



MAHATMA EDUCATION SOCIETY'S
PILLAI'S COLLEGE OF EDUCATION & RESEARCH

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SPARK



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EDITORIAL



By Mrs. Bhavna Dave

It gives me immense pleasure to chronicle our achievements during the academic year 2010-2011. I believe these are significant achievements as they have provided a rich learning experience to both the staff and students while executing a national seminar, a community level action research workshop, participation at intercollegiate programmes, extension activity and also the social endeavors besides the regular B.Ed. schedule. This learning has definitely increased our confidence and will help us to further scale up our execution capabilities for future projects.

This fourth issue of our annual magazine 'Spark' highlights 'A' in SPARK which stands for 'attitude'. Spark is a compilation of the contributions made by the staff and students of B.Ed, M.Ed. and the alumni of our college.

At PCER-Panvel, we always strive to develop a positive attitude in the students with our passionate actions. As said, it is very important to generate a good attitude & a good heart. Only then, happiness in the short term and the long term for both yourself and others will come.

According to Hugh Downs :

"A happy person is not a person in a certain set of circumstances, but rather a person with a certain set of attitudes."

In order to sustain positive attitude we must discipline our minds and actions in the following manner:

- * **Cheerful countenance**- Make an effort to smile and laugh, it costs nothing.
- * **Appreciative approach**- Be gracious and admire anything good that your co-workers do.
- * **Concern for others**- Each day try to do something kind and helpful. No matter how busy you are, look for five minutes that you can give every day.
- * **Enthusiasm**- It is infectious; you'll notice a difference in the people you work with if you work ardently.
- * **Optimistic outlook**- Never be pessimistic about anything you have to do. Proper attitude is as important as knowledge and ability.
- * **Reflect Interest**- Develop an interest for your work, it will help you achieve your goal successfully.
- * **Patience and tolerance**- Never think that God's delays are God's denials, be patient and you will get your reward.
- * **Clarity of thought and ideas**- Set your goals, master the skills required and strive for quality.
- * **Team spirit**- Foster a sense of cooperation, seek responsibility and work together as a team.
- * **Perseverance**- Be determined to achieve your goal. Have faith in God. Have belief in your own abilities. Your beliefs will be your reality.

These relatively small things will bring in positivity in us. We just need to try it out!

Remember: "Attitude is a little thing that makes a big difference."

-Winston Churchill

I thank each one of you who have contributed to make this issue of SPARK possible. Happy reading ahead!



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