari Kori, deputy controller of district civil defence organization headed the session. She shared her experiences being Navy Commander. The session was further continued



by Mr. Kurkute wherein he gave insight into the different measures to be taken during rescue operations. The third day was dedicated to the sessions on fire safety and operation of fire extinguisher.



Celebrating Cultural Diversity



NATIONAL LEVEL SEMINAR—A Livable and Sustainable Future

Pillai College of Education and Research, New Panvel, organized a one-day National Level Seminar on **“ENVIRONMENTAL RE-ENGINEERING: SERIES-10 People and Nature: A Livable and Sustainable Future”** on **23rd December 2019**.

The inauguration session was graced by the presence of dignitaries of various institutions of MES and intellectuals from different organizations. Organizing Secretary, Dr. Pratima Pradhan in her welcome address elaborated the concept and rationale behind the theme of the seminar. In her address she posed some significant questions which were going to be discussed and pondered over during the course of the day.



The first session of the day was on sub theme 1: ‘A Livable Earth for Present Generation’. Dr. Meera Shah also known as the City’s Zero Waste Woman gave us some hard hitting facts on the present situation of waste generated in Mumbai and the amount of money invested in getting the waste sorted. She stuck a cord

with the audience by her simple and minimalistic approach towards life. She expressed her reasons to start with a low waste lifestyle and strictly follows the 5 R’s of sustainability: Reduce, Reuse, Refuse, Recycle and Rot. In her session she also gave information on the organization which works effortlessly for improving living environmental conditions. Her approach towards the environment is mindful, she has influenced people around her; bringing about a change in their attitude and approach towards life.

The second sub theme was on ‘Mindful Consumption for a Sustainable Gen-Next’. The speaker Dr. Ketna Matkar is an educationist and a hard core environmentalist – working tirelessly and extensively in projects towards building a sustainable living world. She emphasized that being mindful is the only way out of our crisis. She effectively brought to our notice the two patterns of consumption – mindful and mindless and took us through facts and figures related to our consumption pattern. She led us all to a broader perspective of sustainability and elaborated the 3 pillars of sustainability: Planet, People and Profitability. She emphasized that making reasonable choices forms the backbone of sustainable practices. She elaborated on the United Nations: Sustainable Development Goals and took us

through all its parts. Her talk was supported with many inspiring videos. She concluded with the quotes by Mahatma Gandhi and John Sawhill.

The second session was followed by diverse paper presentations. The



paper presenters were students from school, junior college and teacher training institution, degree college teachers and teacher educators. Ideas and viewpoints on different aspects of environment were shared and made available to all.



Overall the seminar triggered new ideas to help us become mindful consumers and more sustainable in our approach towards life. The participants expressed their views and appreciated the efforts taken by the institution to bring presenters from different organization under a single roof.

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