

Programme Schedule

9:30 am - 10:00 am	Welcome and Inauguration
10:00 am - 11:15 am	Session 1
11:15 am - 11:30 am	Tea break
11:30 am - 01:00 pm	Paper presentations
01:00 pm - 01:45 pm	Lunch break
01:45 pm - 03:00 pm	Session 2
03:00 pm - 4:30 pm	Paper presentations
04:30 pm - 5:15 pm	Valedictory

Our Patrons:

DR. K.M. Vasudevan Pillai

Chairman and CEO, MES

DR. (Mrs.) Daphne Pillai

Secretary, MES

DR. Priam Pillai

COO, MES

Mr. Franav Pillai

Deputy CEO, MES

Seminar Advisor:

DR. Sally Enos

Principal, PCER- Panvel

Organizing Secretary:

Asst. Prof. Mrs. Bindu S. Tambe (8080976534)

Email: bindus.tambe@gmail.com

Coordinating Committee:

Asst. Prof. DR. T. A. James

Asst. Prof. DR. Pratima Pradhan

Asst. Prof. DR. Geeta R. Thakur

Asst. Prof. Mrs. Bhavna Dave

Asst. Prof. Mrs. Geeta S. Thakur

Asst. Prof. Mrs. Namrata Saxena

Book Post

To,
The Principal

From,
The Principal
Pillai College of Education & Research
Near Mahatma School, Khanda Colony,
Sector 8, New Panvel (W)



Mahatma Education Society's

**PILLAI COLLEGE OF EDUCATION
& RESEARCH, NEW PANVEL**

(Affiliated to the University of Mumbai)

Organizes

National Level Seminar

On

AESTHETICS AND HEALTH:

An Integral Part of Education



18th April, 2015

Venue:

MES' Pillai College of Education and Research,

Sector 8, Khanda Colony, New Panvel (W) -410206

Tel No: (022)- 27464161, 27480289

Website: www.pcerpanvel.ac.in

Organizing Secretary

Mrs. Bindu S. Tambe (8080976534)

e-mail: bindus.tambe@gmail.com; pcerseminar@mes.ac.in

ABOUT THE COLLEGE:

Mahatma Education Society is an enviable and successful educational enterprise. An ingenious initiative of DR. K. M. Vasudevan Pillai and DR. Daphne Pillai, it has a rich heritage of over four decades in delivering quality education through its 48 institutions from KG to postgraduate professional courses at Chembur, Gorai, New Panvel (East), New Panvel (West) and Rasayani.

MES' Pillai College of Education and Research, New Panvel established in 2007, offers B.Ed., M.Ed., and Ph.D. programme and is a PCP center for MA (Edu.) of IDOL, Mumbai University. It has NCTE recognition, Government approval and is affiliated to the University of Mumbai.

ABOUT THE THEME OF THE SEMINAR:

Art helps. Art heals. Art breathes life and humanity into content. Art is life. Life is art. Without one, the other can never reach its greatest potential. So, can education survive without art? Such an education would mean schooling without creativity, ingenuity and innovation. To erase art from education is like crippling the power of imagination from human minds. Therefore visual art like painting, sculpture, drawing, watercolor, graphics, and architecture were created primarily for aesthetic and intellectual purposes and judged for its beauty and meaningfulness, whereas performing arts are art forms in which artists use their body, voice, or objects to convey artistic expression. Performing arts include a variety of disciplines intended to be performed in front of a live audience. Art is inseparable from the core subject areas of school and college. Curriculum, today demands conceptual thinking, problem solving, abstraction, reflection, as well as creative thinking. It is extremely essential to help awaken the brain, necessary to quicken it with the help of pictorial, sculptural element, through drawing, modeling and painting.

"A sound mind in a sound body", such is the intimate relationship between both that if one is neglected the other gets affected. Education aims at harmonious development of both. It means all round development of a child. His physical and mental development is as important as his cognitive development. Yoga is a series of simple body movements which help in bringing the mental and physical aspects of a body together. This form of exercise helps in maintaining a balance of the different aspects of our body. Aerobics is another kind of exercise with fluid movements that helps in maintaining our physical health. A good physical health helps us get close to good mental health. Education and the curriculum should help in achieving this balance. Is it possible for a teacher to incorporate all these aspects in her day to day teaching? Can all the aspects of art and physical education be a natural part of the teaching learning?

Keeping in view the above aspects with respect to the changing curriculum at various levels in education, this national level seminar is conceptualized for students, teachers, teacher educators and research scholars.

OBJECTIVES OF THE SEMINAR:

- ⌘ To integrate pedagogy and art and physical education in day to day teaching.
- ⌘ To use performing arts, visual arts, aerobics and yoga for enhancing mental health among teachers and students.
- ⌘ To create awareness about innovative techniques of using art for education in developing aesthetic sense in students.
- ⌘ To explore various ways in which yoga, aerobics, physical education and sports can be used in schools and colleges to increase mental endurance among students and teachers.

We invite papers for the sub themes given below:

- ⌘ Visual arts and pedagogy: enhancing artistic skills
- ⌘ Teacher's role in developing aesthetic sense among students using art
- ⌘ Integrating performing arts and physical education with pedagogy
- ⌘ Yoga and aerobics in education for mental health
- ⌘ Physical education and Sports for mental endurance and fitness

Important Dates:

For abstract submission (not more than 200 words)
30th March, 2015

For full paper submission (1500 words) – 10th April, 2015

ESSENTIALS FOR PAPER PRESENTATION:

- ⌘ Papers should be practical oriented / research based/case study/conceptual.
- ⌘ The contributors are requested to send the abstract and the full paper via e-mail as per the dates given above to pcerseminar@mes.ac.in ; bindus.tambe@gmail.com
- ⌘ Registration form is attached.
- ⌘ Papers by post will not be accepted.
- ⌘ Paper should be typed in MS Word; A4 size
- ⌘ Title of the paper: Bold and Centre (Font size:14)
- ⌘ Contributor: Name, institutional address, email ID and mobile no.(On the right corner below title)
- ⌘ Alignment: Justified; Line spacing: 1.5
- ⌘ Margin: 1" Top, 1" Bottom, 1.25" Left, 1" Right.
- ⌘ Font and font size: Times New Roman (English)-12, Krutidev/text-14 and title-16 (Marathi/Hindi)
- ⌘ References: APA style
- ⌘ All papers will be scrutinized and participants will be notified accordingly. Selected papers will be published in the seminar proceedings with an ISBN.

Mahatma Education Society's
PILLAI COLLEGE OF EDUCATION & RESEARCH,
NEW PANVEL
organizes
National Level Seminar
on
Aesthetics and Health:
An Integral Part of Education
18th April 2015
Registration form

Name: _____

Designation: _____

Institution: _____

Address for Correspondence: _____

Tel: _____ Mobile: _____

E-mail: _____

Sub Theme: _____

Title of the Paper: _____

Signature of the Delegate: _____

Details of the Draft enclosed:

Demand Draft No.: _____

Dated _____ Amount _____

Drawn on bank/branch _____

Registration details:

Registration fees:

- | | |
|-------------|---------------------------------------|
| Rs. 1,100/- | (for Paper Presenters with ISBN book) |
| Rs. 650/- | (for Teacher participants only) |
| Rs. 350/- | (for Student participants) |
| Rs. 1,500/- | (for outstation participants) |

- Fee should be paid in the form of Demand draft in favour of Pillai College of Education and Research, payable at Panvel.
- Participants are requested to make their own travel arrangements. Outstation participants can avail of the accommodation facility with prior intimation.
- TA/DA will not be provided. The nearest railway station is Khandeshwar, on the Harbour line.

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